16 JUNE 1, 2021 SMOKE SIGNALS



iLAUNCH presents

Mental Health Texts!



On Fridays you will receive a message about mental health, a social emotional tip or a simple quote or message of encouragement.

Text JOIN to (971)318-3459





Are you frustrated with your diabetes control? Do you have questions about diabetes? Do you need help managing your diabetes?

Call the Medical Clinic today at 503-879-2002 To schedule an individual diabetes education appointment

2021-22 OPEN ENROLLMENT

Chinuk Kindergarten **IMMERSION**



As of May 17, 2021, we will be accepting registration applications for interested incoming kindergarteners. We are a Chinuk Wawa immersion program offering literacy instruction through the use of ChinukWawa. Our students are shared with the Willamina Elementary School, so they are dually enrolled. In the year's past, we have been a half-day program holding services from 7:30-11 a.m. with transportation provided for students to end their school day at Willamina. However, due to the pandemic and unknowns regarding school plans in the Fall, our programming model has not yet been determined. If interested, please contact us for more info or fill out a registration and be updated on our plans as soon as they are decided. No prior language experience needed. If a student in a grade beyond kindergarten wants to enroll, please contact us for more information. Once we are at capacity, we give Tribal preference.

Applications are available at https://www.grandronde.org/services/education/elementary-chinuk-language-program/ and can be turned in starting May 17 by:

> Mail: 9615 Grand Ronde Road, Grand Ronde, OR 97347 OR e-mailed to either contact listed below

Elaine Lane K/1 Chinuk Teacher 503-879-1920 elaine.lane@grandronde.org live and flourish is for it to be learned and used in the home by the whole family.



TRIBAL VETERANS SERVICE OFFICE

Ramona Quenelle, Tribal Veterans' Service Officer, (TVSO)US Navy Veteran (IT2 SW) Phone: 503-879-1484 | CTGRTribalVSO@grandronde.org

CTGR Social Services Department, Attn: Tribal Veterans' Service Officer 9615 Grand Ronde Road, Grand Ronde, OR 97347

VETERANS CRISIS LINE, CALL 1-800-273-8255 AND PRESS 1 OR TEXT 838255

VETERAN'S CORNER:

E-mail CTGRTribalVSO@grandronde.org to register for events and training!

All CTGR veterans send us your e-mail address so we can include you on the monthly CTGR Veteran Newsletter Distribution List and periodic e-mail information updates.

UPCOMING EVENTS:

une 8, 2021 at 2 p.m. (Virtual)

Military Sexual Trauma (MST) Behavioral Health Training #2 E-mail CTGRTVSO to register.

The impact of trauma is far reaching and shapes the lives of survivors as well as the community that holds and cares for them. For the Veteran community, military sexual trauma is particularly impactful as this type of trauma occurs at the hands of those survivors often trust most. We will discuss the impact of trauma and, in particular, military sexual trauma. We will also discuss resources and support to place survivors and their loved ones on the path toward recovery.

June 15, 2021 at 2 p.m. (Virtual)

Blue Water Navy Informational Meeting Bi-monthly veterans meeting #2 Go to: zoom.us/join and Enter meeting ID: 966 1654 4977

Calling all Veterans from the Vietnam Era. If you served in Vietnam or during that era, please sign up for our virtual meeting! Featuring our guest speaker, Frankie Williams. Frankie is a United States Navy Veteran and the Tribal Veterans' Service Officer from Warm Springs. Frankie has an extensive background as a Director / Drug and Alcohol Counselor and is involved in all of his tribal cultural activities. We are looking forward to presenting information about Blue Water Navy and hope you will join us.

July 8, 2021 at 10:30 a.m.

Paint with a Vet event (only 22 spots available) E-mail CTGRTVSO to register.

July 21 & 22, 2021 (Virtual)

Veterans Virtual Claims Clinic

Brought to you by U.S. Department of Veterans Affairs.

Bringing VA benefits home event into your community. Contact Event POC to schedule an appointment. During the event, you can:

- Speak with a VA representative.
- Get answers to VA claims and benefit questions.
- File your claim.

Event Point Contact of Virtual Claims Clinic: Ramona Quenelle Tribal Veterans' Service Officer Confederated Tribes of Grand Ronde

To schedule an appointment Phone: 503-879-1484 or Email: CTGRTribalVSO@grandronde.org

Sept. 2, 2021 at 2 p.m.

Mindfulness Behavioral Health Training #3

Sept. 17, 2021 at 2 p.m.

Cultural Class #2 – Cattail Cordage

Nov. 12, 2021 at 5:30 p.m. Veterans Day Dinner

SAVE THE DATE CALENDAR:

Sept. 2021 (Date/Time TBD)

VISN Network Presentations - Meeting #3

Oct. 2021 (Date/Time TBD)

Native Wellness Behavioral Health Training #4

Dec. 2021 (Date/Time TBD) Veterans End of the Year Event











