

Free online learning source

The information includes:

- Everyday life
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Check it out at www.gcflearnfree.org

Strengthening Families

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Parenting Program for Parents and Youth Ages 10 - 14

Strengthening Families Program

A group for you & your youth to spend quality time together. Each evening is interactive and fun as you learn tools to make a successful transition into the teen years. Youth learn how to effectively negotiate and communicate with parents and friends. While parents learn what is developmentally appropriate for teens so they can set limits and grant privileges.

Led by: **Cristina Lara, Carmen Mercier, Amber Mercier & Amber Amouak**

For parents AND youth 10 to 14 years old
There is no tuition - the class is offered for **FREE!**

Seven Wednesdays, April 23 - June 4

CTGR Adult Education
9615 Grand Ronde Road, Grand Ronde, OR 97347
5-7:30 P.M. (Dinner served starting at 5 p.m.)

FREE DINNER AND CHILD CARE!!!

Space is limited and you, **MUST** register to attend.

Interested? Register at www.midvalleyparenting.org
or call Cristina Lara 503-879-2040



Children & Family SERVICES



Mid-Valley Parenting
PARENTING WITH PURPOSE



Project cost is \$4.6 million

APARTMENTS continued from front page

opment called Chxi Musam Illihi North Apartment complex.

Construction officially begins on Monday, May 19.

Tribal Council, the Tribal Housing Authority board and the Tribal Housing Authority are involved in the process. Architect for the development is Portland-based and Native American-owned Cooper Zietz Engineers Inc. The builder is Corvallis-based Gerding Companies Inc., which also built the second stage of the Elders complex.

"Here we are ... another groundbreaking," said Tribal Council Chairman Reyn Leno. "It started with an idea; Tribal Housing Authority added the detail; Tribal Council approved it as part of the Tribe's mission. The builders are going to bring that vision to life.

"The idea (was and) is still there that we take care of each other. Now, to have our people coming back, that's what the Tribe is all about."

"This is a new beginning," said Tribal Housing Authority Acting Executive Director Brian DeMarco. "We celebrate the commitment of Tribal Council to build this safe and affordable housing for our community."

"It's a dream coming to reality," said Housing Authority Board Chair Regan Dugger.

The project is the first phase of a 48 planned apartments. Funding for the last 28 units has not been secured and many details are yet to be worked out.

The first phase will build five four-plexes holding 20 separate units, each with one one-bedroom and three two-bedroom apartments. The first phase of the development will house 40-45 people and all will be family housing units rented at subsidized rates.

Their construction is a response to a long waiting list of individuals and couples seeking family housing. The goal is to complete the first phase by the end of 2014.

Construction will use structural insulated panels pre-formed to Tribal specifications and then erected "like a jigsaw puzzle," said Joani Dugger, Administrative Program manager at the Tribal Housing Authority. The walls are very thick Styrofoam sandwiched between layers of plywood, which is "the highest quality insulation you can get," said Dugger. "It will greatly reduce heating and cooling costs."

Project cost is \$4.6 million, paid entirely by grants from the federal Department of Housing and Urban Development.

Tribal Council members on hand, in addition to Leno, were Tribal Council Vice Chair Jack Giffen Jr., Jon A. George, Denise Harvey and Ed Pearsall.

Bobby Mercier, Brian Krehbiel, Jan Looking Wolf Reibach and George welcomed the development with drum and song.

Tribal Elder Steve Bobb Sr., a member of the Tribal Housing Authority board, gave the invocation for the approximately 35 people who attended the groundbreaking ceremony. ■

Canoe Camp

Where: **Detroit Lake State Park**

To reserve your camping space visit

www.oregonstateparks.org

When: **May 30-June 1, 2014**

Who: **Transportation is provided for middle and high school youth not traveling with parents.**

Space is limited.

What: **Paddling Saturday and Sunday. Good laughs and meals provided.**

Please contact Shannon Stanton to RSVP by May 27, 2014 at 503-879-1489.

CTGR Recreation Department

Gymnasium-Fitness Center
Hours/Access Updates



Hours of Operation:

6am - 9pm Monday - Friday
8am - 12pm Saturday
Closed Sunday

*Hours of Operation are subject to change without notice due to scheduled events.

Fitness Center Access:

Tribal/Community	6am - 8am & 5pm-9pm (Monday-Friday)	Contact Security
	8am - 5pm (Monday-Friday)	Contact Recreation/YED
	8am - 12pm (Saturday)	Contact Security

*Access is granted to Tribal/Community Members only during the hours above. Everyone who enters the gym or fitness center from 6am-8am & 5pm-9pm must sign-in.

CTGR Employees Access by Employee Badge

*In the event your employee badge does not grant access to the gym after hours, contact Security, show your employee badge, and the officer on duty will let you in.

Age Access Policy: **MUST Be 18 years or older to be in the Fitness Center**
Youth 13-17 may use the Fitness Center with adult supervision (over 18)
Youth 8-12 may access the Fitness Center with adult supervision, but may not use equipment.
Youth ages 7 and under are not permitted in the Fitness Center

Contact information:

Recreation Staff	Recreation Coordinator	(Matt Mosley)	503-879-1369
	Recreation Assistant	(Kendra Steele)	503-879-1921
YED Front Desk	Administrative Assistant	(Tiffany Mercier)	503-879-2101
Security			503-879-2183