

Strengthening Wounded Survivors

Our community healing, building on our strength. Our circle invites the community to join in healing current or past trauma.

Our goals of the eight-week course involve processing and forgiving violence that has personally happened to us. Past hurts to current abusive relationships ... we encourage all people to come and join together in healing.

Following White Bison, Mending Broken Hearts curriculum, we hope to use traditional methods of healing for Native communities. We know our community carries strong values and beliefs that aid in our healing from the multigenerational trauma we have experienced up until current-day hurts.

Generally, domestic violence is a pattern of behavior, including physical violence or sexual violence, by an intimate current or former partner. It is seen in male/female and same-sex partner relationships.

Domestic violence takes many forms and includes a range of actions intended to control: isolation, intimidation, using children, emotional abuse, economic abuse, coercion and threats, minimizing, denying and blaming, cultural abuse, ritual abuse, sexism and sexual abuse.

Sexual violence takes many forms as well, but all acts are intended to control the survivor without their consent or their ability to give consent.

Join us and take an eight-week journey as we discuss completing relationships and completing trauma that has not been resolved.

Location: Grand Ronde Housing Authority, 28450 Tyee Road, Grand Ronde, OR 97347

Dates: Aug. 13 thru Oct. 1 (each Wednesday evening) Times: 5:30-7 p.m.

Ages: 18+ (male or female trauma survivors)

For questions or comments, contact Anne Falla, office 503-879-1660 or 24 hours 971-832-0730.

Our family would like to invite Tribal members to join us for the celebration of **Sara Griffin's** Coming of Age ceremony. It will be held Sept. 2, 2014, at 1 p.m. in the Tribal plankhouse. Sara is the granddaughter of Christine Voutrin-Parke and the daughter of Jimmy Griffin and Judy Thompkins.

Domestic and Sexual Violence Prevention Program development update

During the course of my last three months, I've asked the people of Grand Ronde what they want of my position and I have tried to gather a clearer picture of the community need. With all of the input I have gathered I know that the need is great, but I am encouraged that people seem ready to heal, to be honest, to come forward and to live more healthy lives.

With that stated, we have a core group of community members who want to volunteer, support and be there for the survivors coming forward. I love this enthusiasm, but I want volunteers within this program to be educated on advocacy, confidentiality and the basics of domestic and sexual violence before I let them graduate into volunteer advocates.

We've decided to host a one-hour training session each Monday and Wednesday from noon-1 p.m. in the Adult Education building in Room 124. They understand they are a small group of volunteers, just 15 strong, so they've agreed to invite the community into our trainings. The more the merrier (we've joked), but the more educated our community is the better we all understand healthy versus unhealthy versus abuse.

- The schedule (30 hours of advocacy volunteer training) Aug. 4 to Nov. 19 (no meeting Sept. 1)
- Week 1 topic:** Volunteerism and basic advocacy
- Week 2 topic:** Oppression, Sexism, Racism, etc.
- Week 3 topic:** Domestic Violence 101
- Week 4 topic:** Sexual Assault 101
- Week 5 topic:** Children and Youth and Violence
- Week 6 topic:** Stalking and Human Trafficking
- Week 7 topic:** Safety planning, Crisis Line techniques, vicarious trauma, self-care
- Week 8 topic:** Historical trauma, what it means to be trauma informed
- Week 9 topic:** Legal stuff (Crime Victims Rights, Restraining Orders, Address Confidentiality, etc.)
- Week 10 topic:** Domestic Violence Awareness Month Community Projects
- Week 11 topic:** Ethics, Boundaries, Lethality Assessment Program
- Week 12 topic:** Elder abuse, people with disabilities, LGBTQ clients
- Week 13 topic:** Local resources- shelter/food banks/etc.
- Week 14 topic:** (open to volunteers to decide what they want more training on)
- Week 15 topic:** Graduation, celebration

We hope to see you there! (If big groups or certain departments decide to send bulk groups- please let me know in advance)
Anne Falla
Domestic Violence Program coordinator

What is an internship?

An internship (full-time/part-time) is a real-world experience related to your career goals and interests. It may, but does not have to be related/connected to your academic major or minor. Internships can be done during the academic semester and/or summer.

There are several varieties of internships: some are paid, some are not and some offer credit toward graduation (from Stonybrook University's Career Center).

Internships can be what helps you stand out in your job interviews after college. Most employers look for a combination of formal education and experience.

Not only are you gaining valuable hands-on experience, you are also networking and making connections to professionals in your future career field. CTGR Higher Education encourages students to explore internship opportunities to supplement their college education. ■

Stories of Tribal Veterans Honoring our Warriors



Land & Culture Department
Oral History Project

In honor of our Tribal Veterans, the Tribe would like to memorialize their stories for our future generations.

- Who:** All Tribal Veterans and their families
- What:** We would like to record your story for inclusion in the Tribe's cultural and historical collections.
- Where:** We have dedicated a room at Chachalu for recording oral histories. It is set up for both audio only and video recordings. Additionally we have mobile audio equipment for those who wish to participate but are unable to travel to Chachalu.
- How:** Contact Reina Nelson at 503-879-2226 to schedule a time to record your history.



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