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REMINDER!

If you live outside of our six county service area and have not returned the Socio-Economic questionnaire, please do so immediately, your input is important. If your household did not receive a questionnaire, notify Cheryle Kennedy at the Tribal Health Department and one will be sent to you. Thank you.

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TRIBAL HEALTH NOTE

We would like you to join us in welcoming Darlia Dugan to the Tribal Health Staff. Darlia is our Community Health Nurse and is available at the Depot office from 8:00 a.m. - 5:00 p.m. Monday through Friday.

Darlia received her Bachelor of Science in Nursing from Walla Walla College and did her clinical training at Portland Adventist Hospital. She has worked in a nursing home and worked for three years at Willamette Falls Hospital in Oregon City. For the past two years she has worked for Home Health Care in Portland.

Darlia is available to answer tribal members questions at 879-5211.

USDA FOOD PROGRAM DISTRIBUTION DATES:

Siletz

January 14 . . . . . 9:30 - 4:30  
January 15 . . . . . 9:30 - 4:30  
January 22 . . . . . 1:15 - 4:30  
January 29 . . . . . 1:15 - 4:30

February 11 . . . . . 9:30 - 4:30  
February 12 . . . . . 9:30 - 4:30  
February 19 . . . . . 1:15 - 4:30  
February 26 . . . . . 1:15 - 4:30

Salem

January 9 . . . . . 1:15 - 4:30  
January 10 . . . . . 9:00 - 4:30  
January 11 . . . . . 9:00 - 3:30

February 6 . . . . . 1:15 - 4:30  
February 7 . . . . . 9:00 - 4:30  
February 8 . . . . . 9:00 - 3:30

All Clients, it is very important that each household keep its scheduled appointment to minimize confusion and frustration. If you are not able to keep your appointment, please call and re-schedule as soon as possible, 444-2814. If there is no answer, please leave a phone number and name on the recorder, your call will be returned as quickly as possible.

REMEMBER TO BRING BOXES TO CARRY YOUR FOODS HOME IN.