



Participants of the TRUE COLORS workshop gained an understanding of differences and similarities between people and their personality traits through a series of unique interactive exercises. The workshop was sponsored by the Education Division.

Let's talk teeth...

Thank you to all who participated of the Children's Dental Health Month Coloring Contest. Congratulations to the following winners: **Dreyvan Biery**, age 3; **Travis Turner**, age 4; **Melinda Lafferty**, age 5; **Angelina Speitz**, age 6; **Eric Sabin**, age 8; **Andrew Freeman**, age 9; and **Monica Davis**, age 12.

A special thank you to all who helped out with the Molar Roller skating party. We provided fun and dental education to over 100 children.



Fighting the head lice battle

Grand Ronde Elementary (GRES) is fighting head lice with a new approach. The Service Integration Team has purchased two heavy duty shop vacs that can be loaned out for community members who are serious about getting rid of the headlice problem. The goal is to keep students healthy and in the classroom. Here is some information from some new articles:

- **EARLY DETECTION.** Watch for signs of frequent head scratching. Check all family members for lice and nits at least once a week.
- **FOLLOW DIRECTIONS CAREFULLY.** If you use over the counter treatments, remember to repeat after the recommended number of days.
- **HOMEOPATHIC REMEDIES.** Some parents say that a mix of rosemary, vegetable geranium, lavender and other oils have helped. Vinegar rinses are recommended. Also, there are reports that headlice don't like Avon's Skin So Soft.
- **REMOVE ALL LICE AND NITS** by combing, picking, or cutting them out of the hair. All it takes is one live lice or nit to reinfest your child.
- **WASH BEDDING AND CLOTHING** in hot water and dry in a hot dryer. Also, clean combs and brushes.
- **VACUUM** rugs, upholstered furniture, car seats, and stuffed animals.
- **NOTIFY YOUR CHILD'S SCHOOL OR CHILD-CARE PROVIDER.** Continue to check for lice everyday.

Bandaid Brief

RESPIRATORY THERAPIST offers no smoking classes in Grand Ronde. He is willing to offer six weekly sessions for \$35. Please contact Dr. Glen Gerritz at 879-2002, if you are interested in participating.

Tax preparation

Nathan's Business Service can prepare and file your tax returns electronically. Appointments may be made by calling 879-5500 or 879-2476. Their office is located in the Small Business/Education Building.

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SUPER SALE and FAMILY AUCTION

Friday, April 4 • 10 to 6
Saturday, April 5 • 10 to 4

SOMETHING FOR EVERYONE!

The next **BIG SALE** is set to go and should be the **BEST SALE** yet, complete with a **FUN FAMILY AUCTION** at 1 p.m. on Saturday, April 5. The auction will be a lot of fun for everyone, it will feature many items not yet sold during the regular sales. During the auction, some additional specials will be featured on food items, clothing, and many other items. Tribal member **Andy Auger** has done hundreds of auctions of all kinds and he will do the auctioneering. So come on down, and get in on the bargains — enjoy the live auction at 1 p.m. on Saturday.

LOCAL WEB PAGES

Tribal Small Business Development Center

<http://www.macnet.com/home/ctgreemore/HPage/SBD.html>

Spirit Mountain Casino

<http://www.Spirit-Mountain.com>

Editorial Policy

LETTERS FROM OUR READERS: *Smoke Signals* is a publication of the Confederated Tribes of the Grand Ronde Community of Oregon. We have established an Editorial Policy to encourage input from readers about stories printed in *Smoke Signals*, as well as other tribal issues. However, all letters must be received at the newspaper office with author's signature, address, and phone number in order to be considered for publication.

Letters must be printed or typed, and cannot exceed 300 words. *Smoke Signals* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain libelous statements or personal attacks. Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Smoke Signals*, tribal employees, or Tribal Council.

Mail letters to: **SMOKE SIGNALS**, 9615 Grand Ronde Road, Grand Ronde, OR 97347. Attn: Tracy Dugan.

SMOKE SIGNALS DEADLINES are the 5th and 20th of each month.

TRACY DUGAN: Editor

KIM MUELLE: Coordinator and Graphic Specialist