

## Positive Indian Parenting

Presented by: Confederated Tribes Of Coos, Lower Umpqua, And Siuslaw Indians

### OUR CHILDREN, OUR FUTURE

Mr. Terry L. Cross, Director of the Northwest Indian Child Welfare Institute will be teaching this four session workshop. Mr. Cross is a member of the Seneca Tribe with sixteen years of experience in working with children and families in both Indian and non-Indian settings.

DATES OF THE WORKSHOPS WILL BE AS FOLLOWS:

Tuesday, October 30, 1990

Tuesday, November 27, 1990

Tuesday, January 8, 1991

Tuesday, February 5, 1991

### "Our Children Stand Alone Unless We Care"

Each day's session will be held from 9 a.m. until noon, and 12:30 until 3:30 p.m. We will serve lunch at the Tribal Hall during the noon break. We will need to know how many of those attending plan to eat lunch with us, so you will need to let us know by calling 888-9577 or 888-3536. If you need more information about the workshops, please call us.

There will be no charge for this workshop, but there will be a \$35.00 charge for the materials and supplies. If your program/agency cannot fund this fee, please let us

know when you register. We will request some of the grant money be programmed for this cost.

Primary Topics to be covered on each Date are:

#### Tuesday, October 30:

Welcome Preview of the Four Day Session

Overview of Indian Parent Training

Indian Parenting-Old Ways, New Ways

Lessons in Storytelling

#### Tuesday, November 27:

Lessons of the Cradleboard

Harmony in Child Rearing

Traditional Behavior Management

Working with Children: The Child's Role in Decision Making

#### Tuesday, January 8:

Lessons in Nature (Practice)

Praise and Traditional Child Rearing (Practice)

Leadership Skills

Effective Use of Self

#### Tuesday, February 5:

Choices in Indian Parenting (Practice)

About Training-Using the Curriculum

Organizing Training

Catch the Spirit: Celebrate Life!!

There will be time for discussion at the end of each session-- and we will fill out a short evaluation form each day (required as part of our grant).

## Every Third Child

Shawnee, OK. -- Almost one out of every three Native American newborns is poisoned by alcohol and to make all Americans aware of this tragedy, The Primax Group, an Oklahoma based Indian health care consulting firm, announces its sponsorship of the first national Fetal Alcohol Syndrome (FAS) seminar in Denver, November 7-9, 1990.

"EVERY THIRD CHILD" will focus on prevention, education, and treatment of FAS as it relates to the Native American. The Seminar will feature nationally known experts involved in FAS research, mental and medical treatment of FAS children, and the legal aspects of FAS. The Seminar name, "Every Third Child" refers to the fact that every third Indian child born in America today is born with either Fetal Alcohol Syndrome or Fetal Alcohol Effect.

FAS children will most usually have a smaller than normal head size, distinctive facial characteristics of wide nose and far-set eyes, short nose, a mouth with a divided palate or lips and ears are low set and turned toward the back of the head. There is a tendency for a brain size approximately one-third normal size. FAS children are born with low IQ's, the average being 60-75. Additionally, they most usually will have central nervous system problems.

"FAS and FAE are national problems affecting all races but are nearing crisis proportions among some American Indian populations," Dorris believes.

Michael Dorris, of Cornish, N.H. and author of *The Broken Cord*, a national best seller about the life of his adopted son, Adam Dorris, will keynote the seminar. He has appeared on "20/20" and has been active in increasing the public awareness of FAS.

"EVERY THIRD CHILD" speakers will include Jon Aase, M.D., Albuquerque, N.M., an expert in diagnosis, treatment methods, and medical research for and about FAS; Shea Good Luck, Fresno, Calif., sharing a personal story and discussions on community health programs and future challenges for tribal leaders; Jack Fiander, a Toppenish, Wash., attorney with the Yakima Indian Nation presenting an FAS project; Ann Streissgueth, Ph.D., Seattle, Wash., a leading researcher of FAS in the United States; also of Seattle, Robin Ladue, Ph.D., discussing mental health, alcohol programs, social work, and substance abuse; Sandra Randels, R.N., Seattle, Wash., sharing the view of the clinical applied nursing and public health interest in the seminar; Diane Malbin, M.S.W., Portland, Ore., one of a few counselors in the United States specializing in family counseling for those families with an FAS member; Theda New Breast, M.P.H., a social scientist from Albany, Calif., with experience in education and community projects increasing the awareness of FAS; and Eva Smith, M.D., Albuquerque, N.M., currently employed by the Indian Health Service, will conduct sessions on Substance Abuse Treatment as a Strategy to Reduce and Prevent FAS, and a discussion on the family practice physician's role in the diagnosis, treatment, referral and assessment of maternal drinking.

Reservations for "EVERY THIRD CHILD" can be made by calling (405) 273-0770, or by mailing the registration fee of \$395 to The Primax Group, 130 Broadway Place, Suite 300A, Shawnee, OK 74801. Participants may make their own reservations at the Executive Tower Inn, 1405 Curtis St., Denver, CO. 80202, 1-800-525-6651.

For more information, please contact: Karen V. Waddell, The Primax Group, 405/235-2051 or 405/878-0202.

## Don't Worry It's Coming!

The much discussed, much delayed Tribal Education Scholarship Fund, policies were finally approved by Tribal Council. This means the next, (and pretty close to final) steps, are to develop application criteria & guidelines, and review & award process. Currently the Tribal Education Committee and Education Program staff are in the process of compiling and drafting the application format.

It is anticipated that by mid-November, we will have a final draft for Tribal Council review. Our projected timeline for dissemination of application information and packets is December 7th, 1990. We hope to have applications in by the start of Winter Term 1991 for review and awarding.

There will be two Graduate Scholarships and two Undergraduate/Vocational Training Scholarships awarded per the 1990-1991 academic year.

Please look for more information in the December 1990 issue of the Tribal Newspaper, *Smoke Signals*. If you would like more information about the Scholarship Program, please call Dean at (503) 879-5211.



## 20 Ways To Reduce The Likelihood Your Children Will Use Drugs

1. Eat together as a family.
2. Have family outings.
3. Talk with your children, not to them. Listen.
4. Praise your children. Reinforce positive behavior.
5. Encourage your children to solve their own problems and make their own decisions.
6. Teach your children morality, instead of leaving it to the schools and churches alone.
7. Let your children experience adventure, risk, challenge, failure and frustration.
8. Actively discourage drug use. Talk with your children about drugs... the pushers do!
9. Set realistic goals for your children.
10. Encourage them to accept responsibility.
11. Encourage your children to talk about their feelings.
12. Let your children learn from the consequences of their own mistakes. Don't be overly protective.
13. Treat their mistakes as learning experiences.
14. Be patient... explain why you told them to do something.
15. Admit your own mistakes and imperfections.
16. Keep your home organized.
17. Tell your children you love them, and discuss your feelings.
18. Hug them and display affection.
19. Let them know you expect their best, and give them the benefit of the doubt.
20. Let your children experience TRUST.

-Courtesy of Tahts-Tum-Tine (Good News)