

## Youth Prevention Corner

### Youth Prevention and Empowerment Corner

September is Suicide Prevention and Awareness Month. Among Native Americans, 40 percent of those who die by suicide are between the ages of 15 and 24. And among young adults ages 18 to 24, Native Americans have higher rates of suicide than any other ethnicity.

Our community has put an importance on healing and the Youth Prevention team supports healing through cultural activities and education, recreational activities, and group and family events, as well as individual and family support as needed.

We invite youth and families to join us in walking on Saturday, Sept. 28, in Salem at the Out of the Darkness Walk. You can contact our team to sign up or meet us at the event with your family and/or friends.

We want you to know that YOU ARE NOT ALONE and ALL LIVES ARE SACRED. If you are experiencing any suicidal thoughts, please reach out to a friend, teacher, family member, mental health professional or any safe person in your life.

You can also call the Suicide Prevention Lifeline at 1-800-273-TALK (8255), chat online at [www.SuicidePreventionLifeLine.org](http://www.SuicidePreventionLifeLine.org) or text START to 741741 to chat via text.

If you want to speak to the Youth Prevention team or join us for any upcoming events, call 503-879-1471 or 503-879-1489.

Hayu masi ~ Your Youth Prevention team: Nicole, Shannon, Lindsey & Amber.



## LIBRARY HOURS:

Monday – Friday: 9 A.M. – 6 P.M.  
(Monday closed from noon – 1 P.M.)  
Saturday: 10 A.M. – 2 P.M.

**“Little Library” locations:** The Tribal Library oversees the 14 Little Library locations in and around Grand Ronde. Feel free to stop by any of these locations and grab a book for free.

**DVD selection:** Come check out the Tribal Library’s ever-growing movie collection, with more than 1,800 DVDs/Blu-ray formats to choose from.

**Requests:** The Tribal Library provides recommendation forms in order to provide patrons with an outlet to request book/media content we may not currently have.

**Book review:** “The Lemonade War” by Jacqueline Davis.

Side effects from this book may include craving a cold glass of lemonade!

There are just a few days left of summer when “The Lemonade War” starts. Evan is going into the fourth grade and learns that his little sister Jessie, who is very smart for her age, is skipping a grade and will be joining him in the same class.

Jessie is very relieved and excited to be in the same class as her older brother. Evan, on the other hand, is embarrassed. Things take a turn for the worse when these two siblings have an argument, things are said, feelings are hurt and actions are misinterpreted by both of them.

Both angry with each other, they start a lemonade war to see who can make the most money selling lemonade. The winner will get the other’s earnings. These two siblings are smart, savvy and clever in their attempts to outsell the other. This book shows the siblings’ strengths, flaws, rivalry and points of view in this likable chapter book. — *Reviewed by Crystal Bigelow*

**Donations:** A special thanks to Judith Hoy for contributing to the Tribal Library. We appreciate it.

**Reminder:** Donated items must be clean and in good condition.

*For any questions or comments, feel free to contact the Tribal Library at 503-879-1499 or e-mail [crystal.bigelow@grandronde.org](mailto:crystal.bigelow@grandronde.org)*

## Drop box installed

The Grand Ronde Tribal Police Department, 9655 Grand Ronde Road, now has a medication drop box located in the front lobby.

Lobby hours are 8 a.m. to 5 p.m. Monday through Friday.

The drop box is for any prescribed or over-the-counter medication. If the containers are too large to fit in the drop box, please repackage them in a zip-lock plastic bag. Tribal Police employees cannot handle the medications so the person dropping them off must repackage them.

Needles and liquids are not allowed in the drop box.

Tribal Police suggest mixing liquid medications with cat litter or coffee grounds and then throwing them away with the household trash.

For more information, call 503-879-1821. ■

## Adult Foster Program

*“A Place To Call Home”*



The Tribe’s Adult Foster Care lodges are committed to offering quality care to our Elders and helping them remain as independent as possible, while providing the personalized assistance they need. At our lodges, a wide range of services is available in a comfortable setting where privacy is respected and maximum independence is supported. For information, contact Adult Foster Program Director Peggy Shaver at 503-879-1694. ■



General Educational Development

**START TODAY**

**GET YOUR GED**  
A LIFE CHANGING EVENT

Adult Education Building  
GED Classroom

Earn your GED today!  
Contact Tracy Biery for more information  
503-879-1345 or [tracy.biery@grandronde.org](mailto:tracy.biery@grandronde.org)

**We will help you every step of the way!**

**A GED Can**

Help you get a job

Help you get into college

Increase your income

Provide you with a sense of accomplishment

Confederated Tribes of Grand Ronde

Adult Education  
9615 Grand Ronde Road  
Grand Ronde, Oregon 97338

Tracy Biery  
503-879-1345  
[Tracy.biery@grandronde.org](mailto:Tracy.biery@grandronde.org)