

Flu update: Vaccine arrival restarts clinics

By Jennifer Leggett

Tribal Nursing Supervisor

Many people have been wondering what is up with the flu clinics.

Well, the Tribal Health & Wellness Center is gearing up again as we have received some vaccine (the H1N1). Our supplies are still not up to the anticipated amounts, but we don't want it sitting around.

We have scheduled a few flu clinics. We are, however, still limited to Natives who fall into a target group only. Dates and target groups are below.

Also, due to the overwhelming number of people who showed up previously, we opted to work on a loose schedule. We hope this will alleviate the congestion of everyone showing up at the beginning.

If you are Native and fall into one of the target groups, call the medical clinic to get on one of our clinics at 503-879-2002 or 503-879-2032.

If you are not Native but are seen in our clinic and would like to be put on our waiting list, we have started one of those as well.

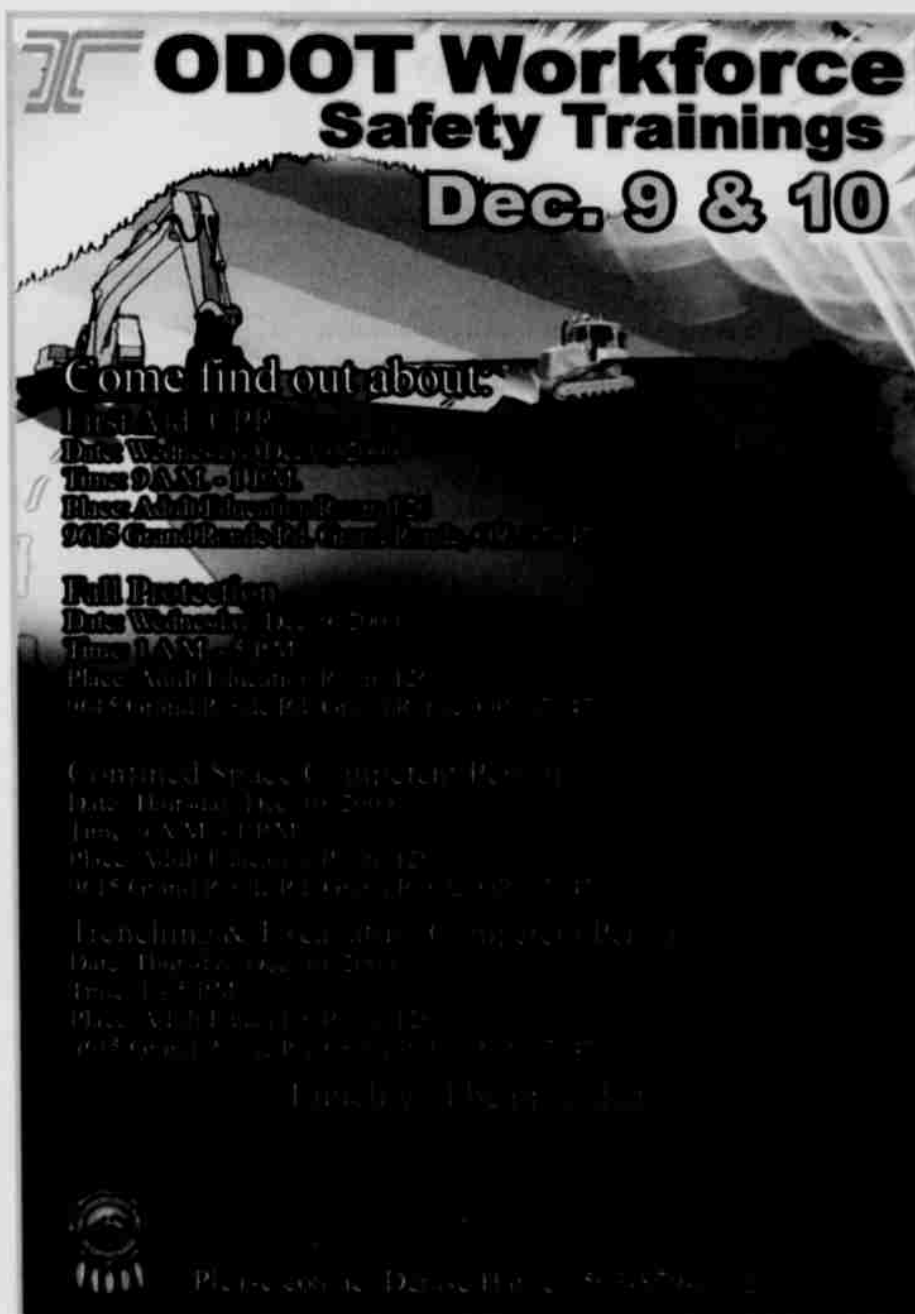
Clinic dates will be 2 to 4:30 p.m. Thursday, Dec. 3; 2 to 4:30 p.m. Thursday, Dec. 10; 2 to 4:30 p.m. Thursday, Dec. 17; and 8:20 to 11:40 a.m. and 2 to 4:30 p.m. Tuesday, Dec. 29.

Target groups are:

- Pregnant women;
- Persons who live or care for infants 6 months old or younger;
- Health care and emergency medical services personnel;
- People 6 months to 24 years of age;
- People aged 25 to 64 who have medical conditions that put them at higher risk for influenza-related complications, such as those with asthma, heart disease, diabetes, renal disease, immunodeficiencies or neuro muscular disorders (spinal cord injuries, seizure disorders, cognitive dysfunction). If you are not sure, call and talk with Tribal clinic staff; just ask to be transferred to an available nurse or medical assistant. ■

Unmarked grave sites

If anyone knows the location of an unmarked grave or knows the name of someone who was buried at the Grand Ronde Cemetery and their grave has not been marked, contact Mike Larsen, Facilities Manager, at 503-879-2407. ■



ODOT Workforce Safety Trainings
Dec. 9 & 10

Come find out about:

- First Aid CPR**
Date: Wednesday, Dec. 9, 2009
Time: 9 A.M. - 11 P.M.
Place: Adult Education Room 12
9615 Grand Ronde Rd., Grand Ronde, OR 97347
- Full Protection**
Date: Wednesday, Dec. 9, 2009
Time: 11 A.M. - 5 P.M.
Place: Adult Education Room 12
9615 Grand Ronde Rd., Grand Ronde, OR 97347
- Confined Space Competent Person**
Date: Thursday, Dec. 10, 2009
Time: 9 A.M. - 1 P.M.
Place: Adult Education Room 12
9615 Grand Ronde Rd., Grand Ronde, OR 97347
- Trenching & Excavation Competent Person**
Date: Thursday, Dec. 10, 2009
Time: 1 - 5 P.M.
Place: Adult Education Room 12
9615 Grand Ronde Rd., Grand Ronde, OR 97347

For more information, contact the instructor, Derick Blum, at 503-879-2233.

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Ad created by George Valdez



Elders Christmas Bazaar
Dec. 11 & 12
Tribal Gymnasium
9615 Grand Ronde Road
Grand Ronde, OR 97347
9 A.M. to 6 P.M.

Pastries!
Chili dogs!
Chili burgers!

for information or to
reserve a table call
503-879-2233

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