

Happy Birthday to my brother, Adam.

Love, Nathan

Happy Birthday!

Cassandra ~ March 7
Juanita ~ March 15
Dad ~ March 17
Camilita ~ March 21
Cristina ~ March 23
Christine ~ March 25
Adriana ~ March 30

**YOU MAKE US RICH
WITH LOVE AND HOPE.**

*All our love,
Christine, Patti, Alex
and Alexis Contreras*

When seeing your medical provider...

- Bring all medicines with you.
- Be on time for your scheduled appointment.
- Bring your immunization card/record with you.
- Bring your insurance card with you.

Also, when scheduling your appointment, please tell the medical secretary why you are coming in so that adequate time is scheduled for your appointment. All the above items are necessary so that we may provide you with the quality of care that you deserve.

Tribal teen sets his own goals

Seventeen year old **JEREMY HALLER** knows the meaning of responsibility. He has spent the past two years proving that to his parents and his teachers at Willamina High School.

As captain of Willamina's football team and active participant in school activities, Jeremy was a *Sheridan Sun* Athlete of the Week last fall after a superior game against Taft. He plays guard and tackle for the team. His participation in sports hasn't detracted from his school work, either. Jeremy maintains a 3.4 GPA, and was listed in the 1996 *Who's Who Among American High School Students* almanac.

So when he decided to get a part-time job in order to earn money to buy himself a truck, his parents were all for it.

He worked at Fort Hill Texaco gas station for ten months, and finally saved enough for a down payment on a truck, which he refers to as "my baby."

He is currently employed at the Casino as a Dish Machine Operator, and works in the afternoons and on weekends to earn enough for that truck payment.

"This summer, I'll go full-time at the Casino," he said. Jeremy said he usually gives most of his paycheck to his parents, who helped him get financing for his truck, and plans to have it paid for by the time he enters college in 1998.

"I also pay my own gas and insurance," said Jeremy. He and his dad work together on it when it needs maintenance.

Jeremy did take some of his earnings and bought a satellite system so he could watch all the sports channels, and said that if he had his way, it would

be tuned in to ESPN ninety percent of the time. In fact, Jeremy loves sports so much, he plans on making a career out of it.

"I have been thinking about sports medicine," he said. "There are good schools in Oregon for that program. Whatever I decide I know I'll work in the sports profession though."

The Hallers are a very close family, and Jeremy's grandparents, Pete and Val Grout, encourage leadership qualities in all their grandchildren. There is no doubt that Jeremy's parents, Timothy and Janell Haller, are comfortable with all of the commitments he has, as well. With all of his obligations — school, sports, work, family — Jeremy has never let down the people who count on him. He's just a natural born leader who sets an example for all of us.



You are invited to visit the web page of the Tribal Small Business Development Center

<http://www.macnet.com/home/ctgreemore/HPage/SBD.html>

HEALTH AND HUMAN SERVICES Employee of the Month



TERI HOLSCLAW

Penny DeLoe: new job in contract health



Tribal member Penny DeLoe is the new Contract Health Specialist for the Tribe. She will be working with tribal members on their health and billing information.

Voc Rehab visit Salem and Portland

To better serve tribal membership, the Confederated Tribes of Grand Ronde Vocational Rehabilitation program will be visiting Salem and Portland. Staff will be at the Salem office at Chemawa on March 17-21, and the Portland area office on March 24-28.

Please call if you are not sure you are eligible, or have any questions concerning the program. The Voc Rehab staff is Tim Holmes at 879-2003; Patti Tom Martin at 879-3098; or Peggy Biery at 879-3095 or toll-free at 1-800-422-0232.

March Mealsite Menu

Tuesday, March 4 Hamburger Gravy Mashed Potatoes Cream Peas & Biscuits Dessert	Wednesday, March 5 Chicken-n-Noodles Corn Bread Fruit Salad Glazed Carrots	Thursday, March 6 Hot Beef Sandwich Mashed Potatoes & Gravy Mixed Veggies Dessert
Tuesday, March 11 Pork Chops Baked Potatoes Green Beans Dessert	Wednesday, March 12 Oven Stew Cottage Cheese Rolls Jello Salad	Thursday, March 13 Baked Chicken Scalloped Potatoes Broccoli
Tuesday, March 18 Corn Beef Cabbage Boiled Red Potatoes Corn	Wednesday, March 19 Chili Corn Bread Cookies Carrot/Jello Salad	Thursday, March 20 Chicken Dumpling Beets Cottage Cheese & Pears Dessert
Tuesday, March 25 Meat Loaf Scalloped Potatoes Peas Dessert	Wednesday, March 26 Baked Cod Glazed Carrots Steamed Rice Dessert	Thursday, March 27 Turkey & Dressing Mashed Potatoes Green Beans Pumpkin Pie

Elders Birthday Meeting is Thursday, March 27

Meals are free to tribal Elders and their spouses. Meal Price is \$3.

Menu is subject to change. Staff please call ext. 2410 by 9:30 a.m.