12 SEPTEMBER 1, 2014 SMOKE SIGNALS

Casino participating in H.A.M. Food Drive

In recognition of Hunger Action Month, Spirit Mountain Casino is holding a H.A.M. Food Drive to benefit Marion-Polk Food Share by accepting non-perishable food items from Sept. 1 through Sept. 29.

Casino guests who bring in a bag of non-perishable food of three items or more will receive one drawing ticket for weekly cash drawings of \$50 to \$500 with a limit of one ticket per day. Weekly drawings will be held Monday, Sept. 8, 15, 22 and 29, from 11 a.m. to 8 p.m.

Marion-Polk Food Share's 10 most wanted food items are peanut butter, tuna and canned meats, flour, canned vegetables, canned fruit, pasta, shelf-stable dairy, canned tomato products, cereal and canned soups.

"We are excited to partner with Marion-Polk Food Share to help feed local families in need," said Interim General Manager Stan Dillon. "Hunger Action Month is a reminder to everyone that hunger exists in your community. Supporting the efforts to end hunger makes an event like this special to the Spirit Mountain family."

Marion-Polk Food Share is the regional food bank serving Marion and Polk counties through a network of almost 100 hunger-relief partners. As the second largest of 20 regional food banks in the Oregon Food Bank Network, the Food Share collects and distributes nutritional foods to food pantries, meal sites, foster homes, low-income day care centers, shelters and senior housing sites.

Last year, the network charities distributed more than 9 million pounds of food, 113,000 emergency food boxes and 641,000 prepared meals to hungry individuals and families in Marion and Polk counties. ■

Help wanted

The Confederated Tribes of Grand Ronde's 477 Employment and Training Program and Land and Culture Department have resources that can be utilized along with community members who have a passion for gardening or want to learn the art of agriculture. If you are a Grand Ronde Tribal or community member and want to be a part of the planning, preparation and cultivation of the Tribal garden and orchard site for this year's planting season, contact Barbara Gibbons at 800-242-8196, ext. 2135, or e-mail barbara. gibbons@grandronde.org. ■

Stories of Tribal Veterans
Honoring our Warriors

Land & Culture Department
Oral History Project

In honor of our Tribal Veterans, the Tribe would like to memorialize their stories for our future generations.

Who: All Tribal Veterans and their families

What: We would like to record your story for inclusion in the Tribe's

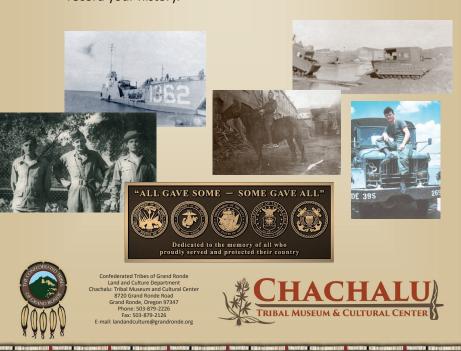
cultural and historical collections.

Where: We have dedicated a room at Chachalu for recording oral histories. It is set up for both audio only and video recordings.

Additionally we have mobile audio equipment for those who wish to participate but are unable to travel to Chachalu.

How: Contact Reina Nelson at 503-879-2226 to schedule a time to

record your history.



Our family would like to invite Tribal members to join us for the celebration of

Sara Griffin's

Coming of Age ceremony. It will be held Sept. 2, 2014, at 1 p.m. in the Tribal plankhouse. Sara is the granddaughter of Christine Voutrin-Parke and the daughter of Jimmy Griffin and Judy Thompkins.

Strengthening Wounded Survivors

Our community healing, building on our strength.

Our circle invites the community to join in healing current or past trauma. Our goals of the eight-week course involve processing and forgiving violence that has personally happened to us. Past hurts to current abusive relationships ... we encourage all people to come and join together in healing.

Following White Bison, Mending Broken Hearts curriculum, we hope to use traditional methods of healing for Native communities. We know our community carries strong values and beliefs that aid in our healing from the multigenerational trauma we have experienced up until current-day hurts.

Generally, domestic violence is a pattern of behavior, including physical violence or sexual violence, by an intimate current or former partner. It is seen in male/female and same-sex partner relationships.

Domestic violence takes many forms and includes a range of actions intended to control: isolation, intimidation, using children, emotional abuse, economic abuse, coercion and threats, minimizing, denying and blaming, cultural abuse, ritual abuse, sexism and sexual abuse.

Sexual violence takes many forms as well, but all acts are intended to control the survivor without their consent or their ability to give consent.

Join us and take an eight-week journey as we discuss completing relationships and completing trauma that has not been resolved.

Location: Grand Ronde Housing Authority, 28450 Tyee Road, Grand Ronde, OR 97347 Dates: Aug. 13 thru Oct. 1 (each Wednesday evening) Times: 5:30-7 p.m.

Ages: 18+ (male or female trauma survivors) For questions or comments, contact Anne Falla, office 503-879-1660 or 24 hours 971-832-0730.

