Grout named Health Board youth delegate

Grand Ronde Tribal youth Isabelle Grout was selected as one of 14 Northwest Portland Area Indian Health Board youth delegates and attended the Health Board's meeting with the California Rural Indian Health Board held in Lincoln, Calif., on Tuesday, July 16.

The youth delegates represent 43 member Tribes in Idaho, Oregon and Washington and serve one-year terms from July 2019 through June 2020. They collaborate to share their voice on health programs and policies that affect young people, and learn about health and wellness careers.

Grout, 15, will be a junior at Willamina High School and currently serves as Senior Miss Grand Ronde and chairwoman of the Grand Ronde Youth Council. She also was a sum-



Isabelle Grout

mer intern at the American Museum of Natural History in New York City, learning about and sharing the Tribe's historical connection to Tomanowos.

"My future plans are to become a pediatric intensive care unit nurse," Grout said in her bio posted at www.npaihb.org. "This is one of the biggest reasons I applied to become a NPAIHB youth delegate. Some issues that are close to my heart are helping teens like myself to cope with anxiety and depression. Helping others love and accept each other whether they are LGBTQ+, in recovery, struggling with mental illness or just need a friend is one of my main focuses in life. I hope that serving on this delegation will help me broaden my skills to help others wherever my adventures lead me."

Youth delegates are scheduled to convene again at a winter board meeting and virtually to learn from Tribal and nonTribal organizations and leaders in the health care field. They also will present workshops and participate in the THRIVE Conference in Portland, Ore., and with the Administration for Native Americans I-LEAD Youth Summit.

She is the daughter of Peter and Genifer Grout. ■





Smoke Signals file photo

Smoke Signals photojournalist Timothy J. Gonzalez won a first-place award in the News Photo category in the Oregon Newspaper Publishers Association's Associate Member contest for his coverage of the Tribal plankhouse's ninth birthday celebration held in October 2018. The photos were published on Nov. 1, 2018.

Smoke Signals wins 5 ONPA awards

By Dean Rhodes

Smoke Signals editor

Smoke Signals, the Grand Ronde Tribal newspaper, received five awards in the Oregon Newspaper Publishers Association's Associate Member Contest for work published in 2018.

The awards were announced on Thursday, July 18, during ONPA's annual convention held at the Salishan Resort in Gleneden Beach.

Smoke Signals photojournalist Timothy J. Gonzalez won first place in the Best News Photo category for his coverage of the Tribal plankhouse's ninth birthday party held in October 2018. The photos were published on Nov. 1, 2018.

Smoke Signals received a second-place award for Target Audience/ General Excellence, finishing behind *The Source Weekly*, an arts and entertainment newspaper based in Bend. The Target Audience category was judged on level of interest, relevance, creativity and commitment to target audience.

Smoke Signals staff writer Danielle Frost received a second-place award in Best News Writing for her story "Meteorite Impact," which detailed Tribal members' visit to Tomanowos at the American Museum of Natural History in New York City in June 2018.

Former *Smoke Signals* graphics designer George Valdez received a second-place award in the Graphics category and *Smoke Signals* page designer Justin Phillips received a third-place award in the Design category.

The five awards mark the 31st time *Smoke Signals* has been honored by the Oregon Newspaper Publishers Association since 2009. *Smoke Signals* was once again the only Tribal newspaper in the state to be honored by ONPA.

Smoke Signals competed against such newspapers as the Salem-based agricultural newspaper *The Capital Press* and *Portland Tribune* in the Associate Member category.

Smoke Signals also recently received five awards from the Native American Journalists Association for work published in 2018. \blacksquare







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