

### Strengthening Wounded Survivors

Our community healing, building on our strength. Our circle invites the community to join in healing current or past trauma.

Our goals of the eight-week course involve processing and forgiving violence that has personally happened to us. Past hurts to current abusive relationships ... we encourage all people to come and join together in healing.

Following White Bison, Mending Broken Hearts curriculum, we hope to use traditional methods of healing for Native communities. We know our community carries strong values and beliefs that aid in our healing from the multigenerational trauma we have experienced up until current-day hurts.

Generally, domestic violence is a pattern of behavior, including physical violence or sexual violence, by an intimate current or former partner. It is seen in male/female and same-sex partner relationships.

Domestic violence takes many forms and includes a range of actions intended to control: isolation, intimidation, using children, emotional abuse, economic abuse, coercion and threats, minimizing, denying and blaming, cultural abuse, ritual abuse, sexism and sexual abuse.

Sexual violence takes many forms as well but all acts are intended to control the survivor without their consent or their ability to give consent.

Join us and take an eight-week journey as we discuss completing relationships and completing trauma that has not been resolved.

**Location: Grand Ronde Housing Authority,  
28450 Tyee Road, Grand Ronde, OR 97347**

**Dates: Aug. 13 thru Oct. 1 (each Wednesday evening)  
Times: 5:30-7 p.m.**

**Ages: 18+ (male or female trauma survivors)**

**For questions or comments, contact Anne Falla, office  
503-879-1660 or 24 hours 971-832-0730.**

### Adult Members' Trust and Minors' Custodial & Rabbi Trust Funds

Investments in the Adult Members' Trust Fund and the Minors' Custodial and Rabbi Trust Funds are updated each business day.

If you are a trust participant and/or if you are the parent/guardian of a minor member, you can access and review your balance and your minor child's balance by visiting [www.401Save.com](http://www.401Save.com).

To log-in, the initial User ID is your (or your child's) Social Security number, and the initial Password is "00" followed by your (or your child's) membership number. Once logged in, you can customize your User ID and password for security purposes.

If you have any trouble logging in to or using the system, contact the 401Save Call Center at 1-888-700-0808 between 9 a.m. and 5 p.m. Pacific Time, Monday through Friday. ■

### Domestic and Sexual Violence Prevention Program development update

During the course of my last three months, I've asked the people of Grand Ronde what they want of my position and I have tried to gather a clearer picture of the community need. With all of the input I have gathered I know that the need is great, but I am encouraged that people seem ready to heal, to be honest, to come forward and to live more healthy lives.

With that stated, we have a core group of community members who want to volunteer, support and be there for the survivors coming forward. I love this enthusiasm, but I want volunteers within this program to be educated on advocacy, confidentiality and the basics of domestic and sexual violence before I let them, graduate into volunteer advocates.

We've decided to host a one-hour training session each Monday and Wednesday from noon-1 p.m. in the Adult Education building in Room 124. They understand they are a small group of volunteers, just 15 strong, so they've agreed to invite the community into our trainings. The more the merrier (we've joked), but the more educated our community is the better we all understand healthy versus unhealthy versus abuse.

The schedule (30 hours of advocacy volunteer training)

Aug. 4 to Nov. 19 (no meeting Sept. 1)

**Week 1 topic:** Volunteerism and basic advocacy

**Week 2 topic:** Oppression, Sexism, Racism, etc.

**Week 3 topic:** Domestic Violence 101

**Week 4 topic:** Sexual Assault 101

**Week 5 topic:** Children and Youth and Violence

**Week 6 topic:** Stalking and Human Trafficking

**Week 7 topic:** Safety planning, Crisis Line techniques, vicarious trauma, self care

**Week 8 topic:** Historical trauma, what it means to be trauma informed

**Week 9 topic:** Legal stuff (Crime Victim's Rights, Restraining Orders, Address Confidentiality, etc.)

**Week 10 topic:** Domestic Violence Awareness Month Community Projects

**Week 11 topic:** Ethics, Boundaries, Lethality Assessment Program

**Week 12 topic:** Elder abuse, people with disabilities, LGBTQ clients

**Week 13 topic:** Local resources- shelter/food banks/etc

**Week 14 topic:** (open to volunteers to decide what they want more training on)

**Week 15 topic:** Graduation, celebration

We hope to see you there! (If big groups or certain departments decide to send bulk groups- please let me know in advance)

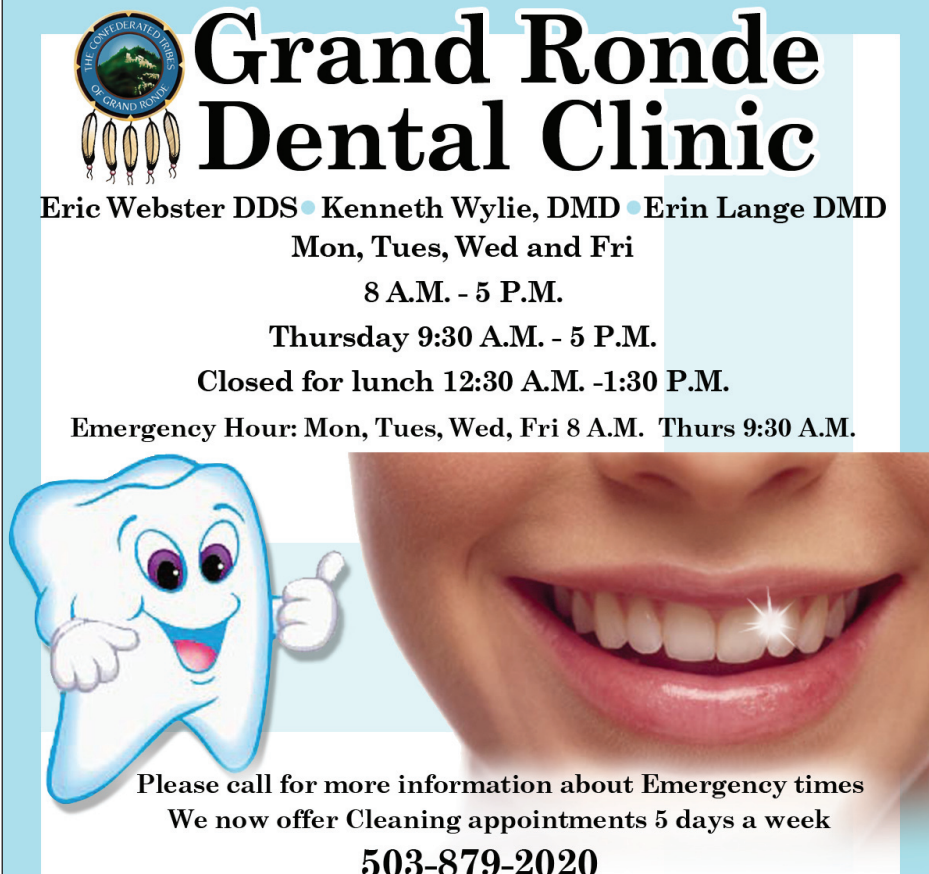
**Anne Falla**

Domestic Violence Program coordinator

## CTGR Higher Education Program deadlines set

There are now only two Higher Education programs depending on whether you are full-time or part-time. The deadline for the Full-Time College program is at least 30 days before the start of classes. The deadline for the Part-Time College program is at least 10 days before the start of class.

Visit the Tribal website for more program information and an application. [www.grandronde.org/departments/education/higher-education/](http://www.grandronde.org/departments/education/higher-education/) ■



**Grand Ronde Dental Clinic**  
 Eric Webster DDS • Kenneth Wylie, DMD • Erin Lange DMD  
 Mon, Tues, Wed and Fri  
 8 A.M. - 5 P.M.  
 Thursday 9:30 A.M. - 5 P.M.  
 Closed for lunch 12:30 A.M. - 1:30 P.M.  
 Emergency Hour: Mon, Tues, Wed, Fri 8 A.M. Thurs 9:30 A.M.  
 Please call for more information about Emergency times  
 We now offer Cleaning appointments 5 days a week  
**503-879-2020**

Ad created by George Valdez



**Phagan Beauty School Visit**  
 WHEN: Thursday, July 17  
 LEAVING Youth Education by 9:45AM  
 RETURNING to Youth Education by 3:00PM  
 Visit Salem Phagan Beauty school, audit a class, visit a real life salon  
 CONTACT Kendra Steele for permission slips and sign ups  
[kendra.steele@grandronde.org](mailto:kendra.steele@grandronde.org);  
 503-879-1921