

**Massage at Health & Wellness Center**

Mind, Body & Soul Therapeutic Massage started at the Health & Wellness Clinic last year.

**Remember:** Appointments for massage are not managed by the Health & Wellness Center staff. To schedule an appointment, call 971-237-2561. ■

**WALK-IN DENTAL APPOINTMENTS FOR KIDS <6**

NO APPOINTMENT NECESSARY FOR DENTAL CHECK-UPS FOR KIDS 5 AND UNDER WHO ARE ELIGIBLE TO BE SEEN AT THE TRIBAL CLINIC. JUST COME ON IN!

We will check your child's teeth during any of our clinic hours without an appointment. Dental check-ups are recommended beginning with the first tooth!

Confederated Tribes of Grand Ronde Dental Clinic  
Phone 503-879-2020  
Hours: Mon, Tues, Wed, Fri 8:00-5:00; Thur 9:30-5:30



**POLK COUNTY WIC**

“Woman, Infant and Children”  
Nutrition for you and your family

Is now in Grand Ronde  
for more information please call  
**503-623-8175 Ext 2297**

Nutricion para usted y su familia  
La Clinica de WIC a llegado a  
Grand Ronde  
Para mas informacion favor de llamar al  
**503-623-8175 Ext 2297**

GET YOUR BUSINESS STARTED ON THE RIGHT TRACK!

MERIT helps you:

- Explore your business idea
- Find the information you need
- Get connected with the people who can help

To find out more, attend a FREE *Start Your Business* class!

JOIN US at the Grand Ronde Adult Education Building on the second Thursday of every month at 4PM  
9615 Grand Ronde Road  
Grand Ronde, OR



LEARN MORE AT:  
[www.meritnw.org](http://www.meritnw.org)  
Or call 503 548-7314

MERIT helps people explore, launch & grow successful small businesses through training and support.

**KEEP SALMON OFF DRUGS**



**PROTECT SALMON AND WATERWAYS**

Take unused prescriptions to local law enforcement agencies or collection facilities for safe disposal

**OREGON RESIDENTS:**

<https://public.health.oregon.gov/HealthyEnvironments/DrinkingWater/SourceWater/Pages/takeback.aspx>



Flushing prescription drugs down the toilet puts aquatic life at risk. Salmon need clean water to survive, and these chemicals have harmful effects on behavior, growth, and reproduction. Dispose of drugs properly and keep salmon habitat healthy.



**DO YOU WANT TO WORK?  
WOULD YOU LIKE ASSISTANCE?  
HAVE YOU RECENTLY BEEN HIRED?**

THE SOCIAL SERVICES DEPARTMENT HAS TWO PROGRAMS THAT ASSIST TRIBAL MEMBERS WHO WANT TO WORK AND LIVE IN THE 6 COUNTY SERVICE AREA

THESE PROGRAMS ARE 477/EMPLOYMENT AND TRAINING AND THE GRAND RONDE TRIBAL VOCATIONAL REHABILITATION PROGRAM.

THE VOCATIONAL REHABILITATION PROGRAM WORKS WITH TRIBAL MEMBERS WITH A DISABILITY THAT HAS BEEN A BARRIER TO GAINING OR RETAINING EMPLOYMENT

THE 477 EMPLOYMENT AND TRAINING PROGRAM SUPPORTS TRIBAL MEMBERS WITH JOB RELATED SERVICES  
477 CAN SERVE GRAND RONDE TRIBAL MEMBERS WHO LIVE IN MARION, MULTNOMAH, POLK, TILLAMOOK, WASHINGTON AND YAMHILL COUNTY.

TRIBAL VOCATIONAL REHABILITATION CAN SERVE GRAND RONDE TRIBAL MEMBERS WHO LIVE IN MARION, MULTNOMAH, POLK, TILLAMOOK, WASHINGTON, YAMHILL AND CLACKAMAS COUNTY

FOR INFO CONTACT:  
THE SOCIAL SERVICES DEPARTMENT AT  
**503-879-2034 OR 1-800-242-8196**  
TO LEARN MORE ABOUT THE PROGRAMS AND TO DETERMINE WHICH ONE CAN BEST ASSIST YOU