16 MAY 15, 2021 **SMOKE SIGNALS**



Paid ad

iLAUNCH presents

Mental Health Texts!



On Fridays you will receive a message about mental health, a social emotional tip or a simple quote or message of encouragement.

Text JOIN to (971)318-3459



Are you frustrated with your diabetes control? Do you have questions about diabetes? Do you need help managing your diabetes?

> Call the Medical Clinic today at 503-879-2002 To schedule an individual diabetes education appointment

2021-22 OPEN ENROLLMENT

Chinuk Kindergarten **IMMERSION**



As of May 17, 2021, we will be accepting registration applications for interested incoming kindergarteners. We are a Chinuk Wawa immersion program offering literacy instruction through the use of ChinukWawa. Our students are shared with the Willamina Elementary School, so they are dually enrolled. In the year's past, we have been a half-day program holding services from 7:30-11 a.m. with transportation provided for students to end their school day at Willamina. However, due to the pandemic and unknowns regarding school plans in the Fall, our programming model has not yet been determined. If interested, please contact us for more info or fill out a registration and be updated on our plans as soon as they are decided. No prior language experience needed. If a student in a grade beyond kindergarten wants to enroll, please contact us for more information. Once we are at capacity, we give Tribal preference.

Applications are available at https://www.grandronde.org/services/education/elementary-chinuk-language-program/ and can be turned in starting May 17 by:

> Mail: 9615 Grand Ronde Road, Grand Ronde, OR 97347 OR e-mailed to either contact listed below

K/1 Chinuk Teacher 503-879-1920 elaine.lane@grandronde.org live and flourish is for it to be learned and used in the home by the whole family.



TRIBAL VETERANS SERVICE OFFICE

Ramona Quenelle, Tribal Veterans' Service Officer, (TVSO)US Navy Veteran (IT2 SW) Phone: 503-879-1484 | CTGRTribalVSO@grandronde.org

CTGR Social Services Department, Attn: Tribal Veterans' Service Officer 9615 Grand Ronde Road, Grand Ronde, OR 97347

VETERANS CRISIS LINE, CALL 1-800-273-8255 AND PRESS 1 OR TEXT 838255

VETERAN'S CORNER:

All CTGR veterans send us your e-mail address so we can include you on the monthly CTGR Veteran Newsletter Distribution List and periodic e-mail information updates.

CTGRTribalVSO@grandronde.org

ANNOUNCEMENTS:

VIRTUAL BI-MONTHLY VETERANS MEETINGS:

Open to all veterans in our local community. The meet ings will focus on various informative topics each month.

- June 15, 2 p.m. Blue Water Navy Meeting #2
- Sept. 2021 VISN Network Presentations Meeting #3

Gathering Around the Canoe Veterans Cultural Class:



Thank you to all the participants for the first Veterans Culture Class. It was an honor to learn with

Shout out to the Army veterans. You had the most participants in this event. Thank you for your

Honoring our Veterans -David Leno, US Army

#ctgrtribalveterans #ctgrwehonorourveterans #ctgrarmyveteran



UPCOMING EVENTS:

Memorial Day Honoring

Honoring families of Confederated Tribes of Grand Ronde veterans who have walked on ...

Let us express our gratitude and pride for those who served; those who put their lives on the line; and the families who supported them. We raise our hands to acknowledge and honor the service of the veteran in your family and their memory. hayu masi.

To Receive a Memorial Day gift:

Be a Confederated Tribes of Grand Ronde (CTGR) Tribal member or a Confederated Tribes of Grand Ronde family member with,

1. A CTGR veteran in your family who has made their journey (from any service era) and,

2. Submit a photo, biography, story or information about your Tribal veteran and/or their military service by May 21, 2021 (to TVSO office by mail/email).

(All information submitted is kept confidential and will not be shared). In return: The first 100 submissions will receive a aift:

June 8, 2021 at 2 p.m. Military Sexual Trauma (MST) Behavioral Health Training #2

Sept. 2, 2021 at 2 p.m.

Mindfulness Behavioral Health Training #3

Sept. 17, 2021 at 2 p.m.

Cultural Class #2 - Cattail Cordage

Nov. 12, 2021 at 5:30 p.m.

Veterans Day Dinner

SAVE THE DATE CALENDAR:

May 31, 2021 at 1 p.m. (Meal starts at noon) (attendance limited due to COVID precautions) Memorial Day Event

July 8, 2021 at 10:30 a.m.

Paint with a Vet event (only 22 spots available) Contact TVSO to sign up.

July 2021 (Date/Time TBD)

Veterans Virtual Claims Clinic

Oct. 2021 (Date/Time TBD)

Native Wellness Behavioral Health Training #4

Dec. 2021 (Date/Time TBD) Veterans End of the Year Event





www.facebook.com/CTGRVeteransSEB