

Cover Oregon and Tribal Communities: Working Together for You

Cover Oregon opened Oct. 1, but its Tribal community partnerships were already up and running and will continue to be important in the months and years to come.

For the last two years, representatives from Oregon's nine Tribes have helped shape Cover Oregon and how its programs will help American Indians and Alaska Natives across the state get quality health insurance that can be used at your local Tribal or urban Indian clinic.

Cover Oregon is an online marketplace for Tribal communities and others to find health insurance and get financial help to pay for it. Even if you receive services from your Tribal or urban Indian clinic, Cover Oregon will work for you.

"Once all of the bugs are worked out of the online system, the opportunity for all Native Americans to access low-cost subsidized insurance is incredible. At Grand Ronde, it promises to reduce Tribal expenses for Tribal Skookum, out-of-pocket costs to Grand Ronde members and improve the effectiveness of Contract Health Services. We are excited about having the opportunity to continue to help our membership to meet their health care needs." – General Manager Mark Johnston

Having health insurance is important because it protects you and your family from large medical bills by paying for some or all of the costs of medical care. Even if you get services at your Tribal or urban Indian clinic, health insurance protects you in case you need a hospital stay or specialty care.

Many choices are available through Cover Oregon, including private plans, the Oregon Health Plan and Oregon Healthy Kids. If you are an enrolled member of a federally recognized Tribe and sign up for insurance through Cover Oregon, you can expect:

- **To help your Tribal community:** Getting health insurance helps fund Tribal or urban Indian clinics;
- **Consistent care:** You can continue to get care from your Tribal or urban Indian clinic;
- **No cost for doctor visits:** You will never have to pay for any service you receive from a Tribal or urban Indian clinic. Also, you might qualify for no cost-sharing at any doctor or provider if you meet certain income requirements;
- **Flexible enrollment:** Special monthly enrollment periods allow you to sign up or change plans.

For more information on benefits to you and your Tribal community, contact Cover Oregon or get in touch with a Tribal or other community partner who can tell you more.

You also can contact Loretta Meneley, Certified Application Assister at the Grand Ronde Health and Wellness Center, at 1-800-775-0095 or 503-879-1359. To be sure you're working with a certified agent or partner, visit CoverOregon.com or call 1-855-CoverOR. Language assistance is available. ■

Happy 18th Birthday
Kiana Leno



We can hardly believe you're already 18, where did the time go? We are all so proud of the amazing young lady you've become. All our love, always ~ Your family.

Dec. 16, 2013
Happy 7th birthday

**Emilio Stanford
Jaimes**

Love, mom Kayla, dad Simon
auntie Gianna, uncle Logan,
Little Logan, grandma
Gloria, grandpa Stan.



Congratulations
Hannah Portwood
on being crowned queen of
Tigard High School's 2013
Homecoming.

Congratulations

Abby Portwood

on being selected freshman princess of Tigard High School's 2013 Homecoming. Abby is the sister of Hannah Portwood.



Happy 9th Birthday

Mason

We love you to pieces!
Mom, Dad & Moses



Happy 24th Birthday

Joe M

Dec. 15
Love, your family.

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