



# HEALTH & WELLNESS NEWS

## Grand Ronde Health & Wellness Pharmacy

**Please be advised for:  
Refill Requests**

In order to best serve you, please note the following time requirements for your refill requests:  
**(Valid) Refills remaining – Called in between 8:30 to 11 a.m., anticipated pickup/send out by 5 p.m. Called in after 11 a.m., 12:30 p.m. next day pickup, excluding holidays and weekends.**

**NO refills remaining – up to 7 days\***

\*This allows us time to coordinate and correct any needs that may exist for your refill

**PLEASE LET US KNOW IF YOU WILL BE OUT BEFORE THIS TIME FRAME ON A MAINTENANCE MEDICATION SO THAT WE CAN BEST ACCOMMODATE YOUR NEEDS.**

Thank you for allowing us to serve your prescriptions needs.

## Health & Wellness Center closures

- Wednesday, Nov. 22 – Restoration Day (All day)
- Thursday, Nov. 23 – Thanksgiving (All day)
- Friday, Nov. 24 – Day after Thanksgiving (All day)

**Be sure to request your prescriptions early to cover closure days.**

## Health & Wellness Center offers Afterhours Health Line

Tribal members can contact the Afterhours Health Line for questions about health care concerns you may have when the clinic is not open.

You can reach the Afterhours Health Line by calling 503-879-2002 and follow the prompts.

The Afterhours Health Line will coordinate care and communicate with Grand Ronde Health & Wellness Center providers.

## Health Insurance Marketplace open enrollment is here

The Health Insurance Marketplace is a resource where individuals, families and small businesses can learn about health coverage options, compare health insurance plans based on costs, benefits and other important features, choose a plan and enroll in coverage.

Based on the federal government's relationship with Indian Tribes, health care is provided at no cost to American Indians and Alaskan Natives (AI/ANs). If AI/ANs enroll in a Qualified Health Plan (QHP) through the Marketplace, they can continue to receive services from their local Indian health care provider. Indian health care providers bill QHPs for services provided to their patients and the reimbursements collected benefit the entire Tribal community.

Open enrollment for 2018 coverage runs from Nov. 1 to Dec. 15, 2017. Feel free to contact Dana at the Grand Ronde Health & Wellness Center 503-879-1359 or log on to [www.healthcare.gov](http://www.healthcare.gov) for further information.

## Health & Wellness Center hours

The Health & Wellness Center is pleased to add additional access for patients during holiday weeks on Thursday mornings. The clinic will be scheduling patients at 8 a.m. every Thursday preceding or following a holiday closure. Urgent care also will be available during this time.

### Pharmacy Mobile APP!!!



#### Step 1: Get the App

To get started, search for mobileRx Pharmacy in your app store or use your smartphone camera and a QR code reader/scanner application to scan the appropriate QR code.

#### Step 2: Home Screen

The home screen displays options for requesting refills.



#### Step 4: Scan Prescription Barcode

Scan the barcode label on the prescription bottle, and click Submit Refill(s).



#### Pharmacy Information

This screen displays information about your pharmacy, including name, address, phone number and hours of operation.



#### Step 3: Enter Prescriptions

Express Prescription Refills allows you to enter up to three prescription numbers to be refilled at a time. To request more than three refills, repeat the process.



This feature notifies you instantly if prescriptions are accepted or if there is an error.

## We Want To Hear From You!

That's right, the Grand Ronde Health & Wellness Center Comment Box is located at the entrance of the Health & Wellness Center, next to the drinking fountain. Share your experience, good or bad with us! We look forward to hearing what you have to say.



## Check out the Mobile Clinic at Restoration

10 a.m. to 2 p.m. Wednesday, Nov. 22

Parked next to the Tribal gym

Get flu shots, a tour of the Mobile Clinic, your blood pressure checked and some great information on diabetic education.

We will be waiting for you!!

