

ARE YOU READY TO POW-WOW?

It's that time of year again - Pow-Wow time! The fifth annual Grand Ronde Pow-Wow will be August 18th - 20th, 1989, once again at the Grand Ronde Elementary School. This is our first three-day Pow-Wow, and is sure to be an extra special event.

To help our tribal members get ready for Pow-Wow, the Pow-Wow Committee is sponsoring craft/dance classes every Tuesday night before Pow-Wow. The craft classes will begin at 5:30, and are an opportunity for kids and adults to learn how to make their own regalia. We will supply materials for necklaces, chokers and moccasins. Dancing will begin at 6:30 each Tuesday, and drumming will be provided by Jessie, Big Bear and friends. Jessie and his fiancée, Carmen Haug are offering their drum to become the official Grand Ronde Inter-Tribal drum. Jessie is anxious and willing to teach tribal members (adults and children), traditional and fancy dancing. If you would like more information about these classes, please phone 879-5211 and ask for JoAnn or Shelley.

Are you wondering what will be going on during the three days of the Pow-Wow? Well, listen to this:

Friday night will be the royalty pageant. There are three contestants or Junior Miss Grand Ronde and two contestants vying for Miss Grand Ronde. This year the girls will be judged on their dancing skills as well as the usual guidelines used in the past.

Saturday morning you can start off the day showing off your running skills. For those of us who would go into cardiac arrest if they tried running, there will be a "go at your own pace" walk. After all of that exercise, you will have an appetite and be ready for the complimentary meal. Meal hours will be noon - 3:00 pm. We will be serving ham, turkey, salmon, frybread, salads and desserts. Once again we are asking tribal members to donate desserts for the meal on Saturday. Double horseshoes will begin at noon on Saturday, with the Singles tournament at noon on Sunday.

Grand Entry will begin at 4:00 pm on Saturday. After Grand Entry, let the Pow-Wow begin! Bring your regalia and moccasins and be ready to dance!

Sunday will include a Grand Entry at 1:00 pm and the Pow-Wow Committee will be setting box lunches during the afternoon. Lunches will include a ham, turkey, or roastbeef sandwich, a salad, and a pickle for \$3.00. Claudia Leno and Donna Logan will be serving breakfast Sunday morning at the tribal office. Cost will be \$3.00 for their homemade goodies.



Connie Monson is the new secretary for the Forestry Div.

The following is a list of the Pow-Wow Committee's subcommittee chairpersons. If you are interested in helping out, please contact one of these people, at 879-5211.

Maintenance - Russ Leno
Campers/Parking - Geranimo
Security - Polk County Posse
Royalty - Bonnie Martin
Kitchen - Val Grout
P.R. - Bev Smith/Carol Terp
Fundraising - Kathryn Harrison/Shelley Hanson
Clean-Up - Willamina High School Students
Horseshoe Tournament - Larry Brandon
Elders Giveaway - Mary Ring
Pow-Wow Video '89 - Angie Leno
Guestbook - Blanche Lillard, Harriet Leno, Dorothy Greene
Drummers- Merle Leno/ Mary Ring

If you would like to help out and are unsure as to what you would like to do, or where you fit in, please contact JoAnn or Shelley at 879-5211.

We are looking forward to having our "best ever" Pow-Wow this year. We look forward to seeing all of you, and please remember - no drugs or alcohol, so our Pow-Wow is a safe, happy one for everyone. See you there!

Shelley Hanson
Pow-Wow Vice Chairman
2ND ANNUAL SPIRIT MOUNTAIN FUN RUN/
WALK FOR HEALTH
BASIC RUN FORMAT
REGISTRATION FEES:

1 Mile, 5K, 10K events --- \$8.00
Tiny Tots 50 yard dash --- \$3.00 - ages 2 - 6 years
Youth 100 - 400 meter --- \$5.00 - ages 7-10 & 11-14 years
Walk for Health --- \$5.00 - all ages

PRE-REGISTRATION:

Completed registration forms and appropriate fees to be mailed or brought to Grand Ronde Tribal Health Program:

P.O. Box 178
Grand Ronde, Ore. 97347
before August 17, 1989.

ON-SITE REGISTRATION:

Registration tables for each event to be set up at events start site by 6:00 a.m. August 19, 1989 and on-site registration takes place on that date between 6:30 a.m. and 7:45 a.m.. Tiny Tots and youth events participants may register until 9:15. Walkers may register until 9:45 a.m.

RACE START TIMES: August 19, 1989

1 mile, 5K, 10K --- 8:00 a.m.
Tiny Tots 50 yard dash --- 9:30 a.m.
Youth 100 - 400 meter --- 9:30 a.m.
Walk for Health --- 10:00 a.m.

Walkers may begin and end their walk at any check point between the hours of 10:00 a.m. and 12:00 noon.



AWARDS:

1 mile, 5K, 10K --- trophies to 1st place man and woman
--- ribbons to 2nd and 3rd place men and women

Tiny Tots 50 yard dash --- participant ribbons to all entrants

Youth 100-400 meter --- ribbons 1st, 2nd, and 3rd place

Walk for Health --- participant ribbons to all entrants

Awards will be presented at 3:30 p.m. August 19, 1989 : the Pow-Wow grounds.

MISCELLANEOUS:

- T-Shirts will be presented to every registered entrant
- A release of liability to the Confederated Tribes of Grand Ronde is signed by each registered entrant.
- Parent or guardian must sign for any registrant under 18 years of age.
- Honorary Chairman is Boston Marathon Runner Stanford Kneeland
- Posters picturing Honorary Chairman and advertising the 2nd Annual Spirit Mountain Fun/Run Walk for Health will be sent to all Oregon Tribes (among other places) along with registration forms.
- T-Shirts and posters will be available at the 1989 Grand Ronde Pow Wow for \$10.00 each

PLANNING COMMITTEE

COORDINATOR --- Carol Terp

REGISTRATION --- Jackie Colton

ROUTE/ROUTE SAFETY --- Fish and Wildlife Committee Members

FINISH LINE/TIMERS --- Fish and Wildlife Committee Members

TINY TOT RACE/REGISTRATION --- Tammy Fry

YOUTH EVENTS/REGISTRATION --- Darlene Aaron

CHECK POINTS --- Mary Ring

AWARDS --- Bonnie Martin, Darlene Aaron

FINANCES/ACCOUNTING --- Rennee Williams

T-SHIRTS --- Carol Terp