

OR 130 bridge work started April 1

PACIFIC CITY – Work started April 1 on painting three heavily rusted bridges over the Nestucca River on OR 130 (Little Nestucca Highway), between state Highway 22 and U.S. 101. Painting is expected to take approximately two months per bridge.

The \$1.5 million project requires complete closure of the bridges, one at a time, beginning with the western-most span at milepost 5.11. Local travelers and residents may access their properties along OR 130, up to either side of the affected bridge. Signs will be placed to indicate which bridge is closed and advance notification and detour signs will be provided to help motorists plan for added travel time and alternative routes.

The protective paint on the bridges, which were built in the early 1950s, is oxidizing and cracking, and portions of the steel trusses lack paint altogether. The repainting will keep the structures from deteriorating to the point of needing to be replaced. The bridges have not been painted since the 1970s.

To get an update on road conditions throughout Oregon, visit www.trip-check.com on the Internet. ■

Adult Members' Trust and Minors' Custodial & Rabbi Trust Funds

Investments in the Adult Members' Trust Fund and the Minors' Custodial and Rabbi Trust Funds are updated each business day.

If you are a trust participant and/or if you are the parent/guardian of a minor member, you can access and review your balance and your minor child's balance by visiting www.401Save.com.

To log-in, the initial User ID is your (or your child's) Social Security number, and the initial Password is "00" followed by your (or your child's) membership number. Once logged in, you can customize your User ID and password for security purposes.

If you have any trouble logging in to or using the system, contact the 401Save Call Center at 1-888-700-0808 between 9 a.m. and 5 p.m. Pacific Time, Monday through Friday. ■

PREVENTION CORNER

Our Family

What does your family like? What are some of your traditions? How do you talk with one another? How does your family talk about alcohol and drugs?

These and other questions we sometimes don't talk about or think about. Our daily lives are filled with interaction with family, community, friends, co-workers, teachers, well, all people. The way we learn to talk, treat and be in the world comes from our family values, traditions and upbringing.

Prevention programs work to strengthen relationships and bonding in the family. There are many ways to do this; each family does it differently and has a different set of values. There are some research-based family skills that you can practice at home to build relationships and also help reduce the chance your youth will use alcohol and drugs.

They are: 1) Build a warm and supportive relationship with your child; 2) Be a good role model when it comes to drinking, taking medicine and handling stress; 3) Know your child's risk level; 4) Know your child's



friends; 5) Monitor, supervise and set boundaries; and 6) Have ongoing conversations and provide information about drugs and alcohol.

Source: *ThePartnershipAtDrugfree.org*, 6 Parenting Practices- Help reduce the chances your child will develop a drug or alcohol problem.

"Research confirms the benefits of parents providing consistent rules and discipline, talking to children about drugs, monitoring their activities, getting to know their friends, understanding their problems and concerns, and being involved in their learning."

Source: *National Institute on Drug Use: Preventing Drug Use Among Children and Adolescents: A Research- Based Guide for Parents, Educators and Community Leaders*, p.19.

To get your youth involved in the Youth Prevention program, contact Lisa Leno at 503-879-1471, Amber Mercier at 503-879-2162, Shannon Stanton at 503-879-1489 or Cristina Lara at 503-879-2040. Please "like" our Facebook page Grand Ronde Youth Prevention for information and upcoming events.

"I think they [our ancestors] would want us all to stand tall for what is right and good. They would want you and me to be seen and heard and make a positive difference wherever we were." — Howard Rainer

Youth Prevention Corner

Date	May 2014 Schedule	Contact
May 5th- 9th	Its your Game: Keep it Real at Willamina School, Tues- Fri	Amber Mercier 503-879-2162
May 2nd	Coming Of Age Lunch Meeting, Community Center noon-1 p.m.	Lisa Leno 503-879-1471
May 7th to June 4th	Strengthening Families Wednesdays at Adult Ed. 5- 7:30 p.m.	Cristina Lara 503-879-2040
May 2nd	Family Movie Night, 6-8 p.m. at Tribal Gym	Shannon Stanton 503-879-1489
May 17th	Young Women's Sweat, Bailey House noon-5 p.m.	Cristina Lara 503-879-2040
May 30 to June 1st	Paddle Trip to Detroit Lake	Lisa Leno 503-879-1471
TBA	Canoe Family Meeting	Lisa Leno 503-879-1471
TBA	Maple Bark Skirt Making Class	Cristina Lara 503-879-2040

West Valley Veterans Memorial Application

Name: _____ PH: _____

Address: _____ City _____ State _____ Zip _____

DOB: _____ Gender: Male / Female (circle) CTGR Tribal: Y / N (circle) If Tribal, roll# _____

DOE _____ Place of Entry _____

DOS: _____ Place of Separation _____

Rank: _____ Branch: _____ Honorable: Y / N (circle)

Deceased: Y / N (circle) DOD: _____ Place of Burial _____

*All applicants must submit a copy of their DD214. If applicant is deceased, a family member or spouse can submit a copy of their DD214. If you are a CTGR Tribal member please attach a copy of your Tribal ID. If you are non-Tribal please attach a copy of a bill/record with your name and address showing you had lived or now reside in Grand Ronde, Willamina or Sheridan. Please send application and all documents to: Grand Ronde Veterans SEB, 9615 Grand Ronde Road, Grand Ronde, OR, 97347. If you have any questions, please call Wink Soderberg at 503-879-4001.