

Food Bank provides boxes, seeks help

The Grand Ronde Food Bank – iskam məkʰmək haws – is operated by Marion-Polk Food Share, which has been leading the fight to end hunger since 1987 because no one should be hungry.

Recipients of SNAP, TANF, SSI or LIHEAP assistance automatically qualify for assistance at the Grand Ronde Food Bank, 9675 Grand Ronde Road. No one will be turned away in need of a food box.

“We believe that everyone deserves to have enough to eat,” Food Bank Coordinator Francene Ambrose says. “You are welcome to get a food box at each of our regular weekly distributions. No one will be turned away in need of a food box.”

Upcoming food box distribution dates will be:

- 9 a.m. to 1 p.m. Friday, July 7;
- 10 a.m. to 2 p.m. Saturday, July 15;
- 9 a.m. to 1 p.m. Friday, July 21;
- 2 to 6 p.m. Wednesday, July 26.

The Food Bank will be closed on Tuesday, July 4.

Those who are unable to pick up a food box can fill out an authorized representative form and that person can pick up a food box on your behalf. The authorization is good for one year.

This summer, the Food Bank is offering a farm share prescription in partnership with the Grand Ronde Health & Wellness Center. The program will provide fresh fruit and vegetables to participants to improve their overall health. Participants are identified by their medical providers and distributions start at 10 a.m. Tuesday, July 11.

“Plan, Shop, Save, Cook!” classes are a partnership with the Oregon State Extension Services. These classes are open to everyone. Topics will include meal planning, budgeting and nutrition. The classes will be held 10 to 11:30 a.m. Tuesdays starting on July 18.

A Preserving Fruit class will be held at 10 a.m. Thursday, July 20. Learn the basics of canning fruits in this hands-on class. Participants can learn how to prepare the fruit, liquids to use in the jar, basic equipment needed and safe methods for processing and storing this summer’s fruit bounty.

Bucket Garden Day is scheduled for 10 a.m. Friday, July 21. This event is where everyone is welcome to take home free supplies to start their own bucket garden.

“Budgeting Tips, Tricks and Idea” classes are continuing with a Couponing 101 class scheduled for 1 p.m. Sunday, July 23. Participants will learn the basics of using coupons and how to get organized.

The Food Bank continues to seek volunteers to help with repacking food, putting food on the shelves, handing out food boxes and end-of-month inventory. In addition, volunteers are being sought for the Fresh Alliance program, Salem Harvest and master gardeners to help with Bucket Garden Day.

Call to ensure someone is available to assist. People also can sign up for a monthly e-mail for the Food Bank calendar and events, as well as follow the Food Bank on Facebook.

The Food Bank is an equal opportunity provider.

Call Ambrose at 503-879-3663 or contact her at fambrose@marionpolkfoodshare.org for more information or to volunteer. ■

Wyden holding Town Hall in Grand Ronde

Oregon Sen. Ron Wyden will hold a Polk County Town Hall meeting at 11 a.m. Saturday, July 1, in the Confederated Tribes of Grand Ronde gym, 9615 Grand Ronde Road. For more information, call Wyden’s Salem office at 503-589-4555. ■

Groups form Helping Hands, schedule July 10 meeting

The Clothes Closet, iskam məkʰmək haws, Empowerment Outreach Ministries, Lighthouse Church and A Cause For Paws have joined forces in an effort to support local families.

The group, named Grand Ronde Helping Hands, seeks to bring together those who are supporting families in Grand Ronde to share services and resources, and create a resource guide.

Helping Hands’ next meeting will be 10:30 a.m. Monday, July 10, at iskam məkʰmək haws, 9675 Grand Ronde Road. If you provide any type of services to families in the community, consider attending. The group is looking for meal site calendars, food box sites, clothes closets, showers and laundry services.

There also will be a collection day at iskam məkʰmək haws from 10 a.m. to 2 p.m. Saturday, July 15. Donations are being sought of personal care items, men’s clothing, school supplies, toilet paper, dish soap, HE laundry detergent and pet items, as well as tents, sleeping bags, pillows, warm blankets, rain gear and heavy jackets to restock the shelves.

Helping Hands continues to seek a volunteer with graphic arts skills to create a logo that represents all of the organizations. The logo would be used on business cards, a banner and possibly a website, and the artist possibly would receive a small honorarium.

For more information, contact Food Bank Coordinator Francene Ambrose at 503-879-3663 or by e-mail at fambrose@marionpolkfoodshare.org. ■

Clothes Closet open Monday, Friday

The Clothes Closet is open from 9 a.m. to 12:30 p.m. the first and third Fridays of the month and 9 a.m. to 1 p.m. all other Fridays on the Tribal campus near the Elders Activity Center at the end of Blacktail Drive.

The Clothes Closet accepts clothing, small appliances, small pieces of furniture, electronics and household goods that are clean and in good condition. It does not accept books, large TVs or large furniture, but there is a community board where people can post those items. Donations are accepted during regular business hours. For more information or emergency clothes, contact Lori Walker-Hernandez at 559-847-7565. ■

Official Tribal Facebook pages

- **Confederated Tribes of Grand Ronde:** www.facebook.com/CTGRgov
- **Grand Ronde Tribal Council:** www.facebook.com/TheConfederatedTribesOfGrandRondeTribalCouncil
- **Grand Ronde Higher Education:** www.facebook.com/grand.r.ed
- **Grand Ronde Youth Education:** www.facebook.com/CTGRYouthEducation
- **Spirit Mountain Community Fund:** www.facebook.com/SpiritMountainCommunityFund
- **Grand Ronde Station:** www.facebook.com/GrandRondeStation
- **Grand Ronde Royalty:** www.facebook.com/CTGRRoyalty
- **Veterans Special Event Board:** www.facebook.com/pages/Veterans-Board-of-the-Confederated-Tribes-of-the-Grand-Ronde-Community
- **Community Garden:** www.facebook.com/GrandRondeCommunityGarden
- **Grand Ronde Food Bank:** www.facebook.com/GrandRondeFoodBank
- **Grand Ronde Youth Council:** www.facebook.com/CTGRYouthCouncil
- **Grand Ronde Tribal Police Department:** www.facebook.com/grandrondepolice/
- **Children & Family Services:** www.facebook.com/CTGRCFS/
- **Social Services Department:** www.facebook.com/CTGRSocialservices/



Committee & Special Event Board meeting days and times

Below is the most current information on the meeting days and times for Tribal Committees and Special Event Boards:

- **Ceremonial Hunting Board** meets as needed. Chair: Marline Groshong.
- **Culture Committee** meets at 5:30 p.m. the second Tuesday of the month at the Grand Ronde Food Bank/iskam məkʰmək haws, 9675 Grand Ronde Road. Chair: Francene Ambrose.
- **Editorial Board** meets next at 10 a.m. Friday, July 14, in Room 204 of the Tribal Governance Center. Chair: Siobhan Taylor.
- **Education Committee** meets at 5:30 p.m. on the second Tuesday of the month in the Adult Education building. Chair: Tammy Cook.
- **Elders Committee** meets at 10 a.m. the third Wednesday of the month in the Elders Activity Center. Chair: Gladys Hobbs.
- **Enrollment Board** meets quarterly in Room 204 of the Governance Center. Chair: Michael Mercier.
- **Fish & Wildlife Committee** meets at 5:30 p.m. the second Tuesday of the month at the Natural Resources building off Hebo Road. Chair: Tyson Mercier.
- **Health Committee** meets at 10 a.m. the second Wednesday of the month in the Health & Wellness Center. Chair: Patti Tom-Martin.
- **Housing Board** meets at 3 p.m. the third Thursday of the month in the Housing Department conference room. Chair: Matt Thomas.
- **Powwow Special Event Board** meets monthly at noon at the Community Center. Dates vary. Contact Dana Ainam at 503-879-2037. Chair: Dana Ainam.
- **Timber Committee** meets at 5 p.m. the second Thursday of the month at the Natural Resources building off Hebo Road. Chair: Bob Mercier.
- **Veterans Special Event Board** meets at 5:30 p.m. the first Tuesday of the month in the old Elders Craft House. Chair: Steve Bobb Sr.

To update information on this list, contact Publications Coordinator Dean Rhodes at 503-879-1463 or dean.rhodes@grandronde.org.

ATTENTION TRIBAL MEMBERS

COMMITTEE AND SPECIAL EVENT BOARD VACANCIES

The following Committees and Special Event Boards have vacant positions.

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|----------------------------|---------------------|
| Election Board | 1 alternate vacancy |
| Education Committee | 2 vacancies |

Please send completed applications to Stacia Hernandez, 9615 Grand Ronde Road, Grand Ronde, OR 97347.