

# Diabetes Wellness screenings set

A Diabetes Wellness Screening will be held from 2 to 5 p.m. Saturday, July 9, at the Marcellus Norwest Memorial Veterans' Powwow and 2 to 5 p.m. Saturday, Aug. 20, at the Contest Powwow. Both events occur at Uyxat Powwow Grounds near Fort Yamhill State Park.

Screening is open to Tribal members and spouses on the Skookum Health Care Plan.

The screening is sponsored by Tribal Council and the Tribal Health & Wellness Center.

For more information, contact Bonnie Mercier at 503-879-2016. ■

## Grand Ronde Tribal Housing Authority



### Down Payment Assistance Program

The Grand Ronde Tribal Housing Authority (GRTHA) has 2011 Down Payment Assistance available for applicants with moderate to low incomes. Although the budget for Tribally funded Down Payment Assistance has been committed for 2011, HUD funds may be available for qualified Tribal applicants whose gross household income either meets, or is less than the guidelines below:

#### Family size / Gross income

1	\$39,900
2	\$45,600
3	\$51,300
4	\$56,950
5	\$61,550
6	\$66,100
7	\$70,650
8	\$75,200

Please call Nancy Holmes, Homeownership Coordinator, at 503-879-2445 to pre-qualify for HUD funded assistance.

## Units available now!

The Grand Ronde Tribal Housing Authority is accepting applications for Rental Housing Units in Grand Ronde

1-5 bedroom sized units, many upgrades, parking/storage close to Tribal services.

The units include washer/dryer, refrigerator, dishwasher, in-floor radiant heat, private patio and great views. If you work for the Tribe or casino, you pay no State Income Tax!

The following screening criteria is required for the Market Rate Units: Credit history, landlord history, criminal history, income (at least 3 times monthly rent). One adult member of the household must be an enrolled CTGR Tribal member.

HUD assisted rental applicants must meet low-income and other federal requirements.

Call GRTHA for applications or for further information at 1-800-422-0232, ext. 2401, or 503-879-2401.



## Diabetes Self-Management Workshop



### Living Healthy

#### With Diabetes & Other Chronic Conditions

##### Discover how to:

- Eat Healthy and control your blood sugars
- Cope with all life's ups and downs
- Stay physically active despite your chronic condition
- Make informed decisions about treatment options

If you are like 80 million other Americans who have been diagnosed as either pre-diabetic or diabetic, you are probably facing some major changes to your lifestyle. This condition may or may not be causing you some limitations. Come join us in a fun and informative class where you will learn how you can better manage this common chronic illness so that it doesn't manage you.

Where: Grand Ronde Tribal Health Center, Molalla Room

When: June 13 - July 25, 2011

Time: Mondays: 9:30 a.m. - Noon

Cost: No cost but you must pre-register

For more information and to sign up for this class, contact **Debra Driscoll of OSU-Extension at 503-602-2651**

Sponsored by MVP Health Authority, OSU-Extension and NW Senior & Disability Services



## Confederated Tribes of Grand Ronde Tribal Court Appointed Special Advocate (CASA) Program

### Wawa pus tenas

### "Speaking for Children/Youth"

Each year, approximately 780,000 children in the U.S. are caught in the court and child welfare maze because they are unable to live safely at home.

Approximately 13,965 children in the state of Oregon have been in foster care at least once during the past year.

Currently, there are approximately 87 Grand Ronde children in foster care. Half of those children are wards of the Tribal Court right here in the Grand Ronde Community.

The Grand Ronde Tribal Court is looking for committed, caring volunteers who want to help these children by advocating for the child. The Tribal Court CASA Program will train all volunteer advocates. Give these children a voice during this difficult time, help these children to receive the services they need, stay connected to their culture and find safe permanent homes.

If you would like more information on how to volunteer and better serve our Tribal Children, please detach and complete this form and return it to: Tribal Court Programs Specialist, 9615 Grand Ronde Road, Grand Ronde, Oregon 97347. For additional information, call 503-879-4623 or e-mail: [Julie.boekhoff@grandronde.org](mailto:Julie.boekhoff@grandronde.org)



- please send me a CASA Advocate Application  
 please send me more information about the Tribal Court CASA Program

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_