



# HEALTH & WELLNESS NEWS

## Great Circle Shuttle Service:

**Look for the White Van**  
**Drivers: Jonathan Little and Joel Selwyn**  
 Salem to Grand Ronde/ Willamina 2 Trips per Day AM/PM pick up and drop offs

**Beginning Monday May 9<sup>th</sup>**  
 This is for people seeking transport between Great Circle Recovery and Health and Wellness.  
 No fare---free service  
 Call 503.983.9900 for more information



**GREAT CIRCLE RECOVERY**

Great Circle Grand Ronde Bus Schedule

| Pick-Up Locations | Great Circle Recovery | Community Center Grand Ronde | Coyote Joes Willamina | Great Circle Recovery |
|-------------------|-----------------------|------------------------------|-----------------------|-----------------------|
| Stop Number       | 1                     | 2                            | 3                     | 4                     |
| Trip 1            | 6:55                  | 7:30                         | 7:45                  | 8:30                  |
| Trip 2            | 10:20                 | 11:00                        | 11:15                 | 11:45                 |
| Trip 3            | 1:35                  | 2:10                         | 2:25                  | 3:00                  |

1011 Commercial Street NE  
 Suite 110 Salem, OR 97301  
**503-983-9900**



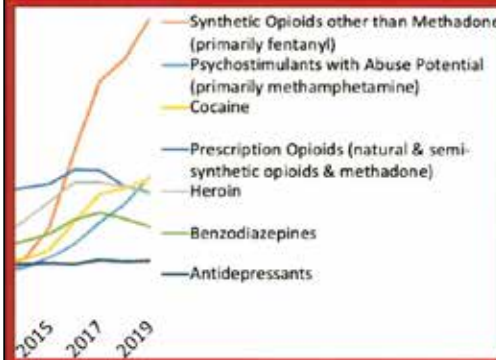
## HEALTH ALERT:

### FENTANYL IS KILLING OREGONIAN

Fentanyl is a dangerous opioid that's showing up in heroin, cocaine, street pills marked as Xanax and other drugs. It's involved in more overdose deaths than ever before.

**! ANYONE USING DRUGS, EVEN CASUALLY, IS AT RISK.**

**Deaths from Opioid Overdoses Sky Rocket. Primarily Fentanyl, 80,000 in 2019**



### Naloxone ALERT

### Fentanyl-induced muscle rigidity

Is caused by fentanyl overdose and can kill you in 90 seconds.

Naloxone is ineffective on this conditions.



Fatal dose of Fentanyl!

Fatal dose of carfentanil!

**To avoid fentanyl**  
 Don't use illegal drugs.

**GREAT CIRCLE RECOVERY**

Call Today: 503-983-9900

**Fentanyl Kills!**

**GET HELP TODAY**

## ACUPUNCTURE with Mallory

**THURSDAYS starting MAY 12**

@ Grand Ronde Health and Wellness Center



Acupuncture can help with...

- pain
- headaches/migraines
- digestive issues
- women's health issues
- emotional pain & trauma
- diabetic neuropathy
- addictions
- and so much more!

Questions or to schedule:

CALL OR TEXT: 503-482-9370

EMAIL: info@yourdearbody.com

**dearbody**  
 ACUPUNCTURE + NATURAL REMEDIES

**GREAT CIRCLE RECOVERY**

**Methadone treatment center in Salem offering free kid care while you visit.**

**Opioid Addiction can happen to anyone. So can recovery.**

Recovery starts here

**503-983-9900**

Take your life back

