

New Face: Richard Roth

Richard "Dick" Roth has recently joined the tribal staff as the Administrative Specialist for the Tribal Health Department.

Dick has extensive experience in the health care field, working most recently as a manager for the Pre-Natal Health Care Program of Neighborhood Health Clinics, Inc., in Portland.

He obtained a Master's degree in Public Health from the University of Oklahoma and was also employed as Assistant Health Director for the Mississippi Band of Choctaw Indians.

Of his new position with the Grand Ronde Tribe, Dick said, "This was an opportunity for me to work with Native People in a rural area. I'm originally from LaGrande (Oregon) and enjoy the Northwest."

Currently, Dick is commuting from Vancouver, Washington where he lives with his wife and son.

Some of Dick's immediate projects include working on accreditation issues with the tribal health and dental programs, and Title 19 reimbursement applications. He also is working with Theron Ruiz, Human Services Treatment Coordinator.

His wife is Native American, and they share an interest in health issues.

"I want to be as supportive and helpful to this Tribe as possible," he explained. "I think the Tribe has attracted a lot of top quality talent in all its divisions. This is an opportunity to help participate in the development of a health and wellness center."



Dick Roth

Nanitch Sahallie Employee of the Month: Mala Pope

Mala Pope has a lot to be excited about in his job these days. He has only been working for Nanitch Sahallie Youth Treatment Facility for a few months, but in that time he has accomplished a lot. Most recently, the construction of a Sweat Lodge at the facility.

"Most of the clients helped build the Sweat Lodge," he explained. "I showed



Mala helped organize the craft class where clients made Christmas ornaments with Native American flair.

them which rocks and willows to gather—we're ready to fire it up and have a Sweat."

Mala is a counselor and head of cultural activities at Nanitch Sahallie. He said he did a lot of research in his field and picked Nanitch as the place where he'd most like to work.

He said, "What's going on here is doing a lot of good. The cultural activities have been well-received by everyone."

Mala feels that learning about tribal traditions and culture is a tool the clients need in overcoming many of the barriers in recovery.

In addition to constructing the Sweat Lodge, Mala has helped recruit guest speakers and teachers to visit Nanitch Sahallie and participate in cultural activities with the clients. Activities include drumming, dancing, arts and crafts, storytelling, and Native sign language. The clients have also visited schools in the Salem/Keizer area and shared their different backgrounds with other young people.

Some of the guests have included Bill White Eagle Wilson, Paul and Craig Whitehead, The Inter-tribal Dance Club of Salem, Dancing Again Singers, Shantee Klootchman Tum Tum, Duane Many Hides, and Vernon Kennedy.

With all these great things happening, it's no wonder Mala's co-workers selected him to be Employee of the Month.

ELDERS' MEALSITE MENU FOR JANUARY

JAN. 4 Dinner Casserole Salad---Cook's Choice Pumpkin Pie Bread & Butter	JAN. 5 Tomato Soup Grilled Cheese Sandwiches Dessert---Cook's Choice	JAN. 6 Swiss Steak Mashed Potatoes Green Beans Tapioca Pudding Bread & Butter
JAN. 11 Chili Casserole Tossed Salad Bread Pudding Bread & Butter	JAN. 12 Clam Fritters Dinner Fries Cole Slaw Cookies Bread & Butter	JAN. 13 Oven Baked Pork Chops Mashed Potatoes Mixed Veggies Apple Sauce Bread & Butter
JAN. 18 Chicken Strips Scalloped Potatoes Spinach or Buttered Carrots Lemon Pudding	JAN. 19 Deep Fried Cod Fish Seasoned Rice Oriental Salad Dessert---Cook's Choice	JAN. 20 Cream of Broccoli Soup Ham Sandwiches Fruit Salad Sherbert
JAN. 25 Spaghetti Tossed Salad Garlic Bread Jell-O	JAN. 26 Cook's Choice	JAN. 27 Roast Pork Mashed Potatoes & Gravy Buttered Corn Stewed Tomatoes Ice Cream & Cake

Poem From Reader

"Remember Me"

By Karen Blanchard, 1985

Remember me when you think back
To when you were a baby and all through life
I was there to nurture your every need
Now I ask you to remember me now that I am gone.

Remember me for the littlest things
Remember me for the joy and laughter we shared
Remember me for the sad and sorrow times as well
Remember me for being patient and understanding.

The time has come for us to part
But I know that in my heart
You will always remember me.