12 FEBRUARY 1, 2014 SMOKE SIGNALS

Family court



Photo by Tony Wecker/courtesy of Portland Trail Blazers

The Grand Ronde Canoe Family performs during halftime of the Portland Trail Blazers game against the Memphis Grizzlies at the Moda Center in Portland on Tuesday, Jan. 28. Unbeknownst to many residents, the city of Portland is in the ceded homelands of the Confederated Tribes of Grand Ronde. Unfortunately, the Blazers lost the game, but Canoe Family members enjoyed their performance and getting to watch the contest.

Wisdom Project seeks Native youth mentors

Wisdom of the Elders is recruiting between two and four Native American youth to serve as mentors for The Wisdom Project, a Native American youth leadership initiative designed to engage Native youth in environmental and climate studies.

Youth will learn about their local ecosystem, consider higher education and careers in science, technology, engineering or math, and serve as peer mentors to middle school youth.

Peer mentors will assist a small team of Native youth during a one-month Summer Field Science Camp being held in Portland in July.

Training will be provided on some weekends March through June.

For an application or to have questions answered, contact Amanda Kelley Lopez at amanda@wisdomoftheelders.org or call 503-775-4014. Applications will be accepted through February.

Native high school and community college youth are invited to apply, including those enrolled in federally recognized Tribes and those who self-identify as Native American. Youth will receive a stipend for participating in the spring training sessions and the summer camp, and will be acknowledged at a community film screening in September.

Looking for scholarships?

There are numerous scholarship opportunities offered for students to apply to each year. The majority of scholarships for fall term/semester are due between January and April of each year.

Don't miss your chance to apply for free money for college! The Tribal Higher Education programs are here to assist you in your application process

You also can utilize a scholarship search engine to help you locate scholarships. If you use a scholarship search site, be sure to read the privacy policy to ensure you are using a site that will not sell your contact information. A recommended search site to use is www.kaarme.com. ■

Recreation Department hosts Walking Club

The Tribal Recreation Department is hosting a Walking Club, which is a competitive and social activity to track steps and miles walked per day.

The club focuses on low-level impact exercise for beginners with the goal of transitioning Walking Club participants into other fitness activities that are offered by the Recreation Department.

Levels of participation vary from individual and team steps, as well as individual and team miles. Teams consist of three individuals.

The Recreation Department encourages people to sign up since it will be an ongoing activity. Pedometers are available to new participants one week after they sign up. At the end of each month, prizes are awarded.

In addition, Weighted Wednesdays are a way for people setting appropriate weight goals to reach their goal by the end of the month. Participants are encouraged to stop by the Youth Education Building to track their weight and body mass index.

Weight is taken privately with only a recreation assistant present and all information is kept confidential. Like the Walking Club, prizes will be awarded each month to those with the most amount of fat percentage lost. For more information or to sign up, contact Recreation Assistant Kendra Steele at 503-879-1921. ■

Adult Members' Trust and Minors' Custodial & Rabbi Trust Funds

Investments in the Adult Members' Trust Fund and the Minors' Custodial and Rabbi Trust Funds are updated each business day.

If you are a trust participant and/or if you are the parent/guardian of a minor member, you can access and review your balance and your minor child's balance by visiting www.401Save.com.

To log-in, the initial User ID is your (or your child's) Social Security number, and the initial Password is "00" followed by your (or your child's) membership number. Once logged in, you can customize your User ID and password for security purposes.

If you have any trouble logging in to or using the system, contact the 401Save Call Center at 1-888-700-0808 between 9 a.m. and 5 p.m. Pacific Time, Monday through Friday. ■