

Food Bank provides boxes, seeks help

The Grand Ronde Food Bank – *iskam məkʰmək haws* – is operated by Marion-Polk Food Share, which has been leading the fight to end hunger since 1987 because no one should be hungry.

Recipients of SNAP, TANF, SSI or LIHEAP assistance automatically qualify for assistance at the Grand Ronde Food Bank, 9675 Grand Ronde Road. No one will be turned away in need of a food box.

“We believe that everyone deserves to have enough to eat,” Food Bank Coordinator Francene Ambrose says. “You are welcome to get a food box at each of our regular weekly distributions. No one will be turned away in need of a food box.”

Upcoming food box distribution dates will be:

- 9 a.m. to 1 p.m. Friday, Jan. 18;
- And 2 to 6 p.m. Wednesday, Jan. 23.

People must check in 15 minutes before closing to receive a food box. If you need immediate assistance, call 211 or visit 211info.org.

Those who are unable to pick up a food box can fill out an authorized representative form and that person can pick up a food box on your behalf. The authorization is good for one year.

In addition, the Grand Ronde Health & Wellness Center’s Community Health Team will be setting up the mobile clinic at the pantry on the first Friday of every month.

The Food Bank continues to seek volunteers to help with repacking food, putting food on the shelves, handing out food boxes, end-of-month inventory and picking up food donations at area stores.

Call to ensure someone is available to assist. People also can sign up for a monthly e-mail for the Food Bank calendar and events, as well as follow the Food Bank on Facebook.

The Food Bank is an equal opportunity provider.

Call Ambrose at 503-879-3663 or contact her at fambrose@marion-polkfoodshare.org for more information or to volunteer. ■

Massage at Health & Wellness Center

Mind, Body & Soul Therapeutic Massage started at the Health & Wellness Clinic last year.

Remember: Appointments for massage are not managed by the Health & Wellness Center staff. To schedule an appointment, call 971-237-2561. ■

Committee & Special Event Board meeting days and times

Below is the most current information on the meeting days and times for Tribal Committees and Special Event Boards:

- **Ceremonial Hunting Board** meets as needed. Chair: Marline Groshong.
- **Culture Committee** meets at 5:30 p.m. the second Tuesday of the month at the Grand Ronde Food Bank/*iskam məkʰmək haws*, 9675 Grand Ronde Road. Chair: Francene Ambrose.
- **Editorial Board** meets monthly at the Chachalu Museum & Cultural Center’s conference room, 8720 Grand Ronde Road. Next meeting is scheduled for 10 a.m. Wednesday, Jan. 23. The public is welcome to attend. Chair: Siobhan Taylor. Contact: Editorial.Board@grandronde.org.
- **Education Committee** meets at 5:30 p.m. on the first Tuesday of the month in the Adult Education building. Chair: Tammy Cook.
- **Elders Committee** meets at 10 a.m. the third Wednesday of the month in the Elders Activity Center. Chair: Penny DeLoe.
- **Enrollment Board** meets the third Wednesday of the month in Room 204 of the Governance Center. Chair: Ann Lewis.
- **Fish & Wildlife Committee** meets at 5:30 p.m. the second Tuesday of the month at the Natural Resources building off Hebo Road. Chair: Tyson Mercier.
- **Health Committee** meets at 10 a.m. the second Tuesday of the month in the Molalla Room of the Health & Wellness Center. Chair: Bernadine Shriver.
- **Housing Board** meets at 3 p.m. the third Thursday of the month in the Housing Department conference room. Chair: Kristy Criss-Lawson.
- **Powwow Special Event Board** meets monthly at noon at the Community Center. Dates vary. Contact Dana Ainam at 503-879-2037. Chair: Dana Ainam.
- **Timber Committee** meets at 5 p.m. the second Thursday of the month at the Natural Resources building off Hebo Road. Interim Chair: Jon R. George.
- **Veterans Special Event Board** meets at 5:30 p.m. the first Tuesday of the month in the old Elders Craft House. Chair: Raymond Petite.

To update information on this list, contact Publications Coordinator Dean Rhodes at 503-879-1463 or dean.rhodes@grandronde.org.

Jerger retires



Photos by Jennifer Clark

Tribal Assistant Controller Jody Jerger received two blankets during her retirement party held Thursday, Dec. 27, in the Finance Department conference room. Above, Tribal Council member Michael Langley gifted her a Pendleton blanket and she also received another blanket from her colleagues in Finance. Jerger, who started working for the Tribe in January 1997, retired after her last work day of Friday, Dec. 28. She also received several heartfelt hugs, including one from Controller Linda Hanna, and the customary cake and refreshments were provided.



FEBRUARY

01

BIRDS & BEES & KIDS

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About Amy Lang, MA

Award-winning author and speaker Amy Lang, MA, helps parents of all beliefs turn conversations they dread into a regular (and fun) part of their family lives. Learn more about Amy and her work at BirdsAndBeesAndKids.com



February 1, 2019

10:00AM-12:00PM

**Lunch Provided
Children Welcome (Ages 0-3)**

LOCATION

Employment Service Center (Building C)
9615 Grand Ronde Road
Grand Ronde OR 97347

For more information, please contact:
Valeria Atanacio
503-879-2162
valeria.atanacio@grandronde.org

WHY

WHEN

HOW

to have
The “Talk”