



# HEALTH & WELLNESS NEWS

## Great Circle Shuttle Service:

**Look for the White Van**  
**Drivers: Jonathan Little and Joel Selwyn**  
 Salem to Grand Ronde/ Willamina 2 Trips per Day AM/PM pick up and drop offs

### Beginning Monday May 9<sup>th</sup>

*This is for people seeking transport between Great Circle Recovery and Health and Wellness.*  
 No fare---free service  
 Call 503.983.9900 for more information



Great Circle Grand Ronde Bus Schedule

Pick-Up Locations	Great Circle Recovery	Community Center Grand Ronde	Coyote Joes Willamina	Great Circle Recovery
Stop Number	1	2	3	4
Trip 1	6:55	7:30	7:45	8:30
Trip 2	10:20	11:00	11:15	11:45
Trip 3	1:35	2:10	2:25	3:00

1011 Commercial Street NE  
 Suite 110 Salem, OR 97301  
**503-983-9900**



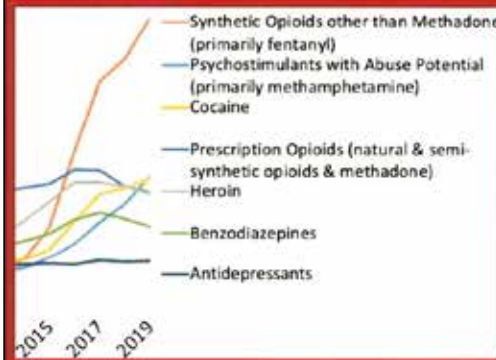
## HEALTH ALERT:

### FENTANYL IS KILLING OREGONIAN

Fentanyl is a dangerous opioid that's showing up in heroin, cocaine, street pills marked as Xanax, and other drugs. It's involved in more overdose deaths than ever before.

**ANYONE USING DRUGS, EVEN CASUALLY, IS AT RISK.**

**Deaths from Opioid Overdoses Sky Rocket. Primarily Fentanyl, 80,000 in 2019**



### Naloxone ALERT

#### Fentanyl-induced muscle rigidity

Is caused by fentanyl overdose and can kill you in 90 seconds.

Naloxone is ineffective on this conditions.



Fatal dose of Fentanyl! Fatal dose of carfentanil!

**To avoid fentanyl**  
 Don't use illegal drugs.

**GREAT CIRCLE RECOVERY**

Call Today: 503-983-9900

**Fentanyl Kills!**

**GET HELP TODAY**

## ACUPUNCTURE with Mallory

**THURSDAYS starting MAY 12**

@ Grand Ronde Health and Wellness Center



### Acupuncture can help with...

- pain
- headaches/migraines
- digestive issues
- women's health issues
- emotional pain & trauma
- diabetic neuropathy
- addictions
- and so much more!

Questions or to schedule:

CALL OR TEXT: 503-482-9370

EMAIL: info@yourdearbody.com



**GREAT CIRCLE RECOVERY**

Opioid addiction can happen to anyone.

So can recovery.

**Call us today**

**1-888-983-9866**

Your privacy and confidentiality is important to us.

