

Cover Oregon: Open for business and ready to serve you

Jan. 1 marks not just the beginning of a new year. For many Tribal members, it also marks the beginning of insurance coverage they can get through Cover Oregon, our state's health insurance marketplace.

Cover Oregon is the place for Tribal communities and others to find health insurance and get financial help to pay for it.

Even if you receive services from your Tribal or urban Indian clinic, Cover Oregon will work for you.

This is because health insurance helps cover the cost of services received *outside* your Tribal or urban Indian clinic, like emergency room visits, hospital stays or specialty care.

Despite challenges in the marketplace's early months, thousands of Oregonians are now covered by plans they signed up for through Cover Oregon.

Many choices are available through Cover Oregon, including private plans, Oregon Health Plan and Healthy Kids.

If you are an enrolled member of a federally recognized Tribe and sign up for insurance through Cover Oregon, you can expect:

- **To help your Tribal community.** Getting health insurance helps fund Tribal or urban Indian clinics.
- **Consistent care.** You can continue to see your doctor at your Tribal or urban Indian clinic.
- **No cost for doctor visits.** You won't pay for any service you receive from a Tribal or urban Indian clinic. Also, you might qualify for no-cost or low-cost health coverage at any doctor or provider if you meet certain income requirements.
- **Flexible enrollment.** Special enrollment periods allow you to sign up or change plans every month.

For more information on benefits to you and your Tribal community, contact Loretta Meneley at 503-879-1359 or 800-775-0095 at the Grand Ronde Health and Wellness Center.

We are ready to help answer your questions and help you sign up. Assistance is free.

You can also contact Cover Oregon by calling 1-855-CoverOR (1-855-268-3767) or visit CoverOregon.com. ■

First 2014 luncheon



Photo by Michelle Alaimo

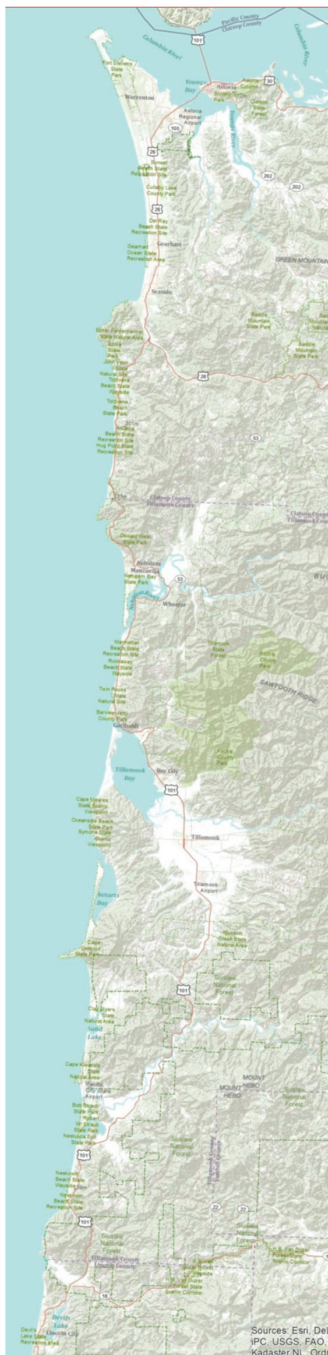
Tribal youth Logan Bobb, front, and Nick Larsen scoop cookie dough and Julius Roan Eagle, back, ices cookies for the New Year's Luncheon at the Elders' Activity Center on Thursday, Jan. 2. About 60 people attended the lunch where Youth Education students helped Tribal Senior Services cooks Kevin Campbell and Michael Burton prepare and serve traditional New Year's food. On the menu was ham and grapes, which represented health, salad and cornbread for wealth and black-eyed peas and fried cookies for luck.

Important notice to full-time students

All full-time students must submit verification that they have applied to a scholarship outside the Tribe before funding will be released for the term/semester.

Verification can include a scholarship award or denial letter, e-mail verification that an application was submitted, a copy of the application or the financial aid award letter that lists an outside scholarship.

Please contact Education at 1-800-422-0232, ext. 2275, if you have any questions. ■



Our Connection with the Land

Beginning this month the Land and Culture Department will be running a series of short questionnaires. We would like your input regarding your and your family's cultural ties to regions throughout the Tribe's ceded lands and ancestral territories. Please know your responses will be kept confidential and if you choose, anonymous.

Northern Oregon Coast

This month we are asking about Grand Ronde's connection to the northern Oregon coast, from Lincoln City to the Columbia River. Please provide any information you have about our past and present connections to the northern coast, including places and activities on the land, in the rivers, and in the ocean.

Ethnographics

Do live in the area depicted on the map? _____ Did your ancestors live there? _____
 Do you or did your ancestors travel there? _____ Do you know any stories/myths about this region? _____

Hunting

Do you hunt in the area depicted on the map? _____ What do you hunt? _____
 Who taught you to hunt? _____ Did they teach you where to hunt? _____
 Whom have you taught, if anyone, to hunt? _____ Did you teach them where to hunt? _____

Fishing

Do you fish in the area depicted on the map? _____ What do you fish? _____
 Who taught you to fish? _____ Did they teach you where to fish? _____
 Whom have you taught, if anyone, to fish? _____ Did you teach them where to fish? _____

Gathering

Do you gather in the area depicted on the map? _____ What do you gather? _____
 Who taught you to gather? _____ Did they teach you where to gather? _____
 Whom have you taught, if anyone, to gather? _____ Did you teach them where to gather? _____

Other Activities

Are there other activities you do in the area depicted on the map? _____
 What are the activities? _____ Who taught you? _____
 Whom have you taught? _____

If you are comfortable sharing the information please mark the general area of your activities on the map (x=hunting, o=fishing, []=gathering and ///=other activities).

Please include your information below if we may contact you.
 Name: _____ Phone: _____ Email: _____

Please return completed forms to: Land and Culture Department, Education Building, 2nd Floor, 9615 Grand Ronde Road, Grand Ronde, Oregon 97347.

You may also add information directly to our electronic map by visiting <http://bit.ly/1gJ88iL>
 If you have any questions, you may contact:
 Eirik Thorsgard, Tribal Historic Preservation Officer at THPO@grandronde.org or 503-879-1630.