Kick the Habit. Call these numbers for free from anywhere in Oregon: 1-800-QUIT-NOW (1-800-784-8669) Español: 1-877-2NO-FUME (1-877-266-3863) TTY: 1-877-777-6534 On register online at: www.quitnow.net/oregon/



Volunteer Information

What is a volunteer? A volunteer is someone who gives their self, time, or services to an organization or cause to effect positive change usually within their community.

Why volunteer?

To become involved

To give back

To help effect positive change

To be active

To continue traditions

To share life experiences with others.

What are the benefits?

Being part of a group

Feeling of belonging

Feeling of contributing

Feeling of accomplishment

Social interaction

Feeling like you are connected to the community/Tribe

Knowing that you are making a difference

No matter which program you volunteer for, you can make a difference.

CASA Program:

As a CASA volunteer, you can help a child by advocating for that child's best interest. Making sure that child receives the services they need, be placed in the best placement available, and help advocate for the best outcome of that child's case. You become a voice for the child. As a CASA Advocate you will also foster a positive connection between the child and the Tribe.

Tribal Member Review Board:

As a Tribal Member Review Board (TMRB) Member, you review cases of Tribal Children, in the jurisdiction of the Tribal Court. When reviewing these cases you learn about the child(ren), family and services needed for the family. You make findings and recommendations about the case to the Court and to the ICW program.

Peacemaker Program:

As a Peacemaker, you facilitate the Peacemaking process. Sessions are held in a safe environment where parties can openly and honestly discuss their dispute. Part of the Peacemaker process is "getting to the heart of the dispute". Examining the issues to discover the interest of all parties and guiding them to a mutually agreeable resolution.

For more information, contact the Tribal Court Programs Specialist Annie Schmidt (<u>Annie.Schmidt@GrandRonde.org</u>) or 503-879-4623

PEACEMAKER PROGRAM



The Tribal Court Peacemaker Programs aims to reflect the Tribe's tradition of using respected members of the community to heal conflicts among its members. This free, voluntary program allows parties to discuss their conflict or dispute in a safe, non-threatening environment. The goal is to reestablish communication and come to an amicable and agreeable solution.

What can the Peacemaker program help with?

Disputes among co-workers Grievances with neighbors Relationship struggles



For more information on this program or to sign up for a Peacemaking Session, contact the Tribal Court Programs Specialist or apply with the form available at www.grandronde.org

Annie Schmidt 503.879.4623 Annie.Schmidt@GrandRonde.org

COMMUNITY EVENT IDEAS - SUBMISSION REQUEST



We Want To Hear From YOU:

The Grand Ronde Health and Wellness Center is dedicated to "Community Building!"- We will begin offering regular community activities and events that provide healthy exercise for the mind and body and that are fun for the entire family!

After-all, laughter really is good medicine!

Please think of a creative, fun filled idea and if your submission is chosen for our 2017 activity calendar you will **WIN a PRIZE**.

To submit your idea by phone, Please call:

Activities/Wellness Promotion Coordinator at 503-879-2078



TRIBAL MEMBER REVIEW BOARD

Tribal Members Reviewing Cases of Tribal Children in Tribal Custody.

It is important for all Native children to know that their Tribe and community is there to support them. Many Tribal children in foster care lose connection with their heritage, culture and traditions due to their circumstances.

The TMRB is a Board of approved Tribal members who periodically review the cases of children who are Wards of the Tribal Court and make findings and recommendations to the Children and Family Services Program and the Court. The reviews take place in a less formal setting, providing an atmosphere that is both confidential and conducive for the interaction of everyone involved.

For more information on how you can preserve culture through providing guidance, please contact:

Annie Schmidt Tribal Court Programs Specialist

503-879-4623 or Annie.Schmidt@grandronde.org

Who will be there for me?

Annie Schmidt

503-879-4623

Tribal Court Programs Specialist

Annie.Schmidt@GrandRonde.org

