

Health & Wellness Center hours

The Health & Wellness Center has additional access for patients during holiday weeks on Thursday mornings.

The clinic will be scheduling patients at 8 a.m. every Thursday preceding or following a holiday closure. Urgent care also will be available during this time. ■



Please join a 3 part parent, caregiver, and community member training series to protect our children.



Wednesday, October 19 | 12:15 – 1:00pm
Bystanders Protecting Children from Boundary Violations and Sexual Abuse

Wednesday, November 9 | 12:15 – 1:00pm
Healthy Touch for Children and Youth

Wednesday, December 7 | 12:15 – 1:00pm
Talking with Children about Safety from Sexual Abuse

**Location: Tribal Campus: 9615 Grand Ronde Road
Adult Education Building, Room 124**

RSVP (Space Limited) or Questions to Tracy Haas:
503-879-1361
tracy.haas@grandronde.org
Confederated Tribes of Grand Ronde
Early Head Start/Head Start

Care package and light snacks available.
Bring lunch to eat during training if needed.
Raffle prize for Khofi Haws coffee card.



Tribal nonemergency text line

The Grand Ronde Tribal Police Department has a nonemergency text line at 541-921-2927.

“If you have a nonemergency situation or question, feel free to contact my officer via text through this line,” said Grand Ronde Tribal Police Chief Jake McKnight. “When one of my officers receives the text, they will call you back when they have time.”

McKnight said that emergency situations still require calling 911.

For more information, contact McKnight at 503-879-1474. ■

Wellbriety Talking Circle

Confederated Tribes of Grand Ronde
Portland office.

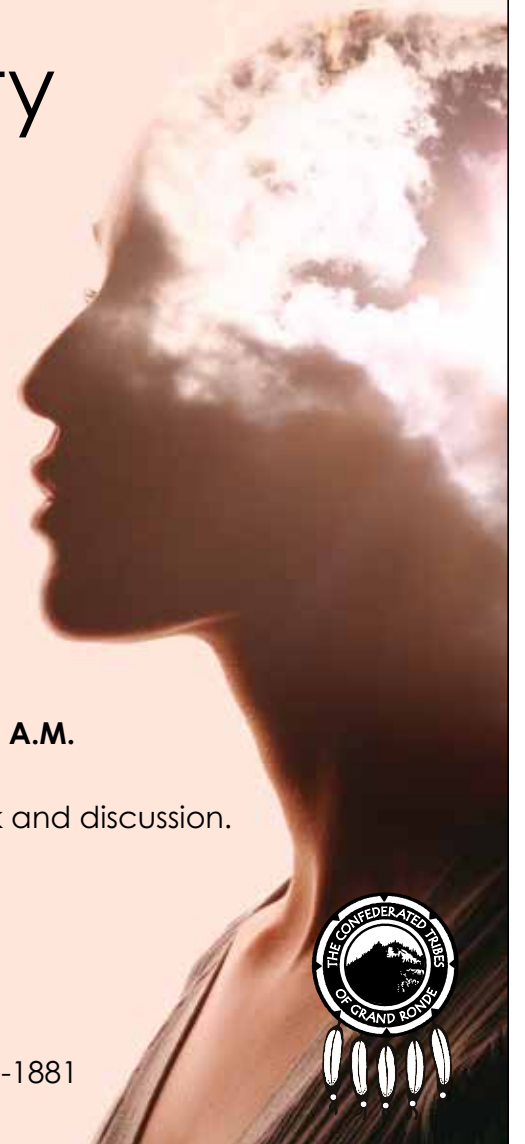
We welcome the Behavioral Health staff.

Wednesday, Nov. 9 at 11 A.M.

Come and join us for talk and discussion.

4445 S.W. Barbur Blvd.
Portland, OR 97239

For questions, contact
Lisa Archuleta at 503-879-1881



ACUPUNCTURE in GRAND RONDE

THURSDAYS

@ Grand Ronde Health and Wellness Center




Acupuncture can help with...

- pain
- headaches/migraines
- digestive issues
- women's health issues
- emotional pain & trauma
- diabetic neuropathy
- addictions
- and so much more!

Questions or to schedule:
CALL OR TEXT: 503-482-9370
EMAIL: info@yourdearbody.com



Acupuncture in PORTLAND

For tribal members and employees

(acupuncture covered under Skookum and employee plans)



TUE, WED, & FRI

4233 S Corbett Ave
Portland, OR 97239
**3 blocks from CTGR Office!



To schedule or ask questions:
CALL 503-482-9370
EMAIL info@yourdearbody.com