

HEALTH & WELLNESS NEWS

Certified Application Assisters
at the Health & Wellness Center

Cassandra Rhomey is available to assist with recertification and applications for the Oregon Health Plan. She can be reached at 503-879-1359 or cassandra.rhomey@grandronde.org. Leah Bailey also is a Certified Application Assister available to help. She can be reached at 503-879-2197 or leah.bailey@grandronde.org. ■

Mark your calendar!

Come join us for food and fun on July 24, starting at 11:30 a.m.! Get your team together and start practicing while you are waiting for more information on the 3-on-3 Youth Basketball Tournament! We want to make sure we have enough food for everyone. Please RSVP to 503-879-1407 or e-mail sisiley.scott@grandronde.org with a head count if you and your family plan on attending.

DEVELOPMENTAL SCREENINGS

in early childhood settings

Parents & Caregivers, keep an eye out for your child's invitation to a screening event happening soon!

CHARACTERISTICS OF SCREENING TOOLS

- Quick and easy to use
- Accurate, both sensitive and specific
- Completed by parents, caregivers, doctors, teachers, child care providers, home visitors, or other professionals.

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SCREENING ANSWERS THE QUESTION,
"Does a child need an in-depth assessment?"

SCREENING CAN...

- identify children who are developing on schedule.
- identify children who would benefit from practice or support in specific areas.
- Identify children at risk for developmental delays who should be referred for further evaluation.

THUMB UP

SCREENING CANNOT...

- diagnose delays or disabilities
- identify specific child goals to target.
- screening only provides information on general areas of development.

THUMB DOWN

EXAMPLES OF SCREENING TOOLS USED WITHIN THE GRAND RONDE COMMUNITY:

- ASQ (Ages & Stages Questionnaire)
- ASQ-SE (Ages & Stages - Social/Emotional Questionnaire)
- EPDS (Edinburgh Postnatal Depression Scale)
- PHQ-9 Teen Version (Depression Assessment)
- CRAFFT Questionnaire (Substance Use Questionnaire)
- MCHAT (Autism Screening)
- DECA (Devereux Early Childhood Assessment/focuses on key social and emotional strengths).
- ILAUNCH Social Needs & Stress Assessment



THIS INFORMATION IS PROVIDED TO YOU BY THE INDIGENOUS PROJECT LAUNCH (LINKING ACTIONS FOR UNMET NEEDS IN CHILDREN'S HEALTH). THE PURPOSE OF THIS GRANT IS TO FOSTER CULTURALLY RESPONSIVE MODELS TO SUPPORT AND PROMOTE THE WELLNESS OF CHILDREN AND FAMILIES.

Indig-Immunity

LUSH LAMASTIN
GOOD MEDICINE

Youth Vaccination Event
Social Powwow
3 on 3 Youth Basketball
Lacrosse Activities

11:30 Meal
1:00-4:00 Other Events

Vaccinations Offered for Youth 12+
More Details TBA
July 24--Tribal Campus Tents

Info?: Tresa Mercier 503-879-2008

Grand Ronde Tribal Friends and Family Event

SWAG BAGS FOR THE FIRST 300 ATTENDEES
GIFTS FOR VETERANS

Grand Ronde Health & Wellness Center
Confederated Tribes of Grand Ronde

WHAT YOU NEED TO KNOW ABOUT COVID-19 VACCINES





The COVID-19 vaccine can help keep you from getting COVID-19.



get vaccinated, the vaccine should protect you from more serious illness.

The COVID-19 vaccine will be free for you.

The United States government is providing the vaccine free of charge to all people in the United States. No one should be charged for the vaccine.

You can help stop the pandemic by getting a COVID-19 vaccine.

To protect our elders and our community, we need to use all our prevention tools. Vaccines are one of the most effective tools to protect our health. Vaccines work with your body's natural defenses so you can fight the virus.

Each tribal nation or state has its own plan for deciding who will be vaccinated first. Contact your health department or clinic to find out when and where vaccines will be available in your community.

The COVID-19 vaccine will not give you COVID-19.

The authorized COVID-19 vaccines **cannot** make you sick with COVID-19. They **do not** contain the virus that causes COVID-19. Getting vaccinated may also protect others around you.

Some COVID-19 vaccines need two shots.

If you are told you need two shots, make sure to get your second shot at the time you are told, so you can get the most protection.

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The authorized COVID-19 vaccines **cannot** make you sick with COVID-19. They **do not** contain the virus that causes COVID-19. Getting vaccinated may also protect others around you.

After COVID-19 vaccination, you may have some side effects.

You may have tiredness, headache, chills, and mild fever for 1–2 days. These are normal signs that your body is building protection against COVID-19. After getting the shot, you will be asked to wait for 15–30 minutes to see that you are okay.

You should still get vaccinated if you've already had COVID-19.

Even if you have already had COVID-19, it is possible —although rare—that you could get COVID-19 again. Experts do not yet know how long you are protected from getting sick again after having COVID-19. Vaccination is the best protection.

If you have recovered from COVID-19, ask your health provider when you should be vaccinated.

cdc.gov/coronavirus/2019-ncov/community/tribal/