



With possession of the double ball, Aspen Wilson makes a run toward the goal while playing a game of double ball during the Confederated Tribes of Grand Ronde Youth Wellness Day held on Friday, March 18, in the Tribal gym. About 30 youth participated in the annual event that teaches them tools to balance spiritual, emotional, mental and physical health for overall wellness.

Youth Wellness Day



Hailey Lewis-Little, left, uses her scissors sign to cut Sophia Morningstar Stewart's paper sign in an ice breaker game of rock-paper-scissors during the Confederated Tribes of Grand Ronde Youth Wellness Day held on Friday, March 18.

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Camas Gibbons works a circle on to a stick in a relay during the Confederated Tribes of Grand Ronde Youth Wellness Day held on Friday, March 18.

Photos by Michelle Alaimo