

Tribal member takes 12th at duathlon championships

Tribal member Diane Smith of Hillsboro took 12th place in her age group, 45 to 49, at the ITU World Championships duathlon held Oct. 14-18 in Adelaide, Australia.

Smith finished 12th in her age group, 61st out of 182 women who participated and 340th out of 562 overall participants.

A duathlon requires athletes to run a 10K (6.2 miles), bike 40 kilometers (about 25 miles) and then run another 5K (3.1 miles) in one day. Smith's event occurred on Oct. 18.

She finished with a cumulative time of 2 hours, 24 minutes and 2 seconds.



Submitted photo

Tribal member Diane Smith of Hillsboro took 12th place in her age group, 45 to 49, at the ITU World Championships duathlon held Oct. 14-18 in Adelaide, Australia. Smith finished 12th in her age group, 61st out of 182 women who participated and 340th out of 562 overall participants.

St. Michael's offers brunch

St. Michael's Catholic Church offers an open house brunch every Sunday following Mass. The brunch is free to the community.

Brunch begins at about 11:30 a.m. following the 10:30 a.m. Mass. Mass attendance is not required for brunch attendance. For more information, contact Janelle Justen at 503-550-0923. ■

Family Tutoring Nights

"Come help grow your child's education"

Thursday evenings 5:30 to 7 p.m.

Nov. 19, Dec. 3, Dec. 10

Youth Education K-12 Building

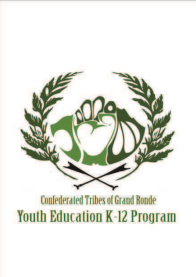
Activities include:

- Healthy Family Dinner
- YED Computer Lab access
- Tutorial assistance
- Homework support
- Literacy skill building
- Lots of PRIZES

Free transportation is available for Native American youth and their parents that live in the Willamina and Grand Ronde area

Please contact Contact Andrea at 503-879-2162 by 4 p.m. if your family would like transportation.

For more Information Please contact Youth Education at 503-879-2101



Tribal flag to be raised

The Grand Ronde Tribal flag will be raised at Willamina High School at noon Monday, Nov. 16.

There will be a short celebration held for kindergarten through fifth-grade students and another for sixth- through 12th-grade students. During the celebration, Tribal member Angela Fasana, who suggested the idea to the Willamina School District earlier this year, will give a short presentation on what the flag means to the Grand Ronde Tribe and its importance. The Tribe's Culture Department and Canoe Family will attend to drum, sing and dance as well. About one-third of the students in the Willamina School District identify as Native American, and most of them are Grand Ronde Tribal members. ■

PATHWAYS TO SUCCESS

Tentative College Visits:

- October 9th, 2015: **University of Oregon**
- October 30th, 2015: **Mt. Hood Community College**
- November 24, 2015: **Oregon State University**
- January 25th, 2016: **Chemeketa Community College**
- April 1st, 2016: **Western Oregon University**



Financial Aid Nights:

October 28th, 2015: FAFSA/Financial Aid Night and Dinner

- WHO:** All community members are welcome
- WHAT:** Information will be presented about the FAFSA, scholarships, and local colleges/universities. Food and refreshments will be provided to those that attend.
- WHEN:** October 28th at 6pm
- WHERE:** Willamina High School Cafeteria

December 16th, 2015: FAFSA Assistance Session and Dinner

- WHO:** All community members are welcome
- WHAT:** At this session there will be people to assist in the process of filling out the FAFSA. This session is meant to help you get a jump start on filling out the FAFSA that is due in January. Food and refreshments will be provided to those who attend.
- WHEN:** December 16th, 2015
- WHERE:** Willamina High School Cafeteria

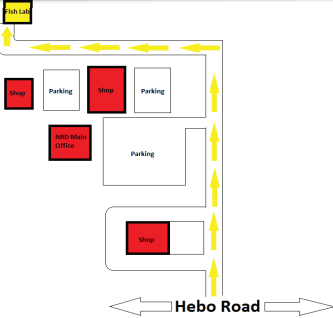
ADDITIONAL FISH HAS BEEN ACQUIRED
PLEASE JOIN US FOR A SPECIAL

CTGR FISH DISTRIBUTION

NATURAL RESOURCES DEPARTMENT
FISH LAB
47010 S.W. HEBO ROAD
GRAND RONDE, OREGON 97347
503-879-2424

GRAND RONDE LIVING AND ENROLLED TRIBAL MEMBERS
MUST SHOW CURRENT PHOTO I.D.

Thursday, Dec. 10 - 10 a.m. – 5:30 p.m.
Friday, Dec. 11 - 10 a.m. – 5 p.m.



If picking up for others, a signed release form will be required!
No early or late pickup
Fish will NOT be mailed

If you have any questions please call the Natural Resources Department 503-879-2424.

Elders will have a special line established to expediently fill their requests. To ensure this, only Elder orders will be filled using this line. Thank you for understanding and consideration of others.

PORTLAND SATELLITE OFFICE DISTRIBUTION

There will be No deliveries to Portland Satellite office.

2015 SALMON DISTRIBUTION RELEASE FORM

I _____, roll number _____

give _____ permission to pick up my salmon.

Signature of Tribal member: _____ Date: _____