## TRIBAL YOUTH PREVENTION CORNER

As summer approaches youth will have spare time to be involved in their community. During this time they can also be "bored," feeling as though there is nothing to do. Here is some information on underage drinking and the important role you play as the parent/guardian.

e ge kayunink-skukum ntsayta tiikaa

Talk. They hear you. Substance Abuse and Mental Health Services Administra-

tion's underage drinking prevention campaign helps parents and caregivers start talking to their children early — as early as 9 years old — about the dangers of alcohol. Please start and continue talking with them about the dangers of drinking alcohol at a young age. Parents and caregivers: You are the leading influence in your child's decision not to drink. This website, where the above information came from,

has a lot of resources to help guide the conversation with your youth(s): http://beta.samhsa.gov/underage-drinking/parent-resources.

A website for youth to visit is the Above the Influence campaign. This website is geared toward youth on a variety of topics, including mental health promotion, helping friends, substance abuse facts and resources on how to stay above the influence. The website is http://abovetheinfluence.com.

To get your youth involved in the Youth Prevention Program, contact Lisa Leno at 503-879-1471, Amber Mercier at 503-879-2162, Shannon Stanton at 503-879-1489 or Cristina Lara at 503-879-2040. Please "like" our Facebook page-Grand Ronde Youth Prevention- for information and upcoming events.

"To the Creator: Give us the strength, the courage, the compassion and the confidence to do the right thing." – Pete Conway, former Billings Indian Health Service director.

	June 2014 Schedule	
Apri 23-June 4, 2014	Strengthening Families Program	Amber Mercier (503) 879-2162
3-Jun-14	Healthy Relationship Workshop @CC 9-3pm	Cristina Lara (503) 879-2040
5-Jun-14	Chachalu Museum Opening/ Dept. Information	Cristina Lara (503) 879- 2040
7-Jun-14	Shawash ili?i Kanim Tilixam @Tribal Gym 12-4pm	Lisa Leno (503) 879-1471
6-Jun-14	Last Day for SYE Applications	Human Resources (503) 879-2109
14-Jun-14	Shawash ili?i Kanim Tilixam @Tribal Gym 12-4pm	Lisa Leno (503) 879-1471
19-Jun-14	Family Night Out @Old Powwow Grounds 5-8pm	Lisa Leno (503) 879-1471
June 21-July 21, 2014	Canoe Journey	Cristina Lara (503) 879-2040
June 23-27, 2014	Thrive Conference	Amber Mercier (503) 879-2162
27-Jun-14	Family Movie Night- The Lego Movie	Shannon Stanton (503) 879-1489

## FREE PROFESSIONAL HEARING SCREENINGS

Are you hearing as well as you should be?
Have you wondered if you may need hearing aids?
Please join Community Health for free hearing screenings provided by Miracle-Ear N.W.
on Monday, June 23, at the Elders
Activity Center building

located at 48940 Blacktail Drive in Grand Ronde.
Open to all community Elders to participate free of charge. Please call to schedule an appointment time 503-879-2078. Snacks and beverages provided by the Nutrition Program. Each participant will be entered into a drawing.

## **Diabetes support group**

Control Your Diabetes. For life.

Please join Community Health for the Diabetic Support Group on June 17 starting at 11 a.m.

At the Community Center in Grand Ronde Call for more information 503-879-2078

Healthy meal to follow!



To end domestic violence and sexual assault, we must work to increase our understanding of it and how it hurts the whole community.

For help, information,
volunteer opportunities,
program partnership chances, etc.
Contact:

Anne Falla

(Office) 503 879 1660 (24 hours) 971 832 0730 anne.falla@grandronde.org

Our Community Healing, Building on Our Strength

