

Tribal member starts at Chiropractic Clinic

By Scarlett Holtz

Smoke Signals contributing writer

Tribal member Ashley Nunley has many dreams for the Chiropractic Clinic in the Tribal Health & Wellness Center in Grand Ronde.

"I have several ideas for the clinic," Nunley, 28, says. "There is such a potential for growth here. We could have more physical therapy, rehabilitation, an exercise classes. It is my hope to be able to teach patients how to help themselves. I believe the secret to wellness is active care."

Nunley is a 1999 Sutherlin High School graduate.

"I became interested in chiropractic medicine as a junior in high school," Nunley says. "I really enjoy the hands-on part of the

practice. Playing basketball gave me the opportunity to experience the other side of chiropractic treatment. I spent a lot of time having my ankles taped and sore muscles massaged."

After high school, Nunley contacted April Campbell for guidance about continuing her education. Campbell, now manager of the Tribal Education Division, at the time was working with the Higher Education program.

Nunley spent the next four years attending Southern Oregon University in Ashland, where she earned her bachelor's degree.

She then attended Western States Chiropractic College in Portland, where she earned her Doctorate of Chiropractic degree.

Nunley completed her board exams and Oregon boards in December as well. She is now a state-licensed Doctor of Chiropractic.

"Dr. Kenneth Kelley, the Tribe's current chiropractor, has done an excellent job establishing the need for chiropractic care here at the Tribe," Nunley says. "Dr. Kelley is my mentor."

Kelley has been a chiropractor for 31 years and has worked at the Tribal clinic for the past eight years, Nunley says.

"Dr. Kelley has an active practice in Sheridan, as well," she says. "He is looking forward to retirement in the near future and believes that a Tribal member should be the one to take his place at the Grand Ronde clinic. I would like to be the one."

Nunley says she has a lot to give back to the Tribe.

"The education expense alone was around \$200,000 with grants and scholarships. The Tribe paid for 50 percent of the cost," she says. "If it were not for the Tribe and all the support they have given me, I would not be where I am today."

Nunley says that she thinks that many people have no idea how helpful chiropractic medical treatment can be.

"They do realize how much pain they are in, or that they are not moving quite right. They just don't un-

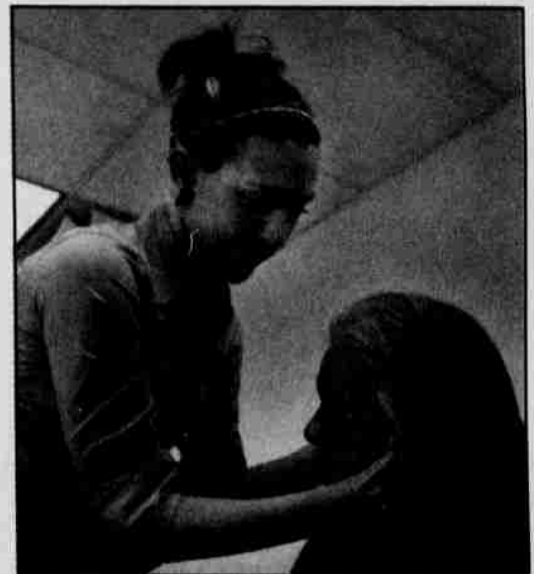


Photo by Michelle Alaimo

Tribal member and Chiropractor Ashley Nunley does motion palpation as she evaluates Tribal Elder Geronimo Warren's neck during his visit to the Tribe's Health & Wellness Center on Thursday, Feb. 26.

derstand why. At least not until it is pointed out to them," Nunley says.

"We are able to do adjustments, massages, physical therapy, range of motion and evaluations. We are here for our Tribal members. We can assess, diagnose and provide treatment for a variety of conditions."

The Chiropractic Clinic will be open Tuesdays and Thursdays beginning March 17. To schedule an appointment with the Chiropractic Clinic, call 503-879-4525 or 800-422-0232. ■

University visit



Photo by Michelle Alaimo

Deans, teachers and administrators from Western Oregon University in Monmouth stand with Tribal Council Vice Chair Reyn Leno and members of the Grand Ronde/Chinook Canoe Family during a visit to the Tribal campus on Wednesday, Feb. 25. The group was on campus to get a better grasp of the Tribe's history and ongoing development and to see how they can better serve their Native students.

ESTATE SALE

March 27, 28 & 29 — 9 a.m. to 5 p.m.

Grand Meadows, 28475 McPherson Road #27. Follow the signs.

TRIBAL COURT AWARENESS DAY

April 14, 2009
11 a.m. - 2 p.m.

Please join the Tribal Court Staff for
Court Awareness Day

on April 14, 2009, from 11 a.m. to 2 p.m.
We would like to introduce everyone to the different programs and services that the Court has to offer.

Door Prizes 🍷 Snacks 🍷 Information

If you have any questions, please feel free to call 503-879-2303.

Located at The Confederated Tribes
of Grand Ronde Tribal Court
9615 Grand Ronde Rd
Grand Ronde, OR

JAN MICHAEL LOOKING WOLF
IN CONCERT
"UNDER FATHER SKY"
APRIL 14, 2009 7:00 PM
DOOR PRIZES AT 6 PM