



Karsen Towner gets a sealant hardened on his teeth by Tribal Dentist Erin Lange and Tribal Dental Assistant Donnette Spaulding during the Health Fair.

Photos by Michelle Alaimo

Health Fair

On Friday April 1, the Tribe's Dental, Medical and Community Health departments held a Health Fair for the Tribe's Youth Education K-5 students at the Grand Ronde Health & Wellness Center. Dental conducted screenings, cleanings, sealants and fluoride varnish applications and Medical and Community Health ran activities for youth. Eight youth received dental screenings.

Joshua Beeks picks what color jump rope he wants from Maria Scholten, as Jeannette Cavan looks on, during the Health Fair. Scholten and Cavan are both nurses in the Medical Clinic.



Adult Foster Program

"A Place To Call Home"



The Tribe's Adult Foster Care lodges are committed to offering quality care to our Elders and helping them remain as independent as possible, while providing the personalized assistance they need. At our lodges, a wide range of services is available in a comfortable setting where privacy is respected and maximum independence is supported. For information, contact Adult Foster Program Director Kari Culp at 503-879-1694. ■

Child raising workshop scheduled

Juliette's House Child Abuse Intervention Center will hold a "How to Raise a Child Without Raising a Hand" workshop from 4 to 6 p.m. Thursday, April 28, in Room 118A of the Employment Services building on the Tribal campus, 9615 Grand Ronde Road.

The free workshop will be open to parents, teachers, educational staff, childcare providers, social workers, community members and the general public.

Dr. Peg Miller, a pediatrician and medical director at Juliette's House, will talk about ways to raise a child using positive parenting techniques. A panel from Juliette's House also will share ideas on how to recognize and prevent child abuse, alternatives to spanking and ways to teach a child the difference between safe and unsafe touches.

Door prizes and light refreshments will be available. Childcare will be offered in the Tribal Preschool.

For more information, contact Health and Family Partnership Coordinator Rebecca Knight at 503-879-2159. ■

WIC visits Health & Wellness Center

Pregnant? Breastfeeding? Does your family include a child under the age of 5? If so, you may qualify for the Women, Infants and Children program. With WIC, people can receive answers to nutritional questions and access fruits and vegetables, whole grains, eggs, milk, cheese, juice, cereal and more. A WIC representative visits the Health & Wellness Center on the first and third Tuesday of the month, which would be April 19 and May 3.

Walk-ins are welcome between 8:45 and 11 a.m. When WIC clients arrive at the Health & Wellness Center, they should enter through the Wellness Department located at the back of the medical wing. For more information or to schedule an appointment, call 503-623-8175, ext. 2297. ■