



HEALTH & WELLNESS NEWS

Grand Ronde Health & Wellness Center Lab/X-ray hours

Monday, Tuesday, Wednesday & Friday:
8:30 a.m. to 5:15 p.m. – closed 12:30-1:30 p.m.
Thursday: 9:30 a.m. to 5:15 p.m. – closed 12:30-1:30 p.m.

SEEKING INFORMATION!

We are looking for information from Tribal members concerning services you may need, but currently **ARE NOT** receiving.

We are specifically asking about:

- Hearing aids;
- Additional funding for orthodontics (braces);
- Glasses;
- Dental services;
- Lasik eye surgery.

We will be gathering this information for a few months, so if you are aware of family members or friends who are enrolled Grand Ronde Tribal members who need these services, please contact PRC staff at:

- Tauni McCammon – 503-879-1406
- Erica Mercier – 503-879-2080
- Melody Baker – 503-879-2011
- Tresa Mercier – 503-879-2008

This applies to all enrolled Grand Ronde Tribal members, regardless of where they reside.

Important Tribal member Information IBH – Integrated Behavioral Health

If you are a Grand Ronde Tribal member with the Skookum Health Assistance Program and need to access mental health and/or substance abuse provider services, you need to call Integrated Behavioral Health before accessing those services.

IBH has been in place with SHAP for several years now, but it has become apparent that Tribal members are not accessing care through IBH as often as they should. When you call IBH, they will assist you in finding an appropriate provider for your needs. They will refer you to an in-network provider, which is very important to ensure your claims are paid.

Purchased/Referred Care does not pick up out-of-pocket costs when members use an out-of-network provider.

Please call IBH at 1-800-395-1616 to coordinate mental health and/or substance abuse services to ensure payment is made.

As always, you can contact any Save Our Skookum Team member and we will help answer your questions at 1-800-775-0095.

- Tresa Mercier
- Barbara Steere
- Melody Baker
- Tauni McCammon
- Erica Mercier
- Sydney Clark
- Loretta Meneley

Skookum Health Assistance Program for newborns

Newborns are covered for the first 30 days under the Tribal member parent mother/father ID number on their Skookum Health Assistance Program card.

Step 1: Parents will need to notify Shasta at 800-880-5877 or Barbara Steere at 800-749-2928. Once our office has been notified, an Individual Registration Form will be sent to the parents.

Step 2: Since 2013, we have asked that all Tribal members apply for state coverage in the state in which you live for the newborn or anyone who does not have primary coverage. Please send in the proof that you have applied for the baby.

Step 3: Parents will need to apply for a Social Security number and obtain a birth certificate right away and contact the Enrollment Office to inquire about the process to get the newborn enrolled as a Tribal member.

Step 4: Once you have received the Individual Registration Form and filled it out front and back, signed and dated, send it back to the following address: Skookum Health Assistance Program, Attn: Barbara Steere, 9605 Grand Ronde Road, Grand Ronde, OR 97347.

Should you have any questions or concerns, contact Steere at 503-879-2487 or 800-749-2928.

Don't get caught without your medication

Grand Ronde Health & Wellness Center Pharmacy hours:
8:30 a.m. to 5:30 p.m.; closed 12:30 to 1:30 p.m.
Monday, Tuesday, Wednesday and Friday.
9:30 a.m. to 5:30 p.m.; closed 12:30 to 1:30 p.m. Thursday.
REFILL LINE: 503-879-2342

If you suffer from: neck or back pain, headaches, have been injured or seek wellness care for your family, chiropractic care may benefit you!

CALL (971) 266-3450 or go to nunleychiropractic.com to schedule an appointment!



*We accept most insurance, including the Shasta tribal plan in addition to cash patients.

AVAILABLE TREATMENTS:
-spinal & extremity adjustments
-soft tissue massage
-trigger point therapy
-hot packs
-therapeutic ultrasound
-electric muscle stimulation
-therapeutic exercises

Dr. Ashley Nunley, DC is a Grand Ronde tribal member providing chiropractic care at:

Grand Ronde Health & Wellness:
9-5 every Mon & Wed
Portland Satellite Office:
9-5 every Tuesday



Grand Ronde Dental Clinic

Eric Webster DDS • Erin Lange DMD

Mon, Tues, Wed and Fri

8 A.M. - 5 P.M.

Thursday 9:30 A.M. - 5 P.M.

Closed for lunch 12:30 A.M. -1:30 P.M.

Emergency Hour: Mon, Tues, Wed, Fri 8 A.M. Thurs 9:30 A.M.



Please call for more information about Emergency times
We now offer Cleaning appointments 5 days a week

503-879-2020