



Tribal member Adriana Sanchez, 3, glues a fish cutout on to her artwork during the Portland Area Office Summer Youth Day Camp on Thursday, July 7. Her brother, Tribal member Noey Sanchez, was taking part in the camp, so she came along with him and their mother, Tribal member Jenny Sanchez, left.



Tribal member Darryen Haskins, 6, learns how to twine cattail from Justin Robinson (Chinook) during the Portland Area Office Summer Youth Day Camp on Thursday, July 7. Chinuk Wawa lessons, health and wellness and field trips to a trout farm and the Chinook Nations' Cathlapotle Plankhouse in Ridgefield, Wash., are just a few of the other activities the youth participated in.



Children who attended the Portland Area Office Summer Youth Day Camp play at a park near the office on Thursday, July 7.

Portland Area Office Summer Youth Day Camp

Photos by Michelle Alaimo

Diabetes Self-Management Workshop



Living Healthy

With Diabetes & Other Chronic Conditions

Discover how to:

- Eat Healthy and control your blood sugars
- Cope with all life's ups and downs
- Stay physically active despite your chronic condition
- Make informed decisions about treatment options

If you are like 80 million other Americans who have been diagnosed as either pre-diabetic or diabetic, you are probably facing some major changes to your lifestyle. This condition may or may not be causing you some limitations. Come join us in a fun and informative class where you will learn how you can better manage this common chronic illness so that it doesn't manage you.

Where: Grand Ronde Tribal Health Center, Molalla Room
 When: June 13 – July 25, 2011
 Time: Mondays: 9:30 a.m. – Noon
 Cost: No cost but you must pre-register

For more information and to sign up for this class, contact **Debra Driscoll of OSU-Extension at 503-602-2651**

Sponsored by MVP Health Authority, OSU-Extension and NW Senior & Disability Services



Confederated Tribes of Grand Ronde Tribal Court Appointed Special Advocate (CASA) Program

Wawa pus tenas

"Speaking for Children/Youth"

Each year, approximately 780,000 children in the U.S. are caught in the court and child welfare maze because they are unable to live safely at home.

Approximately 13,965 children in the state of Oregon have been in foster care at least once during the past year.

Currently, there are approximately 87 Grand Ronde children in foster care. Half of those children are wards of the Tribal Court right here in the Grand Ronde Community.

The Grand Ronde Tribal Court is looking for committed, caring volunteers who want to help these children by advocating for the child. The Tribal Court CASA Program will train all volunteer advocates. Give these children a voice during this difficult time, help these children to receive the services they need, stay connected to their culture and find safe permanent homes.

If you would like more information on how to volunteer and better serve our Tribal Children, please detach and complete this form and return it to: Tribal Court Programs Specialist, 9615 Grand Ronde Road, Grand Ronde, Oregon 97347. For additional information, call 503-879-4623 or e-mail: Julia.boekhoff@grandronde.org



- please send me a CASA Advocate Application
- please send me more information about the Tribal Court CASA Program

Name: _____
 Address: _____
 Phone: _____