



HEALTH & WELLNESS NEWS

Health & Wellness Center closures

- Monday, Feb. 17 — Tribal Chiefs' Day
- Be sure to request your prescriptions early to cover closure days.*

Health & Wellness Center hours

The Health & Wellness Center is pleased to add additional access for patients during holiday weeks on Thursday mornings. The clinic will be scheduling patients at 8 a.m. every Thursday preceding or following a holiday closure. Urgent care also will be available during this time.

Inclement weather alert!

Please be sure to call the Health & Wellness Center before traveling in to appointments at the clinic during inclement weather.

Health & Wellness Center staff will make every attempt to call patients during closures.

Also, please sign up for emergency notifications about Tribal campus closures on the Tribal website at www.grandronde.org or follow the Tribe's primary page on Facebook.

What you need to know!

Grand Ronde Pharmacy Closures and New Software
Please pick up any orders prior to these dates and times.

The CTGR Pharmacy will be closed the following days:

- Monday, Feb. 17 – Holiday
- Monday, Feb. 24 – New Software Implementation

The Grand Ronde Pharmacy will be switching to a new processing software on Feb. 22.

- Any patient who has a credit card on file will need to contact the pharmacy on Feb. 25 or after to load the information into the new system.

- The Pharmacy voicemail and web refill system will be turned off for the day of Feb. 24.

- If possible, fill prescriptions before Feb. 21 to avoid extended wait times and possible delays in orders being mailed or ready for pick up.

Good News: The Pharmacy will mail all prescriptions at no postage cost: Feb. 10 through Feb. 21, 2020. To take advantage of this limited offer, please contact the Pharmacy staff.

Questions – please call the Grand Ronde Health & Wellness Pharmacy at 503-879-2342.



Mobile Mammography

Convenience • Privacy • Certified women technicians State-of-the-art equipment • ACR- & FDA-accredited

The Mobile Mammography unit travels by appointment to businesses, health fairs, senior centers, even private gatherings—wherever there are at least 10 women interested in receiving a mammogram. We will be in your area soon.

To schedule an appointment, please call Kandee Little at 503-879-2089

Date: Thursday, March 19, 2020

Location: CTGR Health Clinic upper parking lot

We Pledge To Drive Safely With You!!

CTGR Community Health Medical Transportations

Call Community Health at 503-879-2078

if you need help getting to

- Doctor Appointments
- Addiction Recovery
- Dental Appointments
- Physical Therapy
- Behavioral Health
- Optometry Appointments
- Dialysis

Capacity is limited, please call at least five business days before your appointment.



Thank You, Community Health Department

2nd annual Colon Cancer Awareness Walk

Date: March 7, 2020

Time: 11 a.m.

Rain or Shine

Fort Yamhill State Heritage Area
Highway 22 Grand Ronde, OR 97347

Come join us for a small 20-30 minute easy walk!!

Wheelchair accessible

For more information, please call 503-879-2089

GIVEAWAYS

We will provide umbrellas for you while supplies last.

Colon Cancer Awareness Information



With Tribal Member and Colon Cancer Survivor Amber Case



Colon Cancer is Preventable, Treatable and Beatable!!!

