

Watershed Council offering fall bird walks

The Luckiamute Watershed Council and bird expert Joel Geier will be offering a series of bird walks starting at 8 a.m. and ending at noon at either the Luckiamute State Natural Area near Albany or Fort Hoskins Historic County Park near Philomath.

Lunches will be provided by Independence bakery Ovenbird.

Each location offers new landscapes, a different array of bird life and a fresh look at some of the iconic landscapes found in the watershed, Outreach Coordinator Suzanne Teller said.

Cost for each bird walk is \$10, which includes lunch. To register, visit www.luckiamutelwc.org/2017-fall-bird-walks.html or contact the Watershed Council's office at 503-837-0237.

The bird walks are part of the "Love Your Watershed Series," which recently received a \$4,460 grant from Spirit Mountain Community Fund. Future workshops will include a discussion of Native American ethnobotany. ■

Sewing class participants wanted

The sewing classes that have been held at the Elders Activity Center have been canceled due to lack of participation.

Classes could resume if at least six people commit to attending.

To commit or find out more information, contact Elders Activity Assistant Dan Ham at 503-879-2233. ■

Museum inviting designs for Native American memorial

WASHINGTON, D.C. – The National Museum of the American Indian is inviting people to submit designs to build the National Native American Veterans Memorial, which is slated to open in 2020.

The international competition is open to students, architects, designers and anyone else who wants to submit a design.

The Veterans Memorial will be placed on museum grounds at the National Mall. A blue-ribbon jury of Native and non-Native artists, designers, scholars and veterans will judge the design entries.

The competition consists of two stages: An open call to submit designs and the jury selecting five finalists.

More information will be available on the museum's website on Nov. 11 – Veterans Day. For more information on the contest, call the museum at 202-633-6796 or visit <http://nmai.si.edu>. ■

Grand Ronde Housing Department



Opportunity for comment on Grand Ronde Housing Department 2018 Indian Housing Plan (IHP)

Under the Native American Housing Assistance and Self-Determination Act of 1996, (NAHASDA), the U.S. Department of Housing and Urban Development (HUD) will provide grants to Indian Tribes/ Indian Housing Authorities for the development and operation of low-income housing in Indian areas. Grants are made to eligible recipients under the Indian Housing Block Grant Program. To be eligible for the grants, respondents must submit an Indian Housing Plan that meets the minimum requirements of the Act, and also submit an Annual Performance Report to HUD, and maintain records for HUD monitoring. The Grand Ronde Housing Department (GRHD) has received multiple grants under this program which were active during 2017.

Comments on the Indian Housing Plan are welcome and copies of this report can be obtained at the GRHD office or by calling 503-879-2401, or 800-422-0232, ext. 2401. Comments must be submitted in writing to GRHD no later than 5 p.m. Monday, Oct. 9, 2017. All comments will be incorporated into the final report submitted to HUD. ■

Housing Board seeks community input

The Grand Ronde Housing Board is inviting Tribal members and Tribal housing residents to provide input to assist its members in carrying out its advisory role to the Housing Department and Tribal Council regarding policy guidance. The Housing Board meets at 3 p.m. the third Thursday of each month in the Housing Department conference room, 28450 Tye Road. Its chair is Matt Thomas. For more information, contact the Housing Department at 503-879-2401. ■

Mak'Mak-Mania
A celebration of local food, culture, and community

Saturday, October 7th
10AM-2PM
Tribal Gym
(THERE WILL BE SIGNS)
FREE & OPEN TO ALL COMMUNITY MEMBERS

There will be activities for the whole family!

- ✓ Cooking demonstrations
- ✓ Educational workshops
- ✓ Informational booths
- ✓ Free community meal

FREE LUNCH!

FAMILY-FRIENDLY!

Organized by Grand Ronde's Food Access and Community Team, sponsored by Marion-Polk Food Share & the Confederated Tribes of Grand Ronde.

8,000 older adults in Oregon have a gambling problem.

Consequences of gambling problems include:
Debt
Depression
Suicide
Stress-related health problems

Signs of a Problem

- Increase in gambling time and places
- Intensity of interest in gambling
- Drop off in other activities/interest
- Frequent absences from work and home
- Withdrawal from family and friends
- Personality changes (irritability/hostility)
- Using money that was meant for other purposes

Responsible Gambling Guidelines

- Gamble for entertainment only
- Set a dollar limit
- Set a time limit
- Expect to lose
- Don't gamble on credit
- Don't gamble as a way to cope with stress, depression or loneliness
- Educate yourself about problem gambling

Good news, Oregon! Help is FREE.

24/7 help: 1-877-MY-LIMIT (877-693-4648) or www.opgr.org

If you have a problem or know someone who might, contact the Oregon Problem Gambling Helpline at 1-877-MY-LIMIT to talk to someone and get help. Or visit www.opgr.org. Help is free, confidential and feasible.

OPGR

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YAMHILL COUNTY

NAYA's 12th Annual Native American Housing to Homeownership Fair

Saturday, October 14, 2017 11:00am - 4:00pm
NAYA Family Center
5135 NE Columbia Blvd Portland, OR 97218

Fair is free & open to everyone including renters, homebuyers and homeowners

Featuring: Workshops
Development/Rent Assistance Raffle
Gift Raffle
Opportunity to talk with Real Estate Agents and Lenders
Community Resource Information
Lunch Provided!

Register online at naya.org/h2hfair

For information: Loretta Kelly
503.291.8127, ext 222
lkelly@naya.org