

— Education —

Input needed for Winter and Spring Term

As Fall Term 1995 progresses, planning is underway to schedule college level classes for Winter and Spring Terms 1996. We are tentatively considering offering the following courses:

WINTER 1996 (January-March)

- Writing (Eng. Comp) 121-122
- Math (Elementary Algebra) 070
- Art (Basic Design) 115
- Computer Science (Intro to Microcomputer Application) 101
- Social Science (Ethnic Cultures of Willamette Valley) SSC 150

SPRING 1996 (April-June)

- Writing (Eng. Comp) 122-123
 - Math (Inter. Algebra) 095
 - Psychology (General) 201
 - History (Native American) 257
 - Speech (Fund. of Persuasion) 112
- These classes are being tentatively proposed and may not be scheduled dependent upon interest. The Education Division is seeking community input in planning of classes for Winter and Spring Terms. If you would like to see a specific course offered contact the Tribal Education Division at 879-2275 or 1-800-422-0232.

Update on Johnson O'Malley

Indian students from age 3 to grade 12, who are either an enrolled member of a federally recognized tribe or can prove 1/4% Indian decendency are eligible for Johnson O'Malley.

Our local program serves residents of Grand Ronde, Willamina, and Sheridan. We offer one-on-one academic tutoring, leadership activities, cultural awareness through presentations, craft classes, support of liaison and referral services between home, school, and early childhood education programs. This year we are pleased to have Candi Koehler assisting as a tutor-aid three days per week.

Parents in the service area may enroll their children in the JOM program by contacting Wendi Spencer, Youth Education Coordinator at 879-2280.

UPDATE: Education Child Care Centers

TWA SUN-CHAKO LEARNING CENTER

The learning center is buzzing with activity as they complete their first month of school. One afternoon, Lee Butler provided drumming and songs. The children participated by drumming, singing, and dancing.

The October activity will be a visit to the Pumpkin Patch in Amity, Oregon. Children will ride on a wagon to the patch where they will pick out a pumpkin to take home.

Teressa Olson, in her fourth year as teacher for the program is excited about the continued growth and activities. Thirteen children are enrolled this year. The program offers a guided pre-kindergarten experience.

A typical day includes hands and feet activities, storytime, arts and crafts, games, snacks, rest time, music and outdoor activities. Special activities include: Chinook jargon, drumming, visits to local tribal programs, special guests, and field trips.

Twa Sun-Chako Learning Center operates Tuesday, Wednesday and Thursday afternoons from 1:30 to 5:15 p.m. The Tribal Education Division is researching avenues to provide a full daycare program for pre-school children.



Lee Butler drumming with children at Learning Center.

TANOOS TUM-TUM

The Before and After School care program is up and running at the Grand Ronde Elementary School again this year.

It took a little time and a lot of dedication to get this program on track. Janice Hanson, in her second year as caregiver is doing a great job.

The program operates on all school days from 7 a.m. until school begins, and when school dismisses until 5:30 p.m. Tanoos Tum-Tum is also open during Christmas and Spring breaks.

Enrollment has been closed temporarily until a larger facility can be obtained. The children participate in games, puzzles, crafts, and other activities.

If you would like more information on either program, please contact Wendi Spencer, Youth Education Coordinator at 879-2280.

— — Relax and Renew — —

While stress is a natural part of life, too much of it can be harmful. Remember that a healthy lifestyle includes managing stress at home, work, school, and play.

Find the activities that reduce stress for you, such as taking a quiet walk, listening to music, or spending time with your children. When you discover what works, include it in your daily routine.

Laughter's a great stress-reliever, so look on the brighter side of life and take time to have fun.

Exercise regularly, get plenty of sleep each night and healthful foods each day so that you'll be at your best to resist stress.

Accept that you can't influence every decision or control every situation.

Avoid using alcohol and other drugs to "cure stress," they don't work and often make stress worse.

Be open with your feelings so that minor irritations don't turn into major conflicts.

Review your expectations of yourself and others to be sure that they're realistic.

Remember: It's up to you to recognize stress in your life and keep it under control.

Student Advisory Council is seeking members

The Grand Ronde Tribal Student Advisory Council (S.A.C.) is seeking new members. The S.A.C. is comprised of college students and was created to assist the Tribal Education Department in addressing student concerns, issues, and support.

S.A.C. conducts regular meetings to plan activities to aid junior and senior high school students in preparing for college. The council also works toward encouraging and supporting younger students in continuing their education beyond high school.

Some of the activities the S.A.C. conducted include:

- ◆ Hosting a "College Student Issues & Planning Forum" once during the academic year, open to all students;
- ◆ Conducting "Student Visitations" with local junior high and senior high students on college campuses, in December;
- ◆ Participating in the Oregon Indian Education Association's Annual State Conference on the Higher Education & College Student strand, each April.

Members of the Student Advisory Council cover a large range of colleges in Oregon. These students are available for campus visitations or to answer questions you might have about our schools. We encourage you to join us. For sign forms or information, contact our Tribal Education Office at 879-2275 or 1-800-422-0232. Or write to Ms. Dana Leno, SAC, c/o CTGR Education, 9615 Grand Ronde, OR 97347.

Members of the Student Advisory Council are:

- ◆ Chair: Dana Leno, Oregon State University
- ◆ Vice Chair: Bryan Mercier, University of Oregon
- ◆ Secretary: Shelby Olson, Western Oregon State College
- ◆ Lisa Leno, Oregon State University
- ◆ Angie Leno, Lewis & Clark College