

Letters

Dear Smoke Signals:

As a Tribal member who votes in every election, I do remember many of our current Tribal Council members running on ethics and transparency. When leaders push for the membership having to vote on bundled enrollment proposals, I do have to question the reasoning behind it. Why not just make it easy and separate matters? It seems to me like the most appropriate and honest way to go about it.

Rex D. Haller
Roll #905

Free online learning source

The information includes:
 Everyday life
 Math and money
 Computer training
 Online classes
 Work and career information
 Check it out at www.gcflearnfree.org

Adult Members' Trust and Minors' Custodial & Rabbi Trust Funds

Investments in the Adult Members' Trust Fund and the Minors' Custodial and Rabbi Trust Funds are updated each business day. If you are a trust participant and/or if you are the parent/guardian of a minor member, you can access and review your balance and your minor child's balance by visiting www.401Save.com. To log-in, the initial User ID is your (or your child's) Social Security number, and the initial Password is "00" followed by your (or your child's) membership number. Once logged in, you can customize your User ID and password for security purposes. If you have any trouble logging in to or using the system, contact the 401Save Call Center at 1-888-700-0808 between 9 a.m. and 5 p.m. Pacific Time, Monday through Friday. ■

KEEP SALMON OFF DRUGS

PROTECT SALMON AND WATERWAYS

Take unused perscriptions to local law enforcement agencies or collection facilities for safe disposal

OREGON RESIDENTS:
www.deq.state.or.us/lq/sw/hhw/pharmaceuticals.htm

Flushing prescription drugs down the toilet puts aquatic life at risk. Salmon need clean water to survive, and these chemicals have harmful effects on behavior, growth, and reproduction. Dispose of drugs properly and keep salmon habitat healthy.

True Fitness for your heart

Test how far you've come with your fitness level and join the Recreation Department in walking for your heart fitness beginning in February.

For those interested, you must sign-up by Friday, Jan. 15, 2016

Monthly awards given to the following achievements:

- Mid-day Movers— Individual or team steps or miles taken in the Noon - 1 p.m. lunch hour
 - Most amount of individual steps per day
 - The most amount of individual miles in a day
 - The most amount of team miles and steps in a day
- No more the 3 on a team.

Information must be submitted at the end of each day for it to count. May use free pedometer apps on your phones or pedometers provided by Recreation Department.

More Information contact
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 or
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