4 JUNE 15, 2018 SMOKE SIGNALS

# Food Bank provides boxes, seeks help

The Grand Ronde Food Bank – iskam məkhmək haws – is operated by Marion-Polk Food Share, which has been leading the fight to end hunger since 1987 because no one should be hungry.

Recipients of SNAP, TANF, SSI or LIHEAP assistance automatically qualify for assistance at the Grand Ronde Food Bank, 9675 Grand Ronde Road. No one will be turned away in need of a food box.

"We believe that everyone deserves to have enough to eat," Food Bank Coordinator Francene Ambrose says. "You are welcome to get a food box at each of our regular weekly distributions. No one will be turned away in need of a food box."

Upcoming food box distribution dates will be:

- 9 a.m. to 1 p.m. Friday, June 15;
- 2 to 6 p.m. Wednesday, June 20;
- 9 a.m. to 1 p.m. Friday, June 29.

People must check in 15 minutes before closing to receive a food box.

In addition, the Grand Ronde Health & Wellness Center's Community Health Team will be setting up the mobile clinic at the pantry on the first Friday of every month.

Those who are unable to pick up a food box can fill out an authorized representative form and that person can pick up a food box on your behalf. The authorization is good for one year.

The Food Bank continues to seek volunteers to help with repacking food, putting food on the shelves, handing out food boxes, end-of-month inventory and picking up food donations at area stores.

Call to ensure someone is available to assist. People also can sign up for a monthly e-mail for the Food Bank calendar and events, as well as follow the Food Bank on Facebook.

The Food Bank is an equal opportunity provider.

Call Ambrose at 503-879-3663 or contact her at fambrose@marionpolkfoodshare.org for more information or to volunteer. ■

#### **WIC visits Community Center monthly**

Pregnant? Breastfeeding? Does your family include a child under the age of 5?

If so, you may qualify for the Women, Infants and Children program. With WIC, people can receive answers to nutritional questions and access fruits and vegetables, whole grains, eggs, milk, cheese, juice, cereal and more.

A WIC representative visits the Tribal Community Center on the third Tuesday of the month, which will be June 19.

Walk-ins are welcome between 9 a.m. and 4 p.m.

For more information or to schedule an appointment, call 503-879-2034. ■



#### <u>hayu masi</u>

Thank you to all of our sponsors for our Mother's Day and Father's Day raffles!

Grand Ronde Royalty





















### Ham retires



Photo by Michelle Alaimo

Elders Activity Assistant Dan Ham gets a blanket gifted to him by Kristy Criss-Lawson, left, Tribal Nutrition Program manager, and Kevin Campbell, right, Tribal lead cook, during Ham's retirement party held at the Elders Activity Center on Friday, June 1. After working at Spirit Mountain Casino since 1996, Ham started working for the Tribe's Wellness program, now Community Health, in 2003. He retired from the Nutrition Department as the Elders Activity Assistant. While working at the casino, he had various jobs, one of them being the first gaming inspector.

## Willamina School District offering free summer meals

The Willamina School District will once again provide free meals to children during the summer as part of its partnership with the U.S. Department of Agriculture.

Anyone ages 1 to 18 can eat for free.

Meals will be served Monday through Friday from June 18 through Aug. 3 with the exception of July 4. Locations will be Willamina Elementary School from 10:45 to 11:15 a.m., Tina Miller Park near Willamina City Hall from 11:30 to noon, and Raven Loop Park in Grand Ronde from 12:30 to 1 n m

There are no income requirements or registration required.

For more information, visit www.willamina.k12.or.us or call 503-876-2702. ■

### Committee & Special Event Board meeting days and times

Below is the most current information on the meeting days and times for Tribal Committees and Special Event Boards:

- Ceremonial Hunting Board meets as needed. Chair: Marline Groshong.
- Culture Committee meets at 5:30 p.m. the second Tuesday of the month at the Grand Ronde Food Bank/iskam məkhmək haws, 9675 Grand Ronde Road. Chair: Francene Ambrose.
- Editorial Board meets 10 a.m. Friday, June 15, at the Chachalu Museum & Cultural Center's conference room. Chair: Siobhan Taylor. Contact: Editorial.Board@grandronde.org.
- Education Committee meets at 5:30 p.m. on the first Tuesday of the month in the Adult Education building. Chair: Tammy Cook.
- Elders Committee meets at 10 a.m. the third Wednesday of the month in the Elders Activity Center. Chair: Jennie VanAtta.
- **Enrollment Board** meets quarterly in Room 204 of the Governance Center. Chair: Michael Mercier.
- Fish & Wildlife Committee meets at 5:30 p.m. the second Tuesday of the month at the Natural Resources building off Hebo Road. Chair: Tyson Mercier.
- **Health Committee** meets at 10 a.m. the second Monday of the month in the Health & Wellness Center. Chair: Patti Tom-Martin.
- **Housing Board** meets at 3 p.m. the third Thursday of the month in the Housing Department conference room. Chair: Kristy Criss-Lawson.
- Powwow Special Event Board meets monthly at noon at the Community Center. Dates vary. Contact Dana Ainam at 503-879-2037. Chair: Dana Ainam.
- **Timber Committee** meets at 5 p.m. the second Thursday of the month at the Natural Resources building off Hebo Road. Chair: Bob Mercier.
- Veterans Special Event Board meets at 5:30 p.m. the first Tuesday of the month in the old Elders Craft House. Chair: Steve Bobb Sr.

To update information on this list, contact Publications Coordinator Dean Rhodes at 503-879-1463 or dean.rhodes@grandronde.org.