

## — Tribal Life —

### Computer Training Schedule

**FEBRUARY — 1:30 to 3:30 p.m.**  
 Beginning Word -- Thursday, Feb. 1  
 Beginning Excel -- Tuesday, Feb. 6  
 Intro to PC's and Beginning Windows --  
 Thursday, Feb. 8  
 Beginning Word -- Tuesday, Feb. 13  
 Intermediate Excel -- Thursday, Feb. 15  
 Intro to PC's and Beginning Word --  
 Tuesday, Feb. 20  
 Beginning Excel -- Thursday, Feb. 22  
 Intro to PC's and Beginning Windows --  
 Tuesday, Feb. 27  
 Intermediate Excel -- Thursday, Feb. 29

**MARCH — 8:30 to 10:30 a.m.**  
 Beginning Word -- Tuesday, March 5  
 Beginning Excel -- Thursday, March 7  
 Intro to PC's and Beginning Windows --  
 Tuesday, March 12  
 Intermediate Excel -- Thursday, March 14  
 Advanced Word -- Tuesday, March 19  
 Beginning Excel -- Thursday, March 21  
 Intro to PC's and Beginning Windows --  
 Tuesday, March 26  
 Beginning Word -- Thursday, March 28

Computer training classes are FREE to Grand Ronde tribal members and staff; \$10 fee for non-tribal members. To make your reservation, please call Penny at 879-2476 or Sam at 879-2487 or 1-800-422-0232.

### ONABEN Classes

Instructor: Shelley Hanson  
 Location to be announced

**PART I:**  
**You and Your Business Idea**, helps potential business owners understand the requirements of business success.  
 March 6 and 13 — \$10 fee

**PART II:**  
**Starting a Successful Business**, helps avoid costly potential mistakes of business start-up. It provides the framework for successful business start-up by assisting students in writing a bankable business plan and training them to prepare a successful application for financing.  
 March 20 to 22 — \$100 fee

Tribal members wishing to take ONABEN business classes may qualify to have tuition paid by Short Term Training Program obtained through the Education Department. For more information, please contact the Tribal Education Division at 879-2275.



**IMPROVING CHILDREN'S SERVICES:** A meeting was held January 16 at the Grand Ronde Grade School where discussion was generated on how to form more and better community services to local children. ABOVE: Representatives from the PTO, Title V, and the Tribal Education Division were present.



### Pog alert to parents

#### Some send unhealthy messages to kids

Kids like to collect things. Baseball cards, action figures, and marbles are a few of things we may have liked to collect and trade when we were younger. But these days, a hot collector's item with the young people is pogs.

Pogs are flat, round discs that resemble the tops of old milk containers. These days, they have printed messages on them and can be purchased from candy machines. Although most pogs have harmless jokes and cartoons on them, there are some circulating that have lewd drawings, drug-related humor, and profanity.

There have been reports of pogs with drawings of an aerosol can, alluding to the sniffing of fumes that has resurfaced as a cheap high for kids. Another showed an eight ball with a crack in it, and other with a purple circle with an A--more drug-related suggestions. If your child collects pogs, be aware. Some may be sending the wrong message.

### 3rd Annual MOLAR ROLLER SKATING PARTY and DENTAL HEALTH FAIR

**WHEN: Friday, February 9 from 1 to 3:30 p.m.**

**WHERE: St. Michael's Church in Grand Ronde**

**FOR CHILDREN: 6 to 12 years old**

#### Activities will include:

**Dental Health Fair · Puppet Show  
 Magic Tricks · Tooth Healthy Snacks  
 Face Painting · Games · Prizes  
 and Fun!**

**Please join us as we  
 celebrate National Childrens  
 Dental Health Month.**

Sponsored by Grand Ronde Tribal Dental Program



### Wellness and Women Conference to be held

#### ■ This year's theme: "Walking Toward a Balanced Path."

The seventh Wellness and Women Conference will be held March 18-22 at the Red Lion Jantzen Beach Hotel in Portland.

The theme this year is "Walking Toward a Balanced Path," and will feature guest speakers from Oregon and other states.

Conference objectives are to obtain information on health issues affecting Native women today; learn new strategies and skills for working with co-workers, family, and partners; gain renewed physical, spiritual, and emotional wellness; and network with other native women from all over the United States.

The conference is sponsored by Health Promotion Programs at the University of Oklahoma. Registration fee is \$180. Please call (503) 283-4466 for reservations. For more information, call (405) 325-1790.

Co-sponsors of the conference are the Confederated Tribes of Warm Springs and Portland Area Indian Health Service. These organizations may be able to send you a registration form.

### Advisory Board forming

Art Anderson, the Willamina School District Superintendent, is asking tribal member parents to form an advisory board on issues and concerns facing our tribal youth. This group is just beginning, so if you are interested, contact Shawn in the Tribal Education Division at 879-2275.

### Looking for a new experience this summer?

The Student Conservation Association (SCA) has several opportunities for you all across the nation. The SCA is a non-profit, educational organization which provides high school students, college students and other adults with the opportunity to volunteer their services for the better management and conservation of our nation's parks, public lands, and natural and cultural resources.

SCA program participants gain work experience that furthers academic, career, and personal goals.

**For information on how to apply: contact Connie Holmes at the Natural Resources Division at 879-5522 or 1-800-422-0232.**