

Name changes in Tribal Court

Tribal Court provides both minor and adult name changes to enrolled members for a filing fee of only \$30.

If you have any questions or would like to request a packet, contact Tribal Court at 503-879-2303. ■

A HEALTH TEXT MESSAGING SERVICE FOR AMERICAN INDIAN AND ALASKA NATIVE TEENS AND YOUNG ADULTS

WE R NATIVE

For weekly health tips, contests, and life advice
text **NATIVE** to 24587

Please encourage young people in your community to sign up.

Topics include:

- Dating, Relationships
- Wellness and Lifestyle
- Family Relationships
- Mental Health
- Tobacco, Drug and Alcohol
- Education and Training
- Career Advice
- Sexual Health
- HIV and STI Testing
- Stress Management
- Getting Help
- Making your own decisions
- Native history and traditions
- Native language and culture
- Native art and crafts
- Native music and dance
- Native sports and recreation
- Native food and nutrition
- Native clothing and fashion
- Native jewelry and accessories
- Native home decor and interior design
- Native travel and tourism
- Native business and entrepreneurship
- Native community and social services
- Native education and research
- Native history and archaeology
- Native linguistics and anthropology
- Native law and justice
- Native politics and government
- Native science and technology
- Native social and behavioral sciences
- Native studies and interdisciplinary research
- Native culture and heritage
- Native identity and self-determination
- Native sovereignty and self-governance
- Native nationhood and international relations
- Native environmental and natural resource management
- Native economic development and entrepreneurship
- Native education and workforce development
- Native health and wellness promotion
- Native arts and cultural preservation
- Native language revitalization and education
- Native history and heritage preservation
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- Native health and wellness promotion
- Native arts and cultural preservation
- Native language revitalization and education
- Native history and heritage preservation

WE R NATIVE

Melinda D. Mathews

Is turning 25 on Nov. 27!
Happy birthday!
We love you to the moon
and back.



Best birthday wishes to
**Angel Dawn
Simmons Mathews**
turning 4 on Nov. 25.
We love you so very much
and we're so proud.
Love always,
Dad, Melinda, Baylee, grandma
Laquita and Papa Bill.

THINKING to **BUY** OR **SELL** A Home Today? **CALL TODAY!!!**

- We work great with first time home buyers!
- **Tribal Members** - tribe will match up to \$10K down for qualified first time home buyers!
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Chris Hofenbredl
Real Estate Broker
Email: chofenbredl@yahoo.com

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Paid ad

KEEP SALMON OFF DRUGS

PROTECT SALMON AND WATERWAYS

Take unused prescriptions to local law enforcement agencies or collection facilities for safe disposal

OREGON RESIDENTS:
<https://public.health.oregon.gov/HealthyEnvironments/DrinkingWater/SourceWater/Pages/takeback.aspx>

Flushing prescription drugs down the toilet puts aquatic life at risk. Salmon need clean water to survive, and these chemicals have harmful effects on behavior, growth, and reproduction. Dispose of drugs properly and keep salmon habitat healthy.

COLLEGE VISIT

CLACKAMAS COMMUNITY COLLEGE & PORTLAND ZOO

ALL NATIVE YOUTH GRADES 6-12

NOVEMBER 21, 2016

SIGN UP @ ADULT EDUCATION
CALL 503-879-2282 FOR MORE INFORMATION