

Community Forum — Creating Wellness in Our Community for Children and Families

“What would you like to see in the future that would show a healthy community for children and families?”

Date: July 8, 2003

Time: 5:30 p.m. — 8:30 p.m.

Where: Tribal Community Center

The ICW Program needs community input in creating a vision of a healthy community for children and families. During the meeting we will spend time looking at what is currently happening in our community and share ideas about what we would like to see happen in the future.

Dinner provided plus door prizes.

Contact Dana Ainam, ICW Supervisor at 503-879-2037.

Letters

Dear Tribal members:

I have determined that it would be in the best interest of my family to withdraw from the 2003 Tribal Council Election.

I sincerely apologize to all of you who have supported me in the past, and to those who would have voted for me this year. I regret that I did not come to this realization prior to nominations. Thank you all for your support in the past.

I urge all Tribal members 18 years of age and above to vote. If you are not registered to vote, please take a few minutes of your time to do so. Voting is an important responsibility we all owe to one another.

Please also take the time to select your candidates very carefully. All of our futures will be impacted by the selection of our leadership. We need strong, wise and honest people guiding the future of our Tribe. Take a hard look at what people have done to further the betterment of the Tribe in the past. Anyone can be critical and negative, but if you see negativity from a candidate, you will see the same behavior from that person as a council member. Please ask yourself what is more important, critical thinking, or negative criticism of all that is done. Please take the time to seek out the facts. Many candidates may claim they wish to inform you of any number of issues, but unscrupulous people are not above deception to further their own personal goals, and further their true and hidden agendas. Do we need more problems, or are we looking for realistic solutions?

Thank you for your time.

Respectfully,

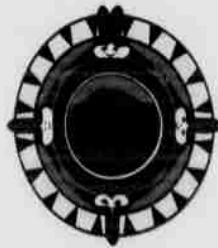
Tim E. Holmes

Roll #912

Dear Tribal members and participating pharmacies,

As of June 1, 2003 Contract Health will no longer be covering the expense of the following prescriptions.

- Ambien
- Meridia
- Phentermine
- Xenical
- Soma
- Oxycontin
- Viagra



In addition, the providers at the Grand Ronde Health & Wellness Center will not be writing prescriptions for any of the listed medications nor will our pharmacy stock them. If a patient has a prescription for these medications from an outside provider, it will be the patient's responsibility to obtain these medications at their own expense and at a different pharmacy.

We apologize for any inconvenience this may cause.

Sincerely,

Contract Health Services

My name is Marissa Brandon. I'm writing in concern for my father, Jerry Brandon's grave. As you all know, my dad passed away, September 25, 2001. I'm telling you readers out there, that the Friday before Memorial Day, a few possessions given to my dad were taken. As you may be aware that this has affected me and my family. These possessions had a great deal of sentimental value and they meant a lot to me and my family that my father could carry on with such a small portion of what he left behind. I am not asking for excuses or a reason why someone would do such a selfish thing, I would just like what rightfully belonged to my dad put back on his grave. I'm not certain if the thief is out there reading this article or not, but if you happen to get a look at this please, know that.

I truly believe you have enough decency and respect to do the right thing and return it, no questions asked. My father taught me that our Tribal cemetery was a place that is sacred. A place where people could leave things for their deceased loved ones with no thought of them being stolen. My dad also said that a Tribal cemetery, was a place for sacred remembrance. And I know that my dad was not wrong!

I appreciate *Smoke Signals* for their generosity by letting me put into words the sorrow that this person has caused my family.

God bless!

Marissa A. Brandon

Roll #3421

Tribal Council Elections — Saturday, September 6, 2003

Pharmacy Filling Restrictions Lifted

The Grand Ronde Health & Wellness Pharmacy would like to let all Tribal members know that we now have the ability to fill all your prescriptions with limited exceptions.

The exceptions are as follows:

- The pharmacy does not stock the following medications: Oxycontin, Soma, Ambien, Phentermine, Xenical, Meridia, and Viagra.
- Prescriptions that ODS requires a prior authorization for the pharmacy will request this from your provider. If the prior authorization is approved the pharmacy will dispense the medication. If the prior authorization is not approved your provider will be asked to change the prescription to a medication that is covered.
- The pharmacy will only dispense a 30 day supply at a time.

For Tribal members receiving their prescriptions from the Grand Ronde Health & Wellness Center Pharmacy there will be no charge. We are also pleased to let you know that we can mail your prescriptions to you as long as you do not reside within 60 miles of Grand Ronde. If you have any questions please call 503-879-2013.

SMOKE SIGNALS 2003 DEADLINES

PUBLIC INFORMATION OFFICE

9615 Grand Ronde Road, Grand Ronde, OR 97347

1-800-422-0232 • FAX: 503-879-2173

www.grandronde.org



BRENT MERRILL

PUBLIC INFORMATION
COORDINATOR/EDITOR
503-879-2321

brent.merrill@grandronde.org



JUSTIN PHILLIPS

PRODUCTION SPECIALIST
503-879-2190

justin.phillips@grandronde.org



WILLIAM MERCIER

PRODUCTION TECHNICIAN
503-879-2254

willie.mercier@grandronde.org



RON KARTEN

PRODUCTION ASSISTANT
503-879-4663

ron.karten@grandronde.org



SHELLY KENT

CENTRAL PHONES
503-879-5211

shelly.kent@grandronde.org



PETA TINDA

FREELANCE JOURNALIST
503-879-1416

peta.tinda@grandronde.org

DEADLINE DATE ISSUE DATE

Thurs., Jul. 3	JUL. 15
Fri., Jul. 18	AUG. 1
Tues., Aug. 5	AUG. 15
Wed., Aug. 20	SEPT. 1
Fri., Sept. 5	SEPT. 15
Fri., Sept. 19	OCT. 1
Fri., Oct. 3	OCT. 15
Mon., Oct. 20	NOV. 1
Mon., Nov. 3	NOV. 15
Mon., Nov. 17	DEC. 1
Fri., Dec. 5	DEC. 15
Fri., Dec. 16	JAN. 1, 2004

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