

Health & Wellness Center hours

The Health & Wellness Center has additional access for patients during holiday weeks on Thursday mornings. The clinic will be scheduling patients at 8 a.m. every Thursday preceding or following a holiday closure. Urgent care also will be available during this time. ■



DARKNESS TO LIGHT®
END CHILD SEXUAL ABUSE

Please join a 3 part parent, caregiver, and community member training series to protect our children.



~~Wednesday, October 19 | 12:15 – 1:00pm~~
~~Bystanders Protecting Children from Boundary Violations and Sexual Abuse~~

Wednesday, November 9 | 12:15 – 1:00pm
Healthy Touch for Children and Youth

Wednesday, December 7 | 12:15 – 1:00pm
Talking with Children about Safety from Sexual Abuse

**Location: Tribal Campus: 9615 Grand Ronde Road
Adult Education Building, Room 124**

RSVP (Space Limited) or
Questions to Tracy Haas:
503-879-1361
tracy.haas@grandronde.org

Confederated Tribes of Grand Ronde
Early Head Start/Head Start



Care package and light snacks available.

Bring lunch to eat during training if needed.

Raffle prize for Khofi Haws coffee card.

Tribal Library merges with Regional Library Service

The Tribal Library has merged with the Chemeketa Cooperative Regional Library Service, said Tribal Librarian Kathy Cole. Tribal members can now get books from libraries in Polk, Yamhill and Marion counties, as well as access to many free programs. Tribal Library patrons should visit the Tribal Library and update their information and obtain a new Regional Library Service card. For more information, contact Cole at 503-879-1488. ■

Wellbriety Talking Circle

Confederated Tribes of Grand Ronde
Portland office.

We welcome the Behavioral Health staff.

Wednesday, Nov. 9 at 11 A.M.

Come and join us for talk and discussion.

4445 S.W. Barbur Blvd.
Portland, OR 97239

For questions, contact
Lisa Archuleta at 503-879-1881



ACUPUNCTURE in GRAND RONDE

THURSDAYS

@ Grand Ronde Health and Wellness Center





Acupuncture can help with...

- pain
- headaches/migraines
- digestive issues
- women's health issues
- emotional pain & trauma
- diabetic neuropathy
- addictions
- and so much more!



Questions or to schedule:

CALL OR TEXT: 503-482-9370

EMAIL: info@yourdearbody.com



ACUPUNCTURE • NATURAL REMEDIES

Acupuncture in PORTLAND

For tribal members and employees

(acupuncture covered under Skookum and employee plans)





TUE, WED, & FRI

4233 S Corbett Ave
Portland, OR 97239
**3 blocks from CTGR Office!



ACUPUNCTURE • NATURAL REMEDIES

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