



HEALTH & WELLNESS NEWS

Appointments available in Optometry at the Health & Wellness Center

- Comprehensive eye exams
 - Diabetic eye exams
 - Red eye treatment
 - Excellent selection of frames
- Call 503-879-2097 for an appointment. ■

Inclement weather alert!

Please be sure to call the Health & Wellness Center before traveling in to appointments at the clinic during inclement weather. Health & Wellness Center staff will make every attempt to call patients during closures. Also, please sign up for emergency notifications about Tribal campus closures on the Tribal website at www.grandronde.org or follow the Tribe's primary page on Facebook.

Guess what's new at the Pharmacy?

Did they call my name? I didn't hear them? I have to run out to my car, I hope I don't miss my name? No need to ask yourself these questions anymore. The Grand Ronde Pharmacy now has pagers for you. You will receive a pager if you are currently waiting for a prescription to be filled. The Pharmacy will activate your pager when your prescription is ready and the pager will vibrate until you pick up your prescription. For questions, please call 503-879-2342.



Mobile Mammography

Convenience • Privacy • Certified women technologists State-of-the-art equipment • ACR- & FDA-accredited

The Mobile Mammography unit travels by appointment to businesses, health fairs, senior centers, even private gatherings—wherever there are at least 10 women interested in receiving a mammogram. We will be in your area soon.

To schedule an appointment, please call Kandee Little at 503-879-2089

Date: Thursday, March 19, 2020

Location: CTGR Health Clinic upper parking lot

2nd annual Colon Cancer Awareness Walk

Date: March 7, 2020

Time: 11 a.m.

Rain or Shine

**Fort Yamhill State Heritage Area
Highway 22 Grand Ronde, OR 97347**

Come join us for a small 20-30 minute easy walk!!

Wheelchair accessible

For more information, please call 503-879-2089

GIVEAWAYS

We will provide umbrellas for you while supplies last.

Colon Cancer Awareness Information



With Tribal Member and Colon Cancer Survivor Amber Case



Colon Cancer is Preventable, Treatable and Beatable!!!



We Pledge To Drive Safely With You!!

CTGR Community Health Medical Transportations

Call Community Health at 503-879-2078

if you need help getting to

- Doctor Appointments
- Addiction Recovery
- Dental Appointments
- Physical Therapy
- Behavioral Health
- Optometry Appointments
- Dialysis

Capacity is limited, please call at least five business days before your appointment.



Thank You, Community Health Department