



HEALTH & WELLNESS NEWS

Health & Wellness Center closures

- Friday, Dec. 23, 2016 – 1 to 5 p.m.
- Monday, Dec. 26, 2016 – All day

IMPORTANT NOTICE REGARDING SKOOKUM HEALTH ASSISTANCE PROGRAM

APPLYING FOR PRIMARY HEALTH INSURANCE COVERAGE

It's time for us to review Tribal members' health care coverage needs. We will be sending correspondence to members we do not have primary coverage information on.

We receive information on our members' coverage from our third party administrator, Shasta. If they do not have active primary coverage information in their system for you, we will be sending a letter requesting that you contact us and provide that information. If you feel you have already provided this information, please don't be upset if you receive a letter. Just give us a call and we will do whatever we can to assist you.

In some cases, you could be suspended from the Skookum Health Assistance Program if you do not comply with our request for information. This is only a suspension from the program. Once we receive the information we need, Skookum will be restored and claims will be processed.

If coverage is affordable, we encourage members to maintain primary health care coverage. The Skookum Health Assistance Program is a payer of last resort; not insurance. If coverage is available to you at **no cost**, we require members to apply for and use it as primary coverage before using Skookum. Having primary coverage will help keep Skookum sustainable.

If you have not applied for coverage through the Affordable Care Act and **do not** have primary health care coverage, please contact one of the Save Our Skookum team members right away or go online at www.healthcare.gov to apply for coverage in your area.

This does not apply to Tribal members with Medicare.

We sincerely thank you for your help and cooperation with this effort. We want to make sure Tribal members have a health assistance program available for many years to come.

Hayu masi,

- Tresa Mercier – tresa.mercier@grandronde.org
- Barbara Steere – barbara.steere@grandronde.org
- Melody Baker - melody.baker@grandronde.org
- Loretta Meneley - loretta.meneley@grandronde.org
- Leah Bailey – leah.bailey@grandronde.org
- Erica Mercier - erica.mercier@grandronde.org
- Tauni McCammon – tauni.mccammon@grandronde.org

Grand Ronde Health & Wellness Center's P/RC (formerly CHS) department

2017 is coming fast. If you know any enrolled Grand Ronde Tribal members, no matter where they live, who are in need of dental care, glasses or a vision exam, a hearing aid, braces or corrective eye surgery, please have them contact one of the following staff members to be added to our deferred services list for assistance in 2017.

Some services have longer wait times and some limitations apply, but we will be happy to assist you and answer any questions you may have. Please call:

- Tauni McCammon at 503-879-1406 or tauni.mccammon@grandronde.org;
- Erica Mercier at 503-879-2080 or erica.mercier@grandronde.org;
- Melody Baker at 503-879-2011 or melody.baker@grandronde.org.

Pharmacy in transition

The Grand Ronde Health & Wellness Pharmacy is currently in a staff and process improvement transition. We are working hard to improve service delivery to our patients.

Please have patience if wait times are slightly longer than usual.

Tribal optometrist awarded fellowship

Dr. Linda Kit, an optometrist at the Grand Ronde Health & Wellness Center, was awarded a fellowship in the American Academy of Optometry during the 95th annual meeting of the academy held Nov. 9-12 in Anaheim, Calif.

Professionals who become fellows must complete a rigorous candidacy process that includes submitting extensive written work and passing of an oral exam. A panel of leading optometrists and vision scientists must approve both the written work and oral exam.

Less than 10 percent of practicing optometrists are admitted as fellows.

Highlights of the meeting included almost 250 hours of continuing education courses, scientific presentations and an exhibit hall with more than 150 companies exhibiting. More than 7,700 vision care professionals attended.



Grand Ronde Health & Wellness Pharmacy

Please be advised for:

Refill Requests

In order to best serve you, please note the following time requirements for your refill requests:

(Valid) Refills remaining – 48-72 hours

NO refills remaining – up to 7 days*

*This allows us time to coordinate and correct any needs that may exist for your refill

PLEASE LET US KNOW IF YOU WILL BE OUT BEFORE THIS TIME FRAME ON A MAINTENANCE MEDICATION SO THAT WE CAN BEST ACCOMMODATE YOUR NEEDS.

Thank you for allowing us to serve your prescriptions needs.

*Sincerely,
Your Pharmacy staff*



Are you frustrated with your diabetes control?

Do you have questions about diabetes?

Do you need help managing your diabetes?

If so...

Call the Medical Clinic today at 503-879-2002

To schedule an individual diabetes education appointment

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Diabetic Foot Care
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