



#### **SAVE THE DATE**

## 12th Annual Native Caring... A Conference to Learn, Connect & Share

Hosted by the Oregon Indian Tribe of ... The Confederated Tribes of Grand Ronde

Other Oregon partnering Tribes include:

Coquille Indian Tribe ~ Confederated Tribe of Siletz Indians ~ The Klamath Tribes ~ Burns Paiute ~ Tribe Confederated Tribes of Warm Springs ~ Cow Creek Band of Umpqua Tribe of Indians ~ Confederated Tribes of the Umatilla Indian Reservation The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians



April 19-20, 2017 **Grand Ronde, Oregon at Spirit Mountain Casino** 

Come and join other caregivers of native elders and relative caregivers of children from Northwest Indian communities in this two-day event. You will have the opportunity to attend valuable workshops that will enhance your caregiving skills and provide you with a break from your daily responsibilities.

For more information, contact Darlene Aaron darlene.aaron@grandronde.org 503-879-2078

VENDORS- To register, please contact Suzy Deeds at 503-304-3429

# Traffic Control Flagger Training Certification When Thursday, March 30, 2017 Employment Services Center in Training Rooms A & B 9 a.m. to 4:30 p.m. Registration is limited to 30 No cost for enrolled Tribal members from federally recognized Tribes and \$75 for non-Tribal members Register with the TERO office by calling 503-879-2188 or Email - TERO@grandronde.org

#### **WIC visits Health & Wellness Center**

Pregnant? Breastfeeding? Does your family include a child under the age of 5?

If so, you may qualify for the Women, Infants and Children program. With WIC, people can receive answers to nutritional questions and access fruits and vegetables, whole grains, eggs, milk, cheese, juice, cereal and more.

A WIC representative visits the Health & Wellness Center on the third Tuesday of the month, which will be March 21.

Walk-ins are welcome between 9 a.m. and 4 p.m. When WIC clients arrive at the Health & Wellness Center, they should enter through the Wellness Department located at the back of the medical wing.

For more information or to schedule an appointment, call 503-623-8175, ext. 2297. ■



Ad created by George Valdez

### **Growing Healthy Families Together**





- Information on prenatal care, breastfeeding, feeding your children and much more
- Breastfeeding education and support
- · Referrals to health & social services
- Vouchers to buy foods to keep you healthy and strong







### **Investing in Oregon's Future**

**Polk County WIC Office** 182 SW Academy St. STE 302 Dallas, Oregon 97338

503-623-8175 ext. 2297

Call today to see if you qualify WIC is an equal opportunity Program and Employer