

Kick the Habit.

Call these numbers for free from anywhere in Oregon:
1-800-QUIT-NOW (1-800-784-8669)

Español: 1-877-2NO-FUME (1-877-266-3863)

TTY: 1-877-777-6534

Or register online at: www.quitnow.net/oregon/

Native Caring Conference slated

PENDLETON – The 11th annual Native Caring ... A Conference to Learn, Connect & Share will be held Wednesday and Thursday, April 20-21, at the Wildhorse Resort and Casino in Pendleton.

The conference, hosted by the Confederated Tribes of Umatilla Indian Reservation, will give caregivers of Native Elders and relative caregivers of children a chance to attend valuable workshops that will enhance caregiving skills and provide a break from their daily responsibilities.

For more information, contact Ben Bearchum Jr. at 541-278-7533 or Lindsey Watchman at 541-278-7560. ■

Wednesday, April 6, 2016 1:30 pm – 4:30 pm GOODWILL JOB CONNECTION

will be at the
**HR employment building
9615 Grand Ronde Rd.
Grand Ronde, OR 97347**

- Open enrollments
- Help in the job search
- Resume making class
- Job leads

For questions call

Kevin Kopsa 503-474-3813
Elizabeth Adams 503-472-4318
Kalene Contreras 503-879-2165

Learn about Broccoli and Everything Salad and Baked Zucchini Sticks! Free Hands-on Cooking Class



Broccoli and Everything Salad



Baked Zucchini Sticks

Tuesday, April 19

5:30 p.m.

Iskam Mək^hMək-Haws

9675 Grand Ronde Road, Grand Ronde, OR 97347

Sign up TODAY!

Call Francene Ambrose, coordinator at 503-879-3663 or
fambrose@marionpolkfoodshare.org



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Children & Family Services 3-on-3

Join us for a fun night of basketball to support safe and happy childhoods & healthy families for Child Abuse Prevention Month!

Friday, April 22 5:30pm

3 -on- 3 Basketball

More fun!

at the CTGR Tribal Gym

3 Point Shoot-Out

**2 Divisions: 6th-8th
& 9th-12th Grades**

**Divisions: 5th Grade &
under, 6th-8th,**

Register by April 19th!

9th-12th & Adults

(registration not required)

**Get your 4 players together and
register at the CTGR Community Service Center or
call Mike Barry at 503-879-1646.**

...Fun...Prizes...Snacks...& Great Info!



Confederated Tribes of Grand Ronde
Children & Family Services
9615 Grand Ronde Road, Grand Ronde, OR 97347

Please call Amanda Mercier at
503-879-2039 with any questions.



Hunting & Fishing Lifeways of the Grand Ronde People

Who: All Grand Ronde Tribal members.

What: We would like to record your family's hunting and fishing stories for inclusion in the Tribe's cultural and historical collections.

Where: Chachalu: Tribal Museum and Cultural Center

When: Starting September 1st, 2015

How: Contact Stacey Runningbird @ 503-879-2381

