



# HEALTH & WELLNESS NEWS

## HEALTH ALERT:

### FENTANYL IS KILLING OREGONIANS

Fentanyl is a dangerous opioid that's showing up in heroin, cocaine, street pills marked as Xanax, and other drugs. It's involved in more overdose deaths than ever before.

! ANYONE USING DRUGS, EVEN CASUALLY, IS AT RISK.

Deaths from Opioid Overdoses Sky Rocket. Primarily Fentanyl, 80,000 in 2019

— Synthetic Opioids other than Methadone (primarily fentanyl)  
 — Psychostimulants with Abuse Potential (primarily methamphetamine)  
 — Cocaine  
 — Prescription Opioids (natural & semi-synthetic opioids & methadone)  
 — Heroin  
 — Benzodiazepines  
 — Antidepressants

2015 2017 2019

### Naloxone ALERT

#### Fentanyl-induced muscle rigidity

Is caused by fentanyl overdose and can kill you in 90 seconds.

Naloxone is ineffective on this conditions.

Fatal dose of Fentanyl!      Fatal dose of carfentanyl!

To avoid fentanyl

Don't use illegal drugs.

## GREAT CIRCLE RECOVERY

Call Today: 503-983-9900

## Fentanyl Kills!

GET HELP TODAY

### Great Circle Shuttle Service:

**Look for the White Van**  
**Drivers: Jonathan Little and Joel Selwyn**  
 Salem to Grand Ronde/ Willamina 2 Trips per Day AM/PM pick up and drop offs

Beginning Monday May 9<sup>th</sup>

This is for people seeking transport between Great Circle Recovery and Health and Wellness.  
 No fare---free service  
 Call 503.983.9900 for more information

Great Circle Grand Ronde Bus Schedule				
Pick-Up Locations	Great Circle Recovery	Community Center Grand Ronde	Coyote Joes Willamina	Great Circle Recovery
Stop Number	1	2	3	4
Trip 1	6:55	7:30	7:45	8:30
Trip 2	10:20	11:00	11:15	11:45
Trip 3	1:35	2:10	2:25	3:00

GREAT CIRCLE RECOVERY

1011 Commercial Street NE  
 Suite 110 Salem, OR 97301  
**503-983-9900**

## GREAT CIRCLE RECOVERY

Methadone treatment center in Salem offering free kid care while you visit.

Opioid Addiction can happen to anyone. So can recovery.

Recovery starts here

## 503-983-9900

Take your life back

## ACUPUNCTURE with Mallory

THURSDAYS starting MAY 12

@ Grand Ronde Health and Wellness Center

Acupuncture can help with...

- pain
- headaches/migraines
- digestive issues
- women's health issues
- emotional pain & trauma
- diabetic neuropathy
- addictions
- and so much more!

Questions or to schedule:

CALL OR TEXT: 503-482-9370

EMAIL: info@yourdearbody.com

ACUPUNCTURE + NATURAL REMEDIES